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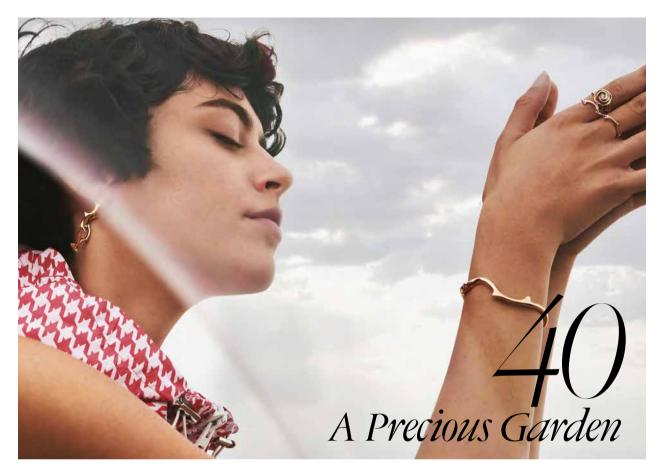


DIOR

JEWELLERY

LA ROSE DIOR COLLECTION
Yellow gold, pink gold, white gold and diamonds.

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has been the best inspiration

revolutionizing the world with

for her children -headed

by Elon Musk – who are

anchor, talks to ELLE ARABIA about her meteoric career, choosing to live without children and remaining unapologetically faithful to her calling.

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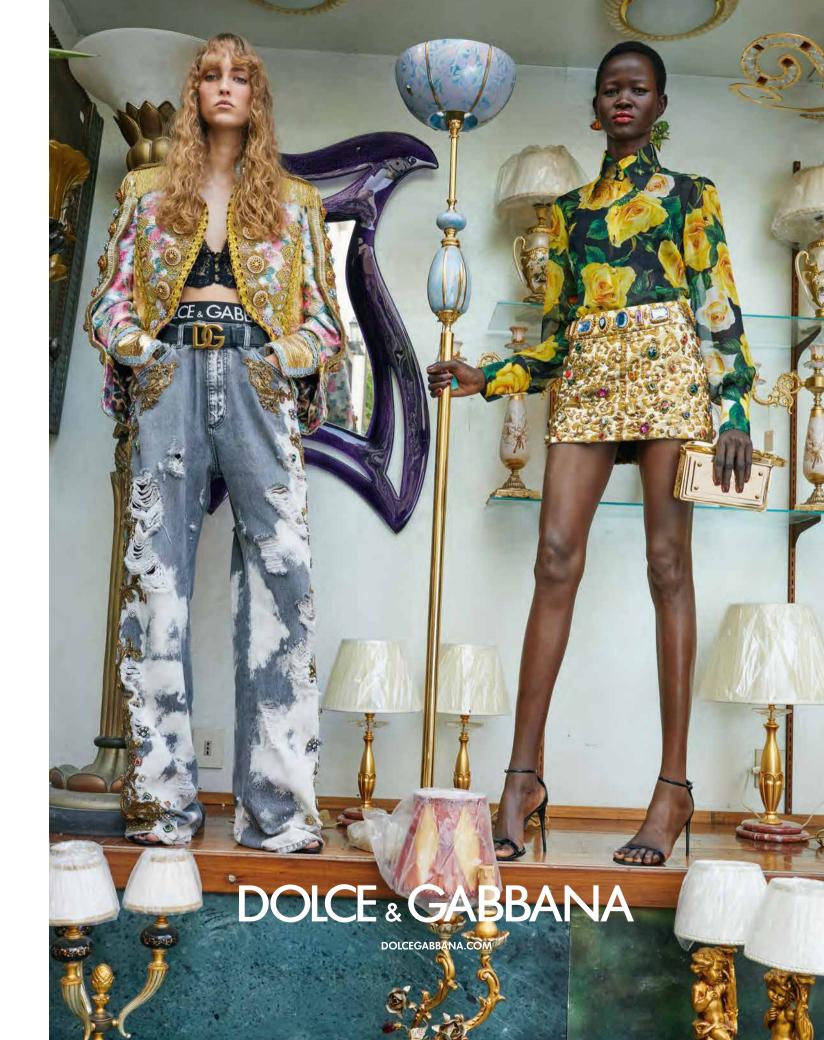
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LET'S Get TOGETHER!

Dear Readers,

That's our new buzz phrase for the month, as in 2022 it seems that February is the new January; a time for new beginnings, a time to go out and explore again, a time to appreciate the beauty of the natural world and the incredible design world alike, a time to enjoy special moments with our friends, loved ones, and new acquaintances. Our cover stars Andria Tayeh and Yara Mustafa discuss the importance of love and friendship against the serene and historic backdrop of Sursock Palace in Beirut, an icon in the news world Hala Gorani talks about her passions for work and for her family,

Actress Zeina Makki shares all her latest crushes, and three entrepreneurs are doing their best to promote self love through health and wellness. Speaking of love and relationships, diamonds remain a girl's best friend – n'est-ce pas? – and to that end we bring you our special edit of the latest dazzling launches and collections. Kisses XX



In Love WITH LOVE

WE'RE MORE THAN
READY TO SHED THE
PAST MONTHS (YEARS!)
ASIDE AND OPT FOR
A FRESH START —
BEGINNING WITH ALL
THAT'S FUN, FEMININE
AND ROMANTIC!



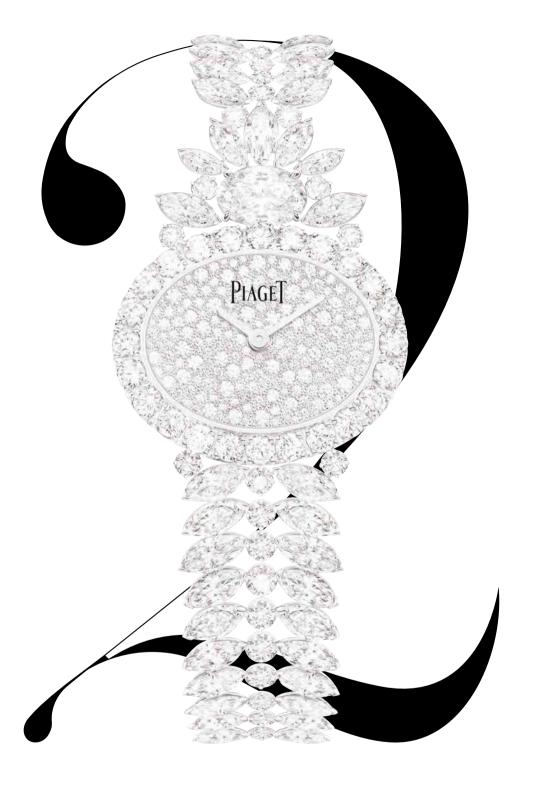


1. Cut-Out Dress, Proenza Schouler; 2. Sandals, Dolce & Gabbana; 3. Tote Bag, Christian Louboutin; 4. Sweater, Paco Rabanne; 5. Vibe Hobo Bag, Dior; 6. Cross Body Bag, Alexander McQueen; 7. Necklace in Metal, Leather and Beads, Chanel; 8. Quatre Red Edition Diamond Ring, Boucheron; 9. Wall Clock, Domeniconi



the HANDBAG

THE PAST IS PERFECT WHEN IT LEADS TO A BAG LIKE THIS! THE ICONIC SHAPE, THE LOGO, AND THE SIGNATURE HANDLE COME IN A NEW RANGE OF COLORS, WITH A CONTEMPORARY CROSS-BODY STRAP. ALESSANDRO MICHELE TAKES INSPIRATION FROM THE HISTORIC BAMBOO BAG FOR THIS NEW **GUCCI** BAMBOO 1947 LINE.



*the*TIMEPIECE

DARLING, DIAMONDS ARE, AND FOREVER WILL BE, A WOMAN'S BEST FRIEND! THE **PIAGET** TREASURES HIGH JEWELRY WATCH MAKES A GOOD CASE FOR THIS AGE-OLD ADAGE WITH ITS SNOW-PAVED DIAL, FULLY-SET CASE AND FULLY-PAVED, SUPPLE BRACELET. WE LOVE THE EXCEPTIONAL SEQUENCE OF BRILLIANT, MARQUISE AND OVAL-CUT DIAMONDS THAT COME TOGETHER IN THIS DAZZLING PIECE.



the BOOTIES

WE LOVE WHEN TWO OF OUR FAVORITE BRANDS COME TOGETHER FOR A COOL COLLABORATION. CASE IN POINT: THE LATEST PAIRING UP BETWEEN JIMMY CHOO AND FRENCH FASHION HOUSE MUGLER, FOR A COLLECTION THAT IS EDGY, GLAMOROUS, FEMININE AND POWERFUL! AN ODE TO FASHION AND ART, THESE BOOTIES ARE HIGH UP ON OUR WISH LIST THIS MONTH!





PRETTY IN PINK

Our edit of awesome V-Day gifts that won't break the bank

Tint.

Vapour Beauty

For the Expat: Originally from Switzerland, Florence Reisch-Gentinetta is a serial expat and has spent the last 25 years living across five different continents. She has called Benin, Indonesia, Brazil, Mexico and the Philippines home, raising a family and making a fresh start in each new location. In 2016, she settled in Dubai, where she is currently based. Her book "Happy Wife, Happy Life, the Journey of a Serial Expat" celebrates the wonders and challenges of living abroad, and encourages everyone to cherish life and friendship to the fullest.

Bracelet, Thalance Crystals MATE Bala Bars 3lb Weights, Bala Luxe option: Chanel's iconic double C's in a heart...who can resist



The Icon... JOHN **GALLIANO**

Looks like we'll be adding another book to our coffee table with the release of Assouline's Dior By John Galliano. With text by Andrew Bolton and photography by Laziz Hamani, the 448-page volume includes over 300 illustrations that highlight the legendary designer's journey and influence in the art and fashion world – and in history.

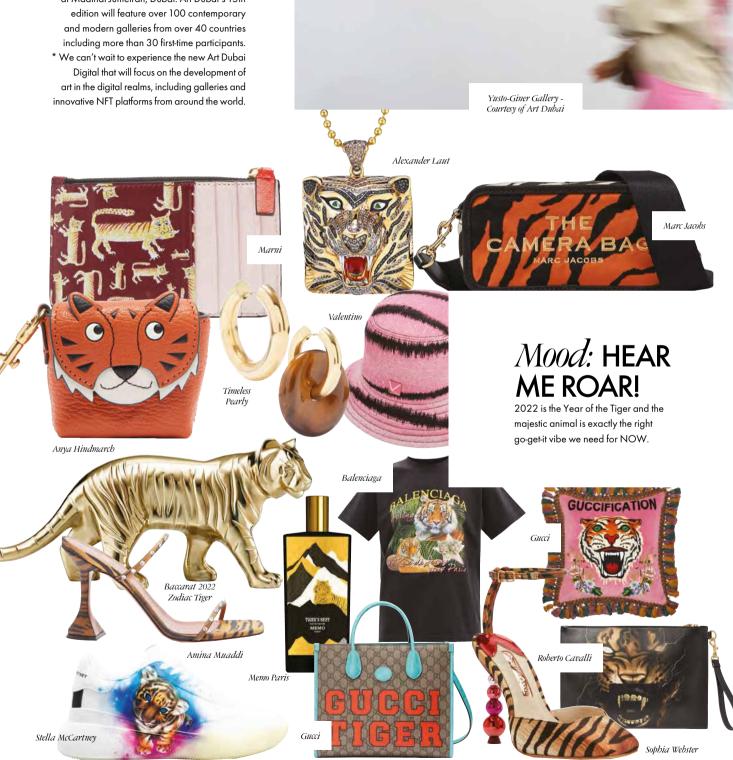
Detail of look 9, ensemble consisting of a jacket in red leather and a dress in ecru tulle, organdy and embroidered leather, haute couture Spring-Summer 2006. Dior Héritage collection, Paris. © Laziz Hamani

Bottega Veneta

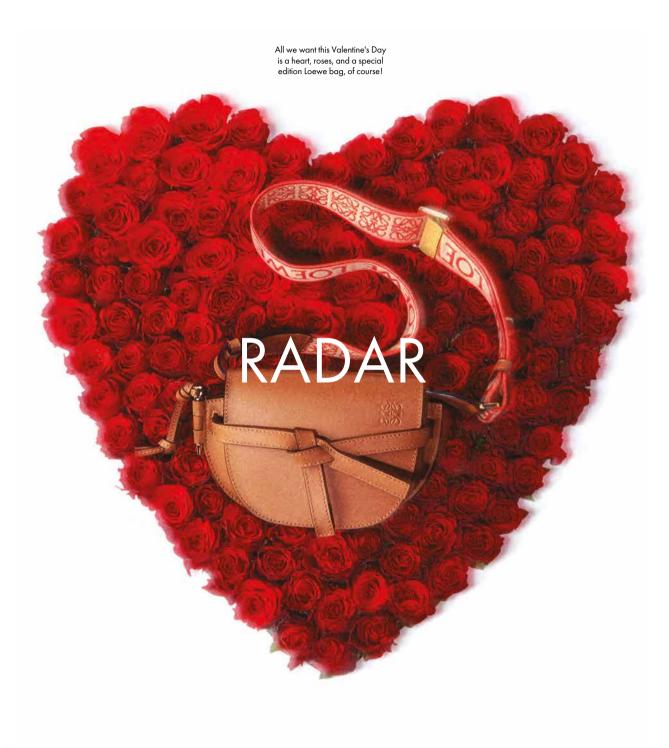
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Must Visit: **ART DUBAI**

Set the date! After a hiatus, our favorite event in the UAE is all set for next month, March 11-13 at Madinat Jumeirah, Dubai. Art Dubai's 15th



E L L E



FOR THE LOVE OF FINE ARTS AND CRAFTSMANSHIP, WE BRING YOU OUR EDIT OF OUR FAVE ACCESSORIES AND TRENDS THIS MONTH + A SPECIAL FOCUS OF DAZZLING JEWELS!

Salvatore Ferragamo

Emilio Pucci

Trending... AN ART-**INSPIRED PURSE**

From abstract etchings to cosmic paint swirls, the latest crop of It bags embraces artistic expression.







Dr. Martens

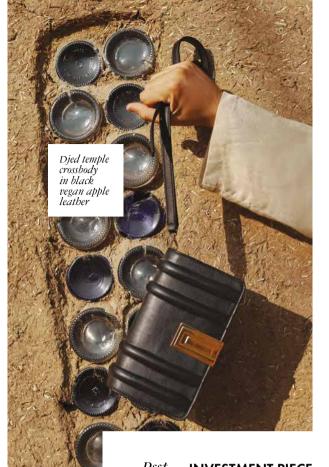
Collection To Covet... DIOR CRUISE '22

• Set against the Panathenaic Stadium in Athens, the collection is inspired by Greece both ancient and modern, mythical and real. • Maria Grazia Chiuri exercised her Athleisure muscles pairing her signature goddess gowns with modern chunky white trainers, techy fabrics, hoodies and retro gym bags. • Dior commissioned a number of local craftsmen and ateliers to work on the collection. • Chiuri was inspired by Greek artists; Giorgio De Chirico, a pioneer of Surrealism and Alexander Iolas, a Greek cosmopolitan gallery owner.





Forget head-to-toe (cheesy) red; this year, designers are serving us amorous fashion with a pulse. From retro-printed hearts to boots emblazoned with love, Valentine's day never looked so fierce!



Psst... INVESTMENT PIECE We've fallen hard for Fashion Trust Arabia '19 winners Sabry Marouf's innovative bag designs and for SS22, the duo have spun their creative wheels and the result is the brand's first ever vegan collection featuring four new silhouettes, all unisex styles, using recycled materials, ethical vegan bio-leather constructs, and sustainably sourced woods.







CREAM Slate

WINTER IS MADE MORE DELICIOUS WITH CREAMY SILHOUETTES, FROTH-LIKE TEXTURES AND THE CREAMIEST OF MILK HUES — CAPPUCCINOS ADDICTS TAKE NOTE!

BOHEMIAN Rhapsody

THIS SEASON, FASHION'S HIPPIE-CHIC PIECES COME WITH A POWERFUL CONTEMPORARY EDGE THAT BRINGS THEM SQUARELY INTO THE 21ST CENTURY



the EDGE of ROCK

A SPECIAL LOOK INSIDE THE MUSIC ROOM WHERE THE MAGIC WAS MADE FOR CHANEL'S SS'22 PRE-COLLECTION CAMPAIGN...





With her dazzling smile and effortlessly cool style, French singer, songwriter and composer Izïa Higelin combines the soul of rock music with the spirit of Chanel. With Leïla Smara behind the camera, Izïa moves between the guitars, pianos, amplifiers and leather sofas of the recording studios, offering a different perspective to the House's iconic silhouettes. "I didn't think I would have such an easy time moving about in these clothes," confesses the multitalented artist." It was really lovely to embody these pieces."

> "CHANEL HAS A ROCK EDGE, IN ALL THE WAYS THAT ROCK CAN
> BE SO CHIC, AND
> THAT'S WHAT I
> LIKED ABOUT THIS **COLLECTION**"

> > Izïa Higelin



THE VIBE



Sneakers, Loewe



Dress, Carolina Herrera



Clutch, Olympia le Tan @Matches.com



Ring, Bea Bongiasca



Vase, Rosenthal



Rouge Hermès Matte Lipstick, Hermès



Mini Bag, Off-White



Top, JW Anderson

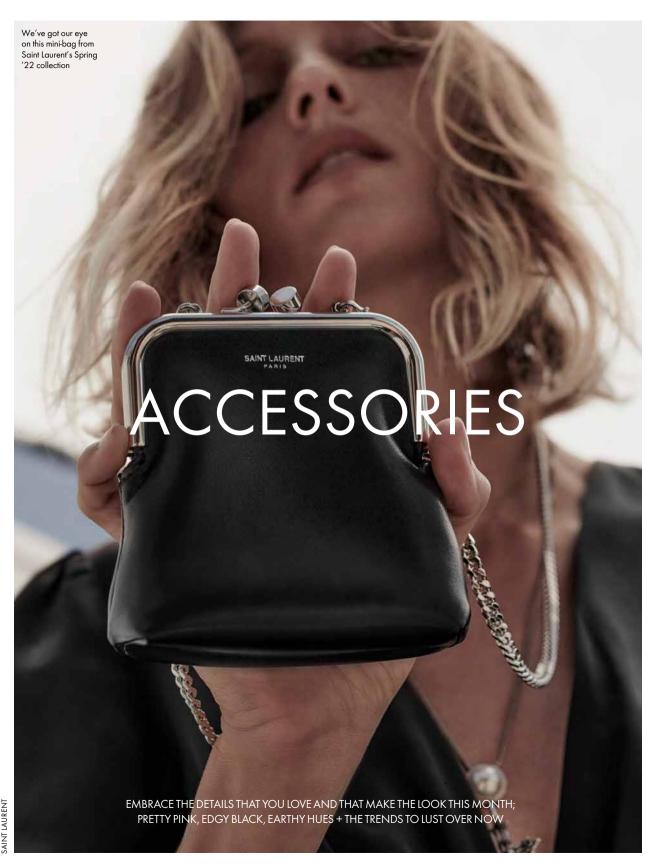


Sequinned Cushion, Ashish

UNE Art

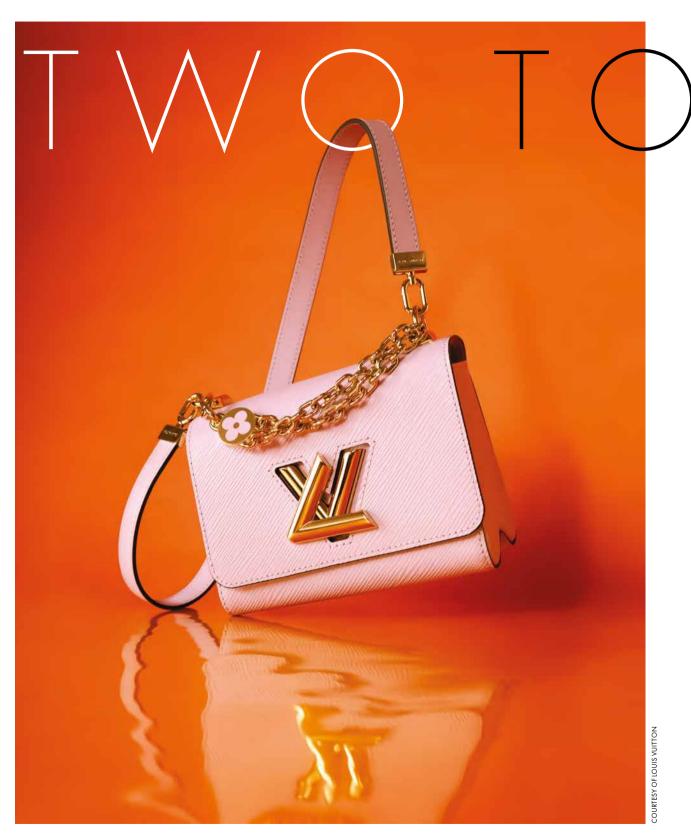
WHETHER STRAIGHT OR CURVED, HORIZONTAL, VERTICAL OR ANGLED, A BOLD BRUSH STROKE OF COLOR BRINGS ENERGY AND STYLE TOGETHER

E L L E

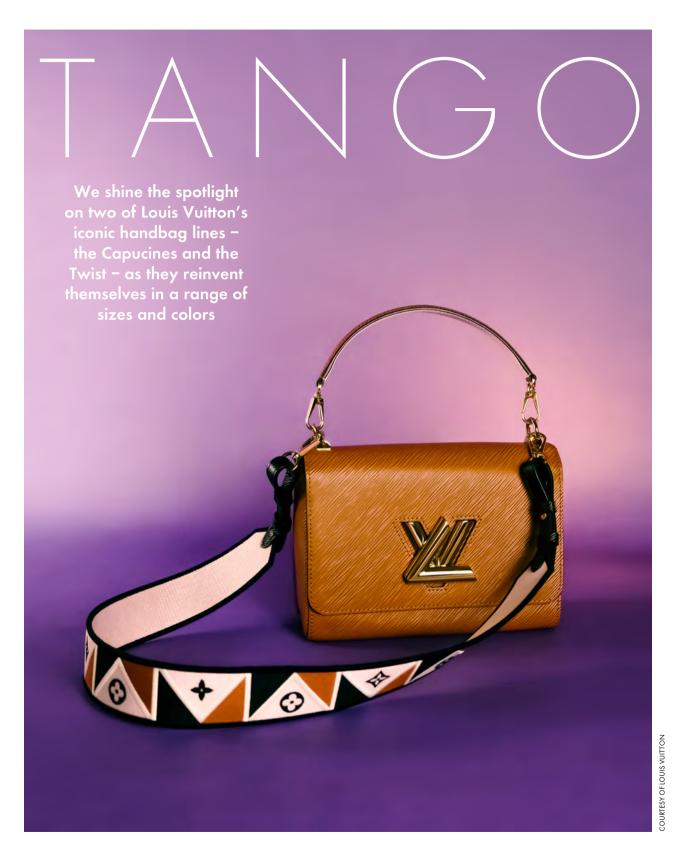








Louis Vuitton Twist PM in Wisteria



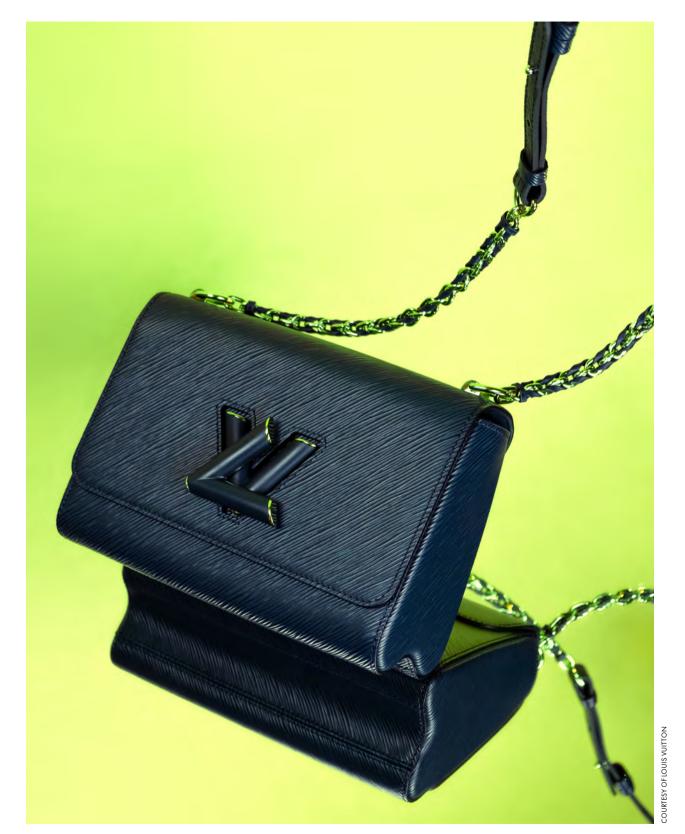
Louis Vuitton Twist MM in Gold Miel



Left to Right: Louis Vuitton Capucines in Cedrat Crème Nacre; Louis Vuitton Capucines in Emeraude; Louis Vuitton Capucines Mini in Dragon Fruit Cedrat



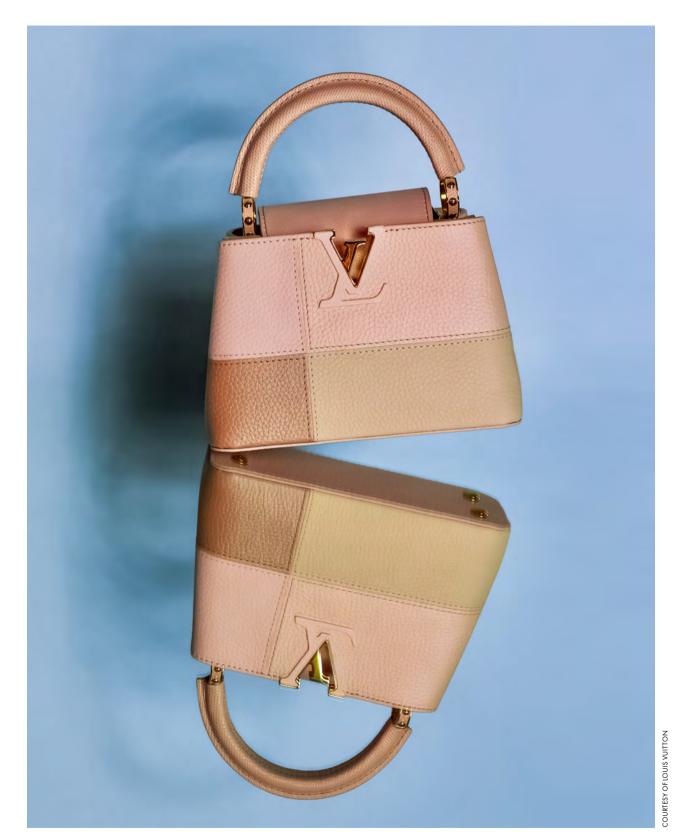
Louis Vuitton Capucines In Emeraude



Louis Vuitton Twist MM in Indigo



Louis Vuitton Twist PM in Dragon Fruit



Louis Vuitton Capucines Mini in Rose

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E L L E

To express Repossi's admiration for the Middle East, the house reveals the exclusive Blast pendant, a piece set with emeralds to pay tribute to the regioni's flag. Gaia Repossi remains loyal to her signature style with a floating diamond for this unique creation. **JEWELRY** SPECIAL COLLABORATIONS, NEW LAUNCHES, EXCLUSIVE INTERVIEWS, AND A BOUQUET OF ROSES!

Jewelry



In this collection, "the flower of paradise" is a metaphor for absolute

My idea of perfect happiness is to contribute to the enrichment of the intellectual, cultural and artistic beauty of the world. My happiness

lies in giving - whether giving through the humanitarian initiatives

that I offer or through cultural or artistic initiatives that highlight the

This cooperation brings together two countries, the United Arab

Emirates and Italy. Tell us about this synergy, and how it resonated

with you? This cooperation is a message and a bridge between two

heritage, civilization and beauty of the land of my ancestors.

perfection; what is your idea of perfect happiness?

ΙN CONVERSATION

HER HIGHNESS **SHEIKHA FATIMA BINT** HAZZA AL **NAHYAN**

A REMARKABLE AMBASSADOR FOR CULTURE, SPORTS, AND THE ARTS IN THE UAE, H.H. SHEIKHA FATIMA AL NAHYAN TALKS TO ELLE ARABIA ABOUT HER LATEST FORAY INTO THE WORLD OF HIGH JEWELRY WITH HER COLLABORATION WITH BVLGARI, AND THE GENESIS OF THE JANNAH COLLECTION THAT BEAUTIFULLY MERGES CULTURES AND SPEAKS OF LOVE AND PEACE

with religious or ethnic affiliation. This is what I wanted to give to the world, especially since today there are many refugees and people who suffer from racism. I wanted to give them a little love, a little Baba Zayed's love by caring for the environment and animals, as this was his message to the world, along with peace and sustainability, mutual love between human beings and tolerance, as well as the acceptance of the other. Baba Zayed loved pearls very much, so I wanted to use pearls in this new collection, and I hope that the Rose of Jannah Jewelry will become an icon on the

civilizations and the expression of a dialogue that transcends borders and differences embodied in the message of art. Bylgari came to me as an artist, working in the arts and having an interest in culture. Among their collections I liked heritage pieces like the Colosseum, the rose and the serpent, so I formed an instant association with this brand. Lucia Silvestri. Creative Director of Bylgari, and I agreed with the vision, especially after her visit to the Sheikh Zaved Grand Mosque, where we spent different times and enjoyed the beauty of Arab architecture. We talked about the relationship between Rome and the Arab world since before Christ, and what I did is that I went back to the icons of Baba Zayed, who accepted everyone and all religions. Even the engineers who built the Sheikh Zayed Mosque belonged to different religions, and he followed the rule "You have your religion and I have mine." He was never concerned

international level.

precisely because Baba Zayed wanted to make the UAE more like a paradise, so that everyone from around the world could live in it and feel safe, and not be afraid of any kind of aggression and feel at home no matter what unfortunate events occurred in their mother country. He was always talking about the need for the UAE to become a green paradise, and a place where reconciled people could live together.

With Jannah (Paradise), there is a strong message of positivity, family, and heritage; what is your personal motto for a positive future? A positive future means that we work in the present and prepare all means of facilitating access to education, knowledge of culture and heritage, preserving the environment and activating sustainability on the largest possible scale, and mobilizing the experiences and originality of the past to build a promising future. My grandfather Zaved taught us that the real wealth of the nation is the human being, that the nucleus of society is the family, and that who has no past, has neither a present nor a future. That's why the five-petaled rose was the icon of my collection, representing who we are wherever we go. My personal motto is to work with dedication, uphold our identity, and untiring ambition. I named the group Jannah in honor of the journey started by my grandfather Zaved to transform the UAE into a paradise for everyone from all over the world. I dedicate this success to my grandfather Sheikh Zayed, who instilled in us the values of ambition and the pursuit of success.

How is it being a public figure, and a role model at that for women from all over the region, and how has it shaped you? When I'm on my own and away from my official duties, I like to ride horses, and sometimes I ride and then go to my meetings. I also support children's teams of horse riders and junior cavalry as well as the older teams, and thank God we have achieved prestigious global positions since I started sponsoring these teams nine years ago, and won our first medal in the Junior Olympic Games in Argentina. My collaboration with Bylgari also solves my interests, especially as it allows us to export our region's production to the world. I really hope this collection resonates globally so that everyone can understand its message, which is a message of love, peace and acceptance, and you have a lot of energy when you wear a pearl necklace and feel very feminine and attractive. My mission is the determination to achieve the ambition, even if it is not in the administrative field. If a girl's dream is sports, art, or something else, she must continue to enrich her dream and strive to achieve it. I believe that Emirati women have made many leadership positions for themselves. For example, since the Federation of the Emirates until today, UAE women have achieved unparalleled success in the world in positions in government, ministries, sports, medicine and education. Take the Fatima Bint Mubarak Ladies Sports Academy, we started with 20 girls riding horses and reached 300 applicants. The numbers reveal impressive results for women's successes in the women's sports fields of hockey, horse riding, shooting, and many others. In addition to the growth in the number of Emirati women participating in Al Shira'a horse riding stables in the last 7 years. We continue to present

Tell us about your journey into the world of jewelry; how does it relate to your interest in the arts? In general, jewelry is a kind of art. I love art of all kinds. For example, if you look in my house you will find oriental and art deco pieces and decorations. I love oriental designs, and for the Italian Bylgari team, this was distinguished because they learned about the craftsmanship that we enjoy as Orientals. In my jewelry design, I carefully study the message I would like to write. For example, jewelry that reflects the spirit of authenticity, heritage and our ancient history through exclusive pieces of our culture, and carefully selected stones whose colors match our history palette; the green color is distinguished and very special for my grandfather Zayed, who transformed the UAE desert into a green paradise. For me, jewelry design is inspired by our identity, and through this international collaboration, I symbolize our

Can you tell us about the design process and inspiration? I strongly believe in the positive energy of gemstones, I love green malachite to support the energy of the heart too, and my favorite stone is amethyst, which is my birthstone and helps one feel calm and quiet. I think that my belief in the power of gemstones is what made me love working with jewelry. I worked on every detail. You'll see, for example, that

the rings match perfectly with the Bylgari style, but sparkle with the Baba Zayed rose. This applies to the rest of the pieces as well. At first glance, you will realize that it bears the signature of Bylgari, but it belongs to the Jannah collection. We chose this name

"MY COLLABORATION WITH BVLGARI ALSO SOLVES MY INTERESTS, ESPECIALLY AS IT ALLOWS US TO EXPORT OUR REGION'S PRODUCTION TO THE WORLD"

34 ellearabia.com ellearabia.com 35 projects to empower women, integrate women with sports and change the prevailing pattern. We also have cultural initiatives through the Fatima Bint Hazaa Cultural Foundation, to enable access to education in various places in the Middle East and other regions. We are preparing a book in cooperation with a number of local ministries to announce it soon. On a personal level, I have artistic participations in many exhibitions in Europe, and I always want and have more to offer.

What would you like the world - and the design world to know about the UAE? The UAE is a center that has won the admiration of the world thanks to the scientific, cultural and artistic achievements it has

fulfilled, forming an umbrella of care, acceptance of others and respect of others for all people of the world from different backgrounds. The UAE has also created a creative climate for all categories of artistic, scientific and research creativity to be distinguished and their works to be seen and

RAPID

The greatest extravagance is.. wastina time The one thing I can't resist is... a good book The greatest love of my life is... horses My favorite way to let go and relax

recognized. You find endless elements of inspiration within the rich and diverse environment of the Emirates, and interact with endless experiences within the societal structure

Both you and Lucia Silvestri are strong women with a vision; how did it feel to work on this collaboration? Lucia and I were struck by the vision, ideas and content of the design, and we formed an interesting team with two experiences and two views that combine two seemingly different cultures, but they are fundamentally similar in terms of creativity, acceptance

and depth. Lucia shared my thoughts, and I informed her of my inspiration, and took her to the Sheikh Zaved Grand Mosque and several places in the country to convey to her my feelings and my heritage, which I translated through jewelry. This cooperation with a global house such as Bylgari is the first of its kind. We are both happy with this artistic cultural exchange.

Patron of arts, sports and culture. What is your current passion project? My projects and the ideas I create are inexhaustible. I have always thought that the most people who organize their time in life are the busiest, and the busier we are the more things we have to take care of during the day, and this makes us more able to organize time, and realize its importance. I live in the midst of these projects, and I aspire to continue, I aspire to learn more, and I aspire to launch more projects that serve the

renaissance of the UAE and the generations.



"THE UAE IS A CENTER THAT HAS WON THE ADMIRATION OF THE WORLD THANKS TO THE SCIENTIFIC, CULTURAL AND ARTISTIC ACHIEVEMENTS"

At the beginning of each project, before we launch it, it is an idea or a direction, but after launching the project, I am always keen to distribute tasks to qualified people, give different roles and set goals, and I always feel that

organization is an essential part of project management, and therefore I do not feel pressure. I remember that I joined the field of work at an early age, because I always accompanied my father and my grandfather Sheikh Zayed "may God have mercy on him", and I learned a lot from them, such as the importance of work, the importance of time, dedication, sincerity and

effort to reach the desired goal. I have many ambitions, not only in the field of art, but also in literature and equestrianism. I also strive to preserve the Arabian horse breed, and I always work to prevent cross-breeding to preserve its distinctive characteristics. Therefore, I have experienced work since I was very young, through publishing books and stories, and I concluded many memorandum of understanding with the Ministry of Education in the country and other cultural institutions, where I provide educational materials, resources and references to enrich the future generation, and many initiatives have been appreciated, and I got in 2012, the Mohammed bin Rashid Award for Supporters of the Arts, in addition to supporting women in the sports field through my role as Chairman of the Board of Directors of the Fatima Bint Mubarak Sports Academy and Abu Dhabi and Al Ain Ladies Clubs. Recently, I won an award that I dedicate to my grandmother, Her Highness Sheikha Fatima bint Mubarak, Mother of the Emirates: the Arab Woman Award for Social Responsibility for leadership and sports excellence in the Arab world.

A Positive Message: Part of the proceeds from the Jannah collection are invested in Her Highness' charity work through her foundation - the Fatima bint Hazza Cultural Foundation - providing access to education to children in Bangladesh, as well as empowering Emirati women through academic scholarships. The aim of Jannah is to make 'Baba Zayed's' Jannah flower a world wide symbol of peace which he believed in strongly



Must watch: **ROMANCE ON** THE SILVER SCREEN

Oooh, the title, the cast, the clothes! We'll be first in line for the new romcom Marry Me coming out this month, featuring Jennifer Lopez and Owen Wilson. The always stunning c not only shows off her killer style, she also dazzles bright in ewels by Pasquale Bruni



Inspired by... THE LIGHT OF TIME

Styled into the future, Louis Vuitton's Tambour Horizon Light Up is the French Maison's third generation connected watch and brings the worlds of art and technology together.





The Dubai-based designer talks to ELLE Arabia about her eponymous label and what is inspiring her... What do you love about designing jewelry? Jewelry is an art form that is worn. It is an extension of the person who wears it. Good jewelry can complement and enhance one's personality and emotions; I firmly believe that it should be timeless in terms of feeling and design. What's inspiring you now? I'm inspired by the women I see around me. They're feminine, strong, and determined to make their mark on the world. I see mothers, lawyers, doctors, and other women in every aspect of life who emanate confidence and optimism as they are playing their role in society. What is your most treasured possession? My memories of my loved ones. However, the most valuable physical possession that I have is a small gold and diamond pendant that my late father gifted me as my first piece of jewelry when I was a teenager, and it has a great sentimental value for me. Whenever I wear that pendant, I feel protected and loved. What is your greatest extravagance? Gemstones. I'm in love with these natural, precious stones because of their beauty, color, and the emotions they transmit to me personally. I have always been astounded from how nature can produce such fascinating creations.





THE THEME

Monsieur Dior's love of flowers is legendary and guided many of the House's iconic collections - in fashion, fragrance, and jewelry. Victoire de Castellane, Artistic Director of Dior Joaillerie, shares his love of nature that is reflected in each collection, season after season, highlighting the ethereal beauty of flowers and in particular, the Rose. Taking inspiration from every aspect of the delicate rose – from the stem, to the petals in each stage of its life, to the gradient of hues - the Dior flower has been celebrated in the Bois de Rose, Rose Dior Bagatelle and Rose Dior Pré Catelan lines.

THE FOURTH FLOWER

To this jewelry garden, Victoire de Castellane has added a fourth flower with all the freshness of a burgeoning bud, Rose Dior Couture. The collection combines the promise of a rose bud as it's ready to blossom with the silkiness of a fabric flower. And for the first time the collection includes bangles, for men and women alike. Chiseled in white, pink or yellow gold, with or without a frosting of diamonds.

THE COLLECTION

The new Rose Dior Couture line includes 11 creations that invite new styles of wearing jewelry; the mono-earring appears as a stud or in a motif that stretches from the earlobe to the helix, the two-finger ring, the open bangle, and the finely worked necklace with an interlaced clasp are just some of the highlights.

Detail of Manuela dress in coral faille with a rose of the same fabric on the belt, Spring-Summer 1959 Haute Couture Collection, Longue line. Christian Dior by Yves Saint Laurent. Christian Dior Museum Collection, Granville. © LazizHamani Christian Dior Press sketch for Rose D'Or dress, Spring-Summer 1962 Haute Couture Collection. Dior Héritage Collection, Paris. © Christian Dior. interrep Eté 62

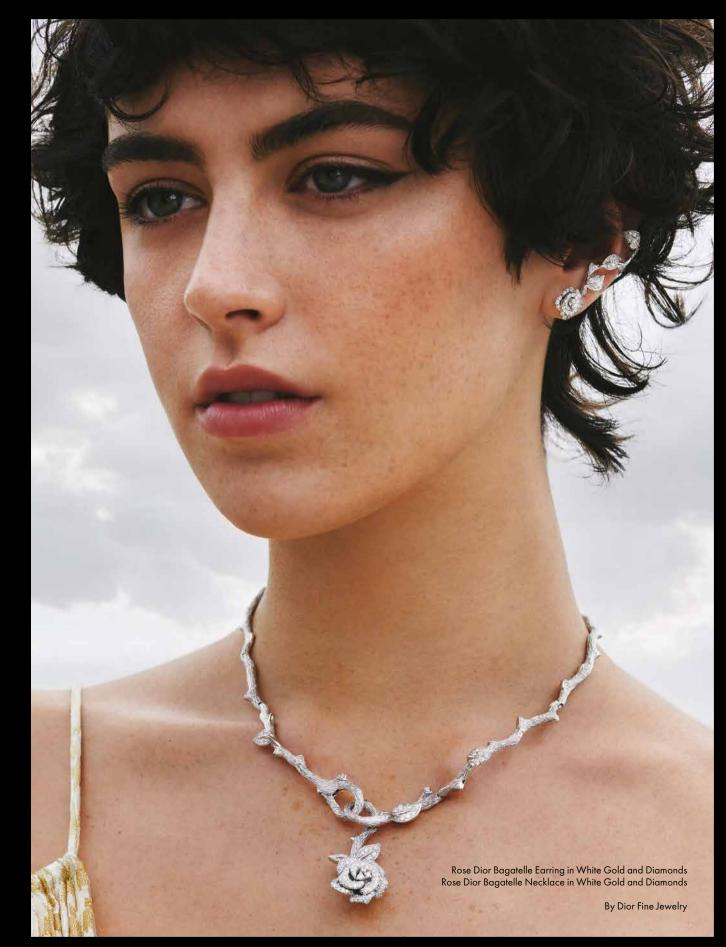
"THE ROSE, MONSIEUR DIOR'S FAVORITE BLOOM, FLOURISHES IN ITS MAJESTY"





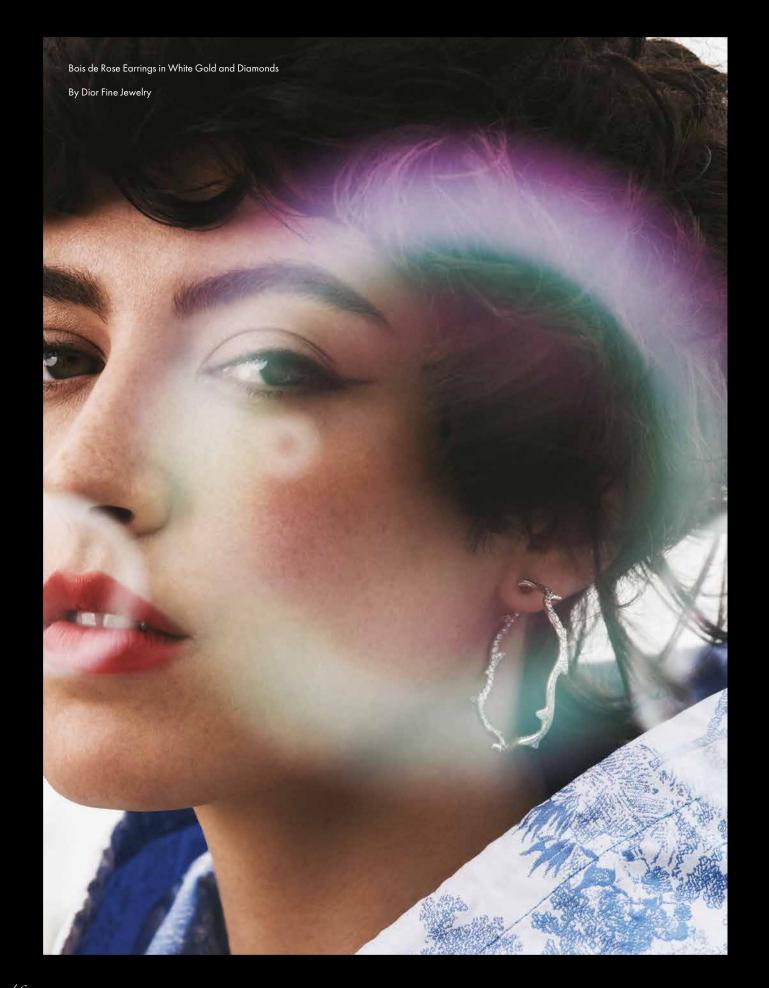




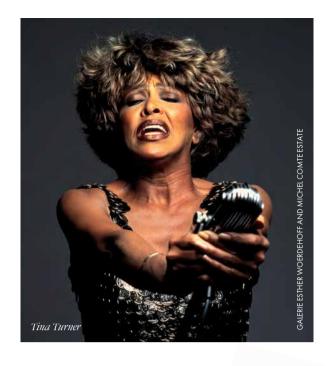












LOVE locked **DOWN**

WITH ITS UNIVERSAL MESSAGE OF ETERNAL ROMANCE, CARTIER'S LOVE BRACELET PROMISES ENDURING LOVE FOR ITS WEARER

When Aldo Cipullo created the Cartier Love bracelet in New York back in the 60s, little did he know that – along with the promise of love – the classic all-gold bangle with two side screws would also herald along a new age of modernity for jewelry everywhere. Today, its timeless appeal has come to represent everlasting cool amongst many a fashion crowd not only because it's hard to take off (each bracelet is fastened to its wearer using a tiny screwdriver) but also because its androgynous charm makes it wearable for every day.



The Love bracelet dazzles in white gold.

A UNIQUE SPIRIT

An icon of jewelry design, the Love Bracelet is the expression of Cartier's design vision. It presents the perfection of clean lines and precise proportions: an oval bracelet formed of two rigid arcs that must be screwed together resulting in a true physical embodiment of feelings. Acting as a precious handcuff, the bracelet captures lovers together through a band of gold worn on the wrist and which is closed using a specific screwdriver; they are the only two people who can open it up. Today, it has evolved at Cartier to encompass an entire Love collection that includes rings, earrings, necklaces and different bracelet styles, all in the same design first created by Cipullo.

STATUS SYMBOL

When first launched, Cartier gave pairs of the Love Bracelet to some of the world's most famous couples including Elizabeth Taylor and Richard Burton, Ali MacGraw and Steve McQueen, and Sophia Loren and Carlo Ponti. Today, it remains a staple amongst celebrities, with the oval bangle being seen on many a famous wrist such as Angelina Jolie, Eva Longoria, Kanye West, Kylie Jenner to name a few.





THE LOVE

1978

Cartier NY catalogue images, 1978-1979, p.20. First variation on the same theme with the launch of the Love ring.





Cartier

Love Campaign Love day. A day to love each other! The Love campaign relaunch makes headlines with its Love Day and the creation of the Love Charity Bracelet.



1969 model, **Cartier Collection** Created in 1969 in New York by Cartier designer Aldo Cipullo, when the hippie movement was in full swing, the 2 Photo Nils Herrmann, Collection Love bracelet is oval

Cartier © Cartier and fastened with a

special screwdriver.

Jewelry

SOPHISTICATED



1 Portofino Automatic red gold, alligator and diamond, IWC SCHAFFHAUSEN 2 Egérie Automatic pink gold, diamond and alligator, VACHERON CONSTANTIN

• ELEGANT



7 Heure H rose gold, diamond and mother of pearl, HERMES
8 Limelight Gala Limited Edition rose gold, alligator and diamond, PIAGET

DOUBLE TIME



3 Happy Sport stainless steel, alligator, red stone and diamond, CHOPARD4 Tank Louis gold and alligator, CARTIER

5

DREAMY

5 Rendez-Vous Dazzling Moon Automatic rose gold, alligator and diamond, JAEGER-LECOULTRE 6 Diva's Dream lapis lazuli rose gold and diamonds, BULGARI

EXTRAVAGANT



9 Vanguard stainless steel diamond-bezel with alligator strap, FRANCK MULLER
 10 Yellow gold diamond-bezel with leather strap, BREGUET

CLASSIC

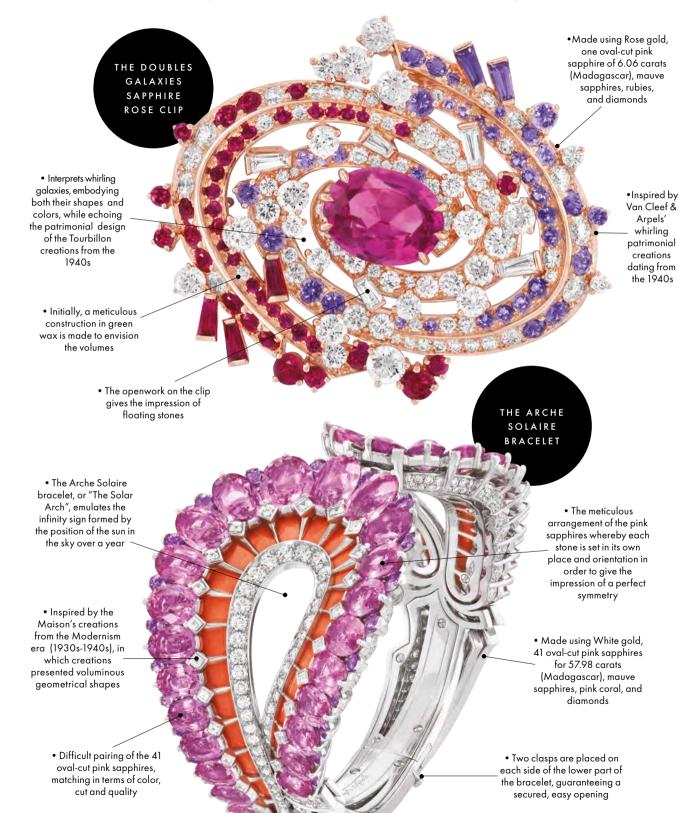


11 The Master Collection, LONGINES12 De Ville Prestige stainless steel and yellow gold, OMEGA



THE SAVOIR-FAIRE

Van Cleef & Arpel's Mains d'Or are true masters of centuries-old crafstmasnhip that combines astounding innovation, creating special techniques for unique pieces that can take between a few hundred hours to several thousand hours of meticulous work. Here, ELLE Arabia takes a closer look at two of the 150 pieces from the Sous Les Étoiles collection: the Double Galaxies Clip and the Arche Solaire Bracelet.





MESMERIZING HIGH JEWELRY COLLECTION, SOUS LES ĒTOILES, IS A COLOR-FILLED CELEBRATION OF THE **HEAVENS ABOVE**

> Galaxies of precious stones, nebulae of motifs and constellations of savoir-faire: the cosmos reveals its poetic character in Sous Les Étoiles, Van Cleef & Arpels' newest collection that is being showcased for the first time ever in the Middle East. Offering a striking vision of the universe, the collection consists of over 150 pieces of dazzling color.

> > "THE DEEP BLUE OF SAPPHIRES, MAGNIFIED BY A VARIETY OF CUTS, STANDS ALONGSIDE THE SPARKLE OF PYRITE-**FLECKED LAPIS LAZULI** AND THE INTENSE GREEN **OF EMERALDS. DIFFERENT** SHADES RADIATE IN A WHIRL OF CONCENTRIC FORMS"

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ACTIVEWEAR

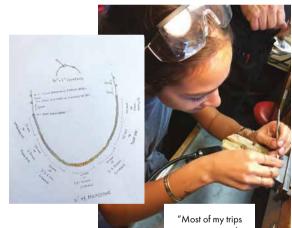


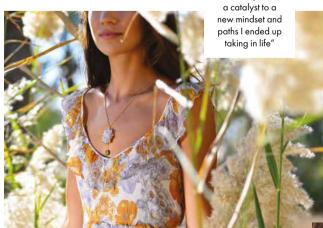
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Inspired by THE UNIVERSE

MEET THE BAHRAINI FOUNDER OF MELATI JEWELRY, YASMINE ALSAIRAFI WHO CONNECTS HER LOVE FOR JEWELRY TO THE UNIVERSE BY REVIVING SYMBOLS AND SIGNS, AND BUILDING A SOULFUL LINK BETWEEN THE WEARER AND THE WORLD

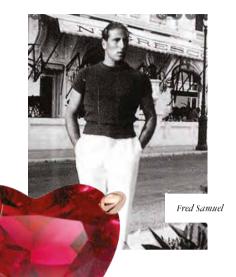
The Inspiration The inspiration for Melati started very organically over the years. It began with a stone I came across in a river in Nepal. I felt very connected to it and took it home and began to experiment with ways to keep it close to me. This beginning inspires all my designs; which is to create pieces that connect the wearer to Earth. One thing led to another, and I ended up getting into electroforming - which is fusing metals with raw objects - and eventually leading to my partnership with Al Zain Jewelers.

The Symbols I'm big on the belief that we need constant reminders to be the best version of ourselves, so with the Change collection the triangle was that reminder. Being the scientific symbol for change, the designs were based around triangles that were meant to serve as reminders to inspire positive change. This is actually still prevalent in all of my collections to this day as the message is portrayed more subtly with the three prong set diamonds that look like triangles highlighting each piece.

The Signs The Eclipse collection is one of my favorite as it is based around the sun and the moon and their grand display of the universe and its power (on human emotions) during an eclipse. More specifically, in the metaphysical study of the Quran it is said that when the moon crosses over the sun – though they won't physically meet – their ethereal union merges the conscious world with the subconscious. It breaks through time and space, merging day into night and night into day creating a brief moment of eternity.

The Memories & Moments spent one summer in a Nepalese monastery and then teaching English in Kenya. It really took me out of my comfort zone for the first time and opened my eyes to a different way of life. Most of my trips were very much a catalyst to a new mindset and paths I ended up taking in life.

The Vision I'm inspired by the healing properties of gemstones and the power in the elements of this Earth. All my collections have a celestial link, so my hope for each piece is to inspire its wearer to look up and connect with the world around them. I've also always wanted to have a Melati Home collection, so my dream would be to launch the line eventually.



NO ORDINARY

A SYMBOL OF LOVE. ONE THAT FIRST SHOT TO FAME ON THE NECK OF JULIA ROBERT'S BEGUILING CHARACTER IN THE MOVIE PRETTY WOMAN. FRED'S RUBY AND DIAMOND NECKLACE HAS INSPIRED A FULLY-FLEDGED COLLECTION, A MODERN EXPRESSION OF LOVE'S MANY DIFFERENT FACETS UNDER THE PRECEPT 'YOUR WAY YOUR LOVE'. ELLE ARABIA SPEAKS TO VALĒRIE SAMUEL, ARTISTIC DIRECTOR AT FRED, ABOUT THE REIMAGINING OF AN ICONIC CLASSIC AND THE MAKING OF A NEW ONE.

values. There's also a lot at stake as we're offering high jewelry and a jewelry collection at the same time, both inspired by the same theme - love - and with the same signature: the heart within a heart, which has powerful symbolism for us.

FRED & Pretty Woman have had a very special relationship ever since the release of movie. How did it all happen? Mr. Fred, as his customers, acquaintances and staff called him, was a bold visionary. His sons Henri and Iean had the same daring streak and it was thanks to them that, after Paris and Monaco, FRED opened its first boutique in the United States, on Rodeo Drive right in the heart of the legendary Beverly Hills area. The boutique staff were contacted about the loan of a 'small necklace' for a film that was about to be shot: Pretty Woman. At the time there was no mention of product placement, and we never imagined that our necklace - a ruby and diamond choker - would almost become the film's third leading actor, as striking as Julia Roberts' famous burst of laughter. It's unquestionably one of our House's fondest memories, and we named our necklace after the film.

How has the line evolved from its inception to today? The new collection talks about love, but in a contemporary, untraditional way. It expresses a vision of love that's modern, joyful and uninhibited, free from convention. With Pretty Woman, I wanted to offer an ultra-modern vision of jewellery, one that's more relevant to women, their way of life and their desires. High jewelry for every day that's bold, versatile, convertible, capable of mixing and matching as your mood dictates... very FRED, so to speak.

The original Pretty Woman necklace has also been reimagined for the new collection. What are the changes that

have been made? The original necklace in the movie was with rubies. The new 22 pieces of High Jewelry that we've created are with rubellites and the design inspiration of the heart-in-heart shape comes from the original necklace. Was the rubellite always such an obvious choice for the collection? I love rubellites. They're from the tourmaline family and seem to connect with the heart's chakras. They're also pleochroic stones with many different aspects whose richness of shade makes them mysterious and magical. Their colors shift from magenta-pink to purple-red, while their reflections change constantly with movement or the light. So, they were perfect for illustrating the different facets of love, and for underlining the idea that jewelry can be mixed and matched as well as transformed.

"THE NEW
COLLECTION TALKS
ABOUT LOVE, BUT IN
A CONTEMPORARY,
UNTRADITIONAL
WAY"

The Pretty Woman collection not only comprises of High Jewelry pieces, but it also features jewelry for everyday wear. Why have both? Naturally High Jewelry is linked to the film and the original piece featured in the film. But as the House is part of an "everyday glamour" we wanted to have pieces to wear every day. At FRED, we celebrate all forms of love and all jewelry occasions.



To FRED, what does love mean? Fred Samuel placed love above all else. Love for his profession, gems and creation, but also for the clients whom he loved to adorn and beautify, and of all the people he met throughout his career. Love for his family, his sons, and his wife Thérèse whom he took on their honeymoon to a place dear to his heart: the French Riviera.

How do you capture an emotion like love in a piece of jewelry? The launch of the new Pretty Woman collection is inevitably an intense time because it's an opportunity to express all the House's expertise, heritage and



They first met on the set of the hit Netflix show AlRawabi School of Girls where their characters had their fair share of drama, but Andria Tayeh and Yara Mustafa's real-life counterparts couldn't be closer. Here the duo opens up to **ELLE Arabia on first** impressions, the key to staying close, and how they both found a best friend in their costar both on the screen and off of it.

UNSTOPPABLE EINSEPARABLE

Photography by MICHELE AOUN
Styling by JEFF AOUN





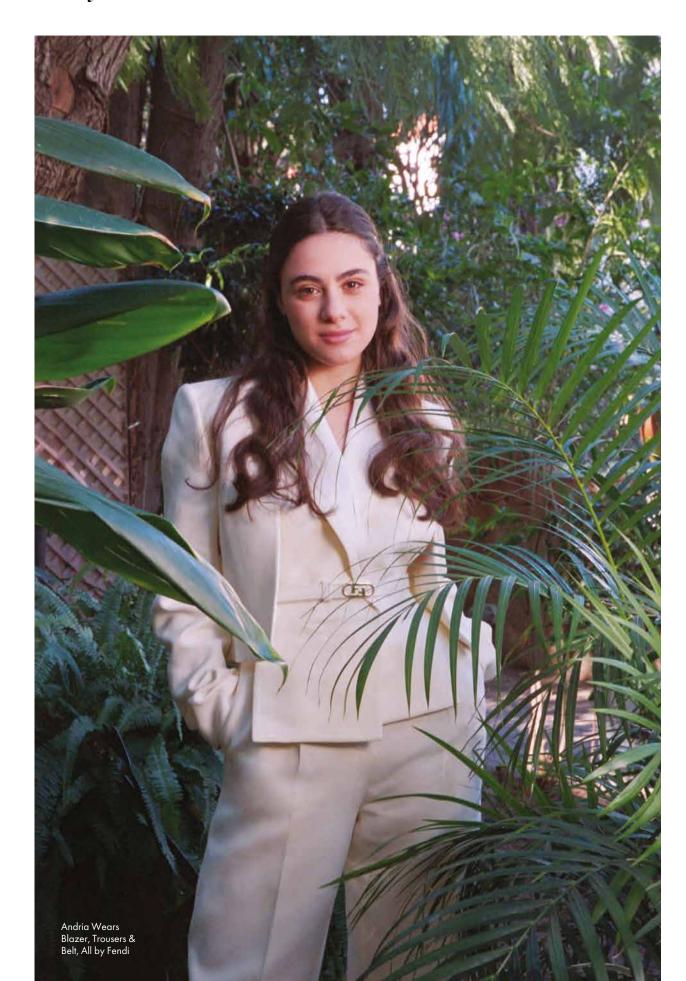


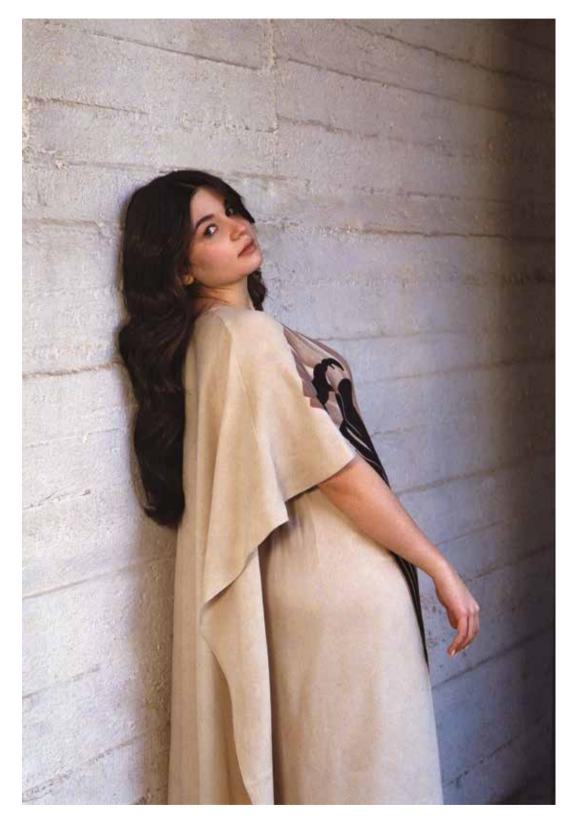




Bags, Both by Fendi

Cover story





Yara Wears Dress, Fendi

How did you both meet and what were your first impressions? YARA:

I first met Andria during one of my auditions. She was already cast as Mariam but I still wasn't cast as Dina. I remember my audition was a screening to test the chemistry between us and how we would get along. I don't remember much of the auditions but I remember just being amazed by Andria. Her personality in real life is so bubbly and outgoing and watching her switch to Mariam's more tame personality was so cool. ANDRIA: I first met Yara at the Filmizion headquarters when we came to audition for the roles of our show. She initially was a very shy and



Bags, Both by Fendi

sweet person; I would have never imagined being able to be as close to her as I currently am. Surprisingly, we clicked really fast and had this amazing chemistry on and off screen.

What would you say are the three most important things that make your friendship what it is?

Y: Honesty, vulnerability, and unconditional support.

A: Acceptance, Support, Nostalgia.

You're both super busy actresses. What's your key for staying close?

Y: We both use Snapchat like video diaries - it's actually kind of embarrassing if anyone got to see what we have on there. We go about our day and document really silly moments on Snapchat and send it to each other. One thing I love that Andria does is she always sends videos of her trying new food and acting like a food critic. It's so entertaining. Sometimes I feel like I've spent the whole day with her just through Snapchat. We live in different countries but it's like we're always together.

A: Regardless of all the obstacles we may encounter (in terms of education, business offers, events etc.) we always make sure to fit in a call or two weekly to make sure we're both mutually up to date with what's going on with our lives and we never fail to give each other some motivation to get our work done while also giving each other advice whenever we feel lost or off track. It is safe to say, Yara plays a very major role in my life.

You must have so many stories from the set of AlRawabi School of Girls. What's one of your favorites?

Y: For me, it has to be celebrating my 18th birthday on set. Everyone on set, from cast to crew to the chefs, came together to surprise

> me with balloons, cakes, and so much love. A distinct memory I have is all of us just dancing and celebrating at 7 in the morning and being super annoving. The celebration went on till later that evening when Tima surprised me with a beautiful dinner with everyone I love.

A: I still remember that one event that we always bring up and gives me the best nostalgia of this experience. We were filming a night shoot in the Dead Sea and finished shooting at 6am. But sleep was the least of our concerns; we went to the pool of the hotel we were staying at and just relaxed, gazed at the sunset, and all got to know each other more thoroughly. It was simply perfect.

Favorite things you do for each other that make good friendship tips? Y: Honestly, it's just always being there. Andria and I have really strong intuition and we always sense when something is off with our lives whether it's personal, work or school. We're always there to listen, problem solve, gossip, and so much more. Because we know each other so well we just know what the other one needs.

A: We always make sure we're up to date with each other's lives. We always put each other's interests over our personal interests, and give each other genuine advice. One quote I live by when coming to have lifelong genuine friendships is "always tell them what they need to hear, and not what they want to hear",

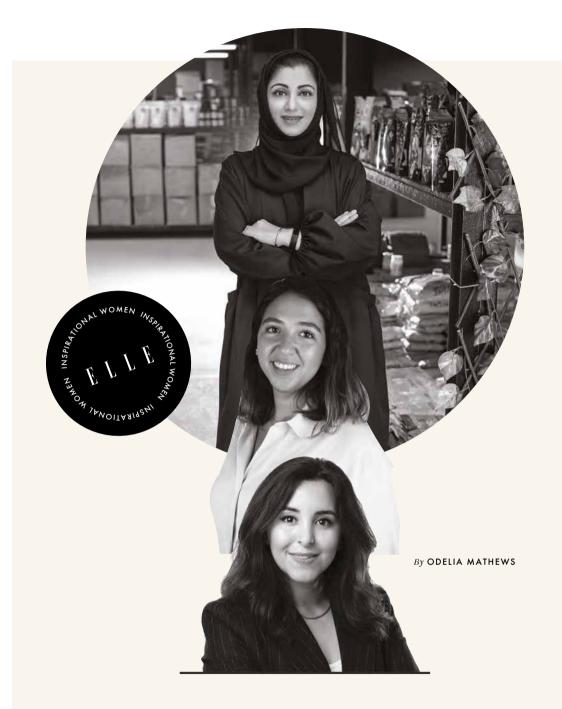
and that is key when you actually want the best for them. What is one thing people don't know about your costar?

Y: Although Andria is a very outgoing and extroverted person, she still needs her phases of alone time where she gets to disconnect from the world and just recharge.

A: Her love for music. I think some people know that she plays the piano and sings but her love for music extends to every aspect of her life. She has playlists for every mood and a song recommendation for everyone.

"WE'RE ALWAYS THERE TO LISTEN, PROBLEM SOLVE, GOSSIP, AND SO MUCH MORE, BECAUSE WE KNOW **EÁCH OTHER SO WELL WE** JUST KNOW WHAT THE OTHER ONE NEEDS"





THE new WEALTH

HEALTH IS THE NEW WEALTH WHICH WE ALL CRAVE TO HAVE AN ABUNDANCE OF IN THE PRESENT TIMES AND WITH THE FOCUS FIRMLY PINNED ON WHOLESOME, HEARTY, AND SUSTAINABLE, ELLE ARABIA UNCOVERS HOW THREE WOMEN ARE PAVING THE WAY FOR OTHERS TO FOLLOW, NOT JUST WITH THEIR BUSINESSES BUT ALSO THEIR PERSONAL CHOICES AND SMART LIVING TIPS.



Rana EL SAKHAWY

@ranaelsakbawy
FOUNDER AND CEO, MONKIBOX
NATIONALITY: EGYPTIAN
Monkibox.com

Some dreams begin with a childhood experience and for Rana El Sakhawy, it was nothing less than chasing her passion for problem-solving when she got into trouble. "Ever since I was young, I have always been very entrepreneurial and love problem-solving, building and growing something from nothing," she shares. At the age of 12, Rana spent all her pocket money at a flash sale and when she got into trouble for it at home, she decided to turn the situation around by selling her purchases at a higher price for a profit. From then on, the experience only helped her get better. "It was an amazing thrill, building and growing it, dealing with customers, and seeing something work," she admits. Supported

JANUARY DE AREA AND ESPAÇÃO PETER EMILY ÎN PARIS

> RANA'S TOPTHREE:

Netflix Series: Emily in Paris
 Go-To Fashion Label: Staud
 Coveted Purchase: Dior Vibe
 Hobo Bag



by her heroes in life, she has come a long way with the concept of MonkiBox which launched in November 2019. "I started MonkiBox to support parents and help them feel confident that they are helping their children learn through play," says Rana. Her business idea originated when she had her first child and wanted to give her the best start to life but didn't know where to begin. "I started doing my research and learned that 85% of your brain develops in the first three years of life. This is the most critical time for a child's development, but most parents don't know how to best support their child's growth," she explains. Today, MonkiBox helps parents feel confident knowing that they are able to give their children the best through toys and playtime and a subscription program that supports early brain development. Here's Rana's take on selfcare, relationships, and her top tips for success.

On New Year's Resolutions: To be more mindful and present in everything I do with less multitasking and more focus. To prioritize self-care and meditation and to go through my reading list.

On Heroes: My family has all my heroes! My grandma for being the ultimate role model and ceiling breaker; my children and husband for being my inspiration, motivation, and support system; my parents, for pushing and encouraging me every step of the way.

On Secrets to Success: It takes grit and perseverance! Being an entrepreneur is so hard, it takes so much out of you - the ups, the downs, the unknowns, and the instability. Persevering and constantly getting up when you're down and learning every step of the way is what makes an entrepreneur successful.

On Facing Challenges: Every single day there are new challenges, probably one of the biggest ones is deciding to manufacture our products and become a direct-to-consumer company. It was completely new territory for me, and it took a tremendous amount of effort and time to understand what needs to be done to make this dream a reality and overcome the supply chain challenges the world is facing. A major lesson for me here was to be patient, ask for help, and always have a plan B.

Tahany TAHER

@tahanytaher25 CO-FOUNDER OF HAYAWIIA NATIONALITY: EMIRATI Havawiia.com

"Nothing should take priority over our health and well-being," says Tahany Taher, the Co-Founder of Hayawiia - an eco-conscious homegrown brand for gourmet food. According to her, the way in which we choose to nourish our bodies is crucial to living a strong, safe, and illness-free life – and everything related to Hayawiia resonates with this mindset. Set up as a one-stop shop for all things wholesome and organic, Tahany's business concept offers consumers a premium selection of food options, as well as beauty and skincare that is chemical and cruelty-free. By weaving together passion and professionalism,

Tahany remains focused on providing solutions that are modern and meaningful. "We are disrupting the traditional forms of business by creating a better-for-you world, which incorporates both profit, CSR, and ESG efforts, towards a collective win," she explains. Juggling two roles, one as co-founder of Hayawiia and the other as the senior vice president of a multinational bank, Tahany keeps her balance by indulging in smart habits and clean living. Here's her take on living healthy, sustainability, and growth potential.

On Pursing Passion: My morning begins with a few cups of coffee which is essential to keep me boosted throughout the day. On some days, juggling a profession and a personal passion can be quite frustrating, but with the support of my family and team, it harnesses the courage to foresee a better future for our planet.

On Sustainability: We don't view sustainability as an option but a requirement, so future generations can continue to enjoy life as we do. Our packaging is created with recyclable materials, and we actively recycle everything as an organization. Even our 'thank you' notes have

meaning as they can be planted to grow flowers

On New Year Resolutions: Our concept was always meant to be a social movement, to provide access to clean living products across the globe, and so our new year resolution is to execute those plans and grow together towards a healthier lifestyle.

On Living Healthy: Living a healthy life does not require large amounts of financial investments, time, or spending hours at the gym. Making small mindful and conscious choices every day can lead to a longer and healthier life. Minor habitual shifts, such as using the stairs instead of the lift, mindful eating, or snacking habits will only enhance our immunity over time.

On Secrets to Success: For anyone with ambition or dream, perseverance and having faith in oneself and their team is essential for success.

On Pioneering Women: Arab women have been making a difference to our country and globally since the time of dawn. As times have changed, and we bond over diverse interests, people, ideas, and business collaborations, the growth potential is indefinite.

TAHANY'S TOP THREE

• Book: Chicken Soup for the Soul Beauty Secret: Moisturizing daily, morning and evening • Netflix Movie: Don't Look Up







Omnia **ABDELHALIM**

CO-FOUNDER, KOALA PICKS NATIONALITY: EGYPTIAN Koalapicks.com

Healthy is a state of mind, and Omnia Abdulhalim (@hevits.moni) and Ava Assaf (@favoritethings_byaa) Co-Founders of Koala Picks testify to that statement with all they do and create. Launched in 2019, both partners have put their heart into everything they do, ensuring they follow the same healthy living practices at home. "At home, we make sure to stock up on healthy snacking options, so we're always prepared for hungry kids (and adults!)," they explain. Born from the simple need to find nutritious and wholesome meals and snacks for their own children, both Omnia and Aya decided to embark on a journey where they could offer others delicious snacks, spreads and breakfast mixes all made in-house by their talented team in a licensed kitchen, with all items approved by a certified nutritionist. "All of our products are made with ingredients that you can easily read and will most probably find in your own pantry!" they say. Apart from putting the 'koalified' stamp on all they offer - which means no preservative, no refined sugar, and no artificial ingredients, here are their top tips on staying healthy.

On New Recipes: Our children are always trying out new recipes and giving us their very honest opinions on whether they liked them or not. They've once asked for a healthy brownie, and we started brainstorming until we launched our famous Beet Brownies with hidden beetroot

On Smart Choices: Eat nutritious, healthy foods most of the time and allow yourself to indulge in the not-so-healthy foods you enjoy only a little bit of the time. It really is all about balance as long as it's the

On Fitness: Any form of movement counts at least 3-4 times a week. An intense gym workout, a casual stroll in the neighborhood, or practicing a sport - it's just about moving your body.

On Healthy Pantry Staples: Start with one thing at a time. It doesn't have to be a drastic switch that could become overwhelming. Replace a few staples here and there - you can always swap a certain ingredient. Just do it gradually so your children don't feel a sudden change, and eventually, you'll end up with healthier habits. Don't forget to make it FUN!

On Secrets to Success: Always be prepared to step out of your comfort zone, try new things, and trust your instinct. Be true to yourself and know when you need to pivot from the plan or introduce new practices. Patience is also key - it takes time to build a brand, so prepare to put in a lot of work and savor the small successes along the way!







The

Comfort

Book

Matt Haig

OMNIAABDELHALIM 'S

TOP THREE

• Book: The Comfort Book by Matt Haig — it is such a

feel-good, positive read

Favorite Spa: Privée Dubai

they come right to your home • Beauty Secret: Kiehl's Ultra

Facial Cream - it feels so light

and fluffy on the face

Feature

Maye Musk

MOTHER OF MILLIONAIRES

BEHIND HER GLAMOROUS IMAGE, THERE IS A VERY REAL STORY OF OVERCOMING THE ODDS. THIS BRAVE AND FASCINATING WOMAN HAS BEEN THE BEST INSPIRATION FOR HER CHILDREN - HEADED BY ELON MUSK - WHO ARE REVOLUTIONIZING THE WORLD WITH THEIR EXTRAORDINARY TALENT

Words VIRGINIA LOMBRANA Photography ROKAS DARULIS Direction ESPERANZA DE LA FUENTE

How likely is it that you will have a multi-millionaire child? What **about two?** As extraordinary as that is, hitting the bull's-eye with all of her children defies logic. But Maye Musk, the mother of these geniuses, is not your typical woman. At 59 years old, she did something that changed her life: she stopped dyeing her hair. And at 62 she dared to appear nude on the cover of New York magazine. Those who do not believe in coincidences will attribute much of the success of her famous son Elon - founder of Tesla and PayPal, among other companies - and of her other two offspring to the way she has raised them, and the example that she has set. At 73 years of age, she has become a supertop with the most stylish firms competing for her, but it hasn't always been that way. She started her modeling career at 15, got married very young and what she thought was going to be a fairy tale turned into a nightmare. She escaped from a husband who started mistreating her on their honeymoon, she brought up her children by herself as a catalog and plus-size model and, in between, she managed to train as a nutritionist. "I never treated them like dependent children. I never told them that they should study, I didn't check if they had homework or had done it, because that was their responsibility. On my 50th birthday, they gave me a miniature wooden house and stroller. They boasted that one day they could buy me both," she says in her autobiography, 'A woman, a plan' (Roca Editorial). Twelve months later, her sons sold Zip2, the business they had started thanks to the \$10,000 their mother had given them, all of her life savings. Today we know that Maye was not wrong in trusting her children's crazy ideas. Here, the truly influential

and inspiring Maye talks to ELLE Arabia about the ups and downs in her life, how she had to reinvent herself several times, and her eternal optimism...

You have been a resourceful person, a fighter, who has lifted herself and made the life you wanted to happen. Where do you get all that strength? My parents. They worked so hard that we only saw them when they got back, at six in the afternoon, just for dinner. They taught us to be autonomous. What's more, I started looking for a way to forge my own path in life when I was 8 years old; I helped them send their newsletters, and the money I made from that I used to make pretty dresses.

Are they your inspiration? Above all, my mother. She was strong. calm, and wise, even though my siblings and I didn't appreciate how fantastic she was when we were little. Can you imagine taking five brats through the Kalahari desert for three weeks in search of the Lost City? My parents were amazing!

How would you define yourself, and how have you changed over the years? Now I can say that I am a successful, confident and happy woman. But getting here has not been a bed of roses. I also know what it is like to go through times when you are scared and your self-esteem is on the ground. Many times I've felt like I was on a treadmill and couldn't stop if my life depended on it.

And, despite all these pitfalls, you transmit a great deal of optimism. And how not to? In recent times, I have had a lot of wonderful and amazing projects. The truth is, I can only be grateful. Social networks have projected me into the world.

You handle yourself well in that online environment. Do you like it? I love social media. A lot of my work has come to me through





"I LOVE SOCIAL MEDIA AND I STRIVE TO KEEP MY **PROFILES ACTIVE. I THINK** IT'S THE ONLY WAY TO **STAY RELEVANT"**

Facebook, Instagram or Twitter. I strive to keep my profiles active, because it's the only way to remain relevant. The world has changed, we no longer depend on other people - although I have wonderful agents - to promote us, we ourselves are capable of sharing our talents and having control over our own future.

You've been a model for many years, but you've come back in a big way in your mature years, something unthinkable a few decades ago. How has this industry evolved? In my young years I worked a lot as an editorial model as well as on the runway, but the truth is that I am surprised - very pleasantly surprised! - that now stereotypes have been abandoned. I am very happy with this very diverse way of understanding the sector.

Thinness is no longer an obligation, that has also changed. But you've been through that imperative of having to fit one size and you know what it's like to suffer from eating disorders. How important is your physique? I still worry about my diet, although only for health reasons. If I have learned one thing, it's that being a dietician does not give you willpower, but it does give you knowledge. I have gained 30 kilos on more than one occasion, because I am not thin in constitution, so I must control what I eat and not overdo it. It is not easy, but it is worth it.

Talent is a word that is sometimes used very freely. What it is for you? I am a scientist who works with very talented artists; there are many people who have this quality. The makeup artist, the hairdresser, the stylist, the photographer... they bring out the best in me, and that is talent. I really appreciate the great capabilities of these professionals and let them do what they consider best. You can't pretend to be good at everything, but you can be good at something. I am an expert in health and, with my knowledge and my experience, I'm able to talk about different topics, such as aging, gender equality and the entrepreneurial spirit. Also, they tell me that I move well during photo sessions...

How do you explain that you have had such innovative children? Why are you such a successful saga? I have worked very hard to be successful and overcome the adversities that I've encountered. I have dedicated myself to caring for people, advising my patients as best I can, and celebrating their achievements with them. And I think that, in some way, I have been able to be an example for my children. They also want to do good, contribute things, therein lies the key. And, without a doubt, they have succeeded... and in a big way. I am very proud of all of them. My daughter Tosca has created the streaming platform Passionflix: she

shoots romantic films in which actresses receive the same salary as their male colleagues, and the stories she tells always have a happy ending. Kimbal has started several restaurants, with the idea of bringing produce from farm to table, thus helping local farmers. In addition, he has founded an NGO, Big Green, so that school-age children can grow their own fruits and vegetables and learn to eat healthy. As for Elon, he is saving this planet; he has made all car manufacturers decide to go for electric cars after the success of Tesla. And already his SpaceX project is literally out of this world.

Your children have created important innovations in different sectors. What legacy would you like to leave to yourself? Very simple: be a good person and do good. We live in a world that evolves at breakneck speed. Are you afraid of changes, or the opposite? The future seems to me, simply, exciting.

What do you like least about today's society? And, from your experience, what advice would you give to the young people of the new generations who are a bit lost? When I do interviews in different parts of the world, I am very often reminded that women are not treated the same in many areas of life and especially in the work environment, and this has to change. Half of company presidents and CEOs must be women. I believe that, this way, there will be less corruption and fewer wars. We should at least try...

How can you combine being one of the most recognized and requested dietitians with your numerous advertising campaigns and, also, have time for yourself? I have learned to say no. I always want to help everyone and I get involved in a thousand things, but I can't keep doing it. I have realized that I need moments to be at home and sit with my dog and watch television. That seems like a luxury to me!

Do you maintain the level of curiosity from when you were a child? Yes. One of the things that I still love is exploring the world, I am truly passionate about travel. In fact, I have been several times to the south of Spain and I have in mind a long stay, spending more time in Madrid and visiting its surroundings.

Besides that, what plans do you have on the horizon? Visiting a lot of different countries, but I'm waiting for this pandemic to give us a bit of a truce. Now we have to be patient and take all kinds of precautions, because health is the most precious good.

"I AM PROUD OF ALL MY CHILDREN. ELON IS SAVING THE PLANET WITH ELECTRICAL **AUTOMATION AND HIS SPACE PROJECT"**





"I have a visceral need to understand the who and the why of a story by talking to ordinary people," says Hala Gorani when asked how she deals with the emotional impact of being a news reporter. For the uninitiated, Gorani hasn't just been reporting on the front lines of war and politics, she has been at the heart of major events that have shaped the Middle East. Some of the award-winning reports she has filed include the Arab Spring uprising (2011), the war in Lebanon (2006), the Syrian refugee crises in Lebanon (2014), and the struggle for gay rights in the Middle East (2006). All of her work has led to recognition and awards, putting Gorani in a spotlight that she has embraced since the start of her career. "I wasn't necessarily aiming for a TV job, early on," she says, "I just wanted to be a journalist and tell stories that mattered. I realized that the craft of journalism itself was what made me happy, not the size of the publication or its reach." For Gorani, it was always about getting to the heart of the matter, stepping out of her comfort zone, and remaining fearless in the face of challenges.

EARLY BEGINNINGS, LATE LESSONS

Born in Seattle and raised in France, Gorani studied at George Mason University near Washington, D.C., and graduated from the Institut d'Etudes Politiques in Paris in 1995. Starting out her career in her early 20s, she worked as a freelance journalist for a regional newspaper in the North of France and then, "almost by accident" as she explains, was hired as a news anchor for Bloomberg TV. Not one to sit it out in a studio for too long, Gorani admits that she was always up for the chase when it came to covering a story firsthand. "I'm much happier interviewing people who are affected by the news rather than political figures," she shares, and it was this passion that kept her true to the craft of journalism. When she joined CNN, Gorani was aware that she didn't exactly fit into the western media landscape, as an Arab woman, born in the US and raised in France. Yet, she remained assertive in her career choice even when there was a lack of example to follow. "It was not always obvious to carve out a space in an industry where there weren't many people with similar backgrounds to mine. Thankfully, things have changed significantly. There are now more Arab-Americans in prominent positions in the U.S., for example, and certainly more women across the board than when I was starting out," she explains. Like most women taking on new challenges and traversing new terrain, Gorani learned her lessons along the way. One of these was the ability to say no without guilt or compromise. "I would tell women at all stages of life to learn to say no. It's a lesson I learned a bit late," she confesses, stressing the importance of respectfully but firmly communicating goals. Touching on an issue that some women struggle to deal with, Gorani is vocal about the importance of speaking out and holding ground. "Once you've established yourself, it's crucial to communicate what you want clearly, if only to not waste time and energy doing something that is unfulfilling," she points out.

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SPEAKING UP & HOLDING BACK

For Gorani, the rise of Arab women in the region isn't something she sees as smooth sailing. Even though there has been much progress made by women on all fronts, Gorani believes that the road is a bumpy ride when it comes to equal rights, representation, and treatment in the Middle East. For those who are already making great strides in their career choices, Gorani offers a word of advice to remain steadfast in their opinions without silencing themselves due to pressure. "Women are much more often mocked and criticized for having a loud voice than men are," she says. "To be a leader, use your voice and don't be shamed or bullied into silence. Sadly, in some parts of the Middle East, women who speak out are not always rewarded for their bravery, to say the least." Referencing the #metoo movement, Gorani is quick to point out that change can happen overnight, and all it takes is persistence and perseverance to never back down.

On the opposite end of the coin, Gorani admits to being extremely cautious about what she shares on social media – especially if it is ever shared in anger – preferring instead to go

back to the basics. "Personally, social media has killed my ability to concentrate so I've tried to go back to reading books and writing long-form articles. It's like using a muscle I'd forgotten I have," she admits.

WAR & FAMILY

Even though Gorani has always been at the front end of war and politics, reporting from every country in the Middle East including Saudi Arabia, Iraq, Israel, Jordan and the Palestinian territories – she isn't afraid to admit that some issues have had a deep impact on her. "I'm from a Syrian family so when the ravages of war demolished the entire fabric of my parent's homeland, I genuinely felt like

I had lost a member of my own family," she shares. For a woman who places great importance on family and relationships, she has had her fair share of battles defending her personal choice to remain childless. "I've had a relatively unconventional path," she says. "I married quite late, at 45, didn't have children and spent much of my adult life traveling and working long hours." For many women of Arab descent, this is by far one of the most sensitive and excruciating topics that is still stigmatized in society to this day, and Gorani isn't afraid to share her thoughts on it. "I've always felt defensive when I am told that I chose not to have "a family" because I don't have kids," she says, giving people some food for thought as she rhetorically

omething she uch progress when road is a neutation, and rady making d of advice to emselves due nd criticized a leader, use cce. Sadly, in re not always the #metoo can happen noe to never its to being ial media — nstead to go

"I WASN'T NECESSARILY AIMING FOR A TV JOB, EARLY ON, I JUST WANTED TO BE A JOURNALIST AND TELL STORIES THAT

> regardless of their country's level of development. "I really hope we let go of some of these pre-conceived notions, not just because they are inaccurate but because they pressure people into having children when they may not want them and they guilt child-free women needlessly when they are perfectly happy with the choices they made," she says.

affect girls and women all around the world,

For the Middle East, a place where women are increasingly career-driven and content with their choices, it surely is about time that we take a lesson from a woman who isn't afraid to break the stereotype by choosing to be child-free, confident, and ambitious because it's about time someone raised the bar by becoming a role-model to those who still grapple with such a sensitive issue.

5 THINGS YOU DIDN'T KNOW ABOUT HALA GORANI

1 As advice to my younger self... I would definitely say that every picture of yourself you hate today you will love in a few years so try to love your face and body today. 2 A place that inspires me is... my kitchen table with my laptop open. It's where I've done some of my best thinking! 3 One of my most treasured childhood memories is...taking a cruise down the Nile as a teen and spending New Year's Eve in a rare rainstorm in Aswan. 4 I am currently reading... French language books that have shed light on some very uncomfortable issues in France. "Consent" by Vanessa Springora was an extremely powerful memoir, as was "La Familia Grande" by Camille Kouchner. I also loved the captivating "Chanson Douce" by Leila Slimani. 5 My favorite restaurant is... the Le Grand Vefour in Paris. However, Emily in Paris seems to have popularized it a bit too much so I may have to find a new spot soon!





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Photography by Francois Rotger
Styling by Laura seganti

COLOR

New season, new possibilities. Embrace an optimistic take on style with clothes and accessories that feel right for now

POP





[][][] PHOTO IN Jacket, Trousers, Bags, Bra & Earrings, All by Fendi







Dress, Tights, Shoes, Earrings & Bracelets, All by Saint Laurent by Anthony Vaccarello



LET'S DRESS UP!

The thrill of donning silk, sating, ruffles and lace – we're definitely ready for the return of the exquisitely feminine gown







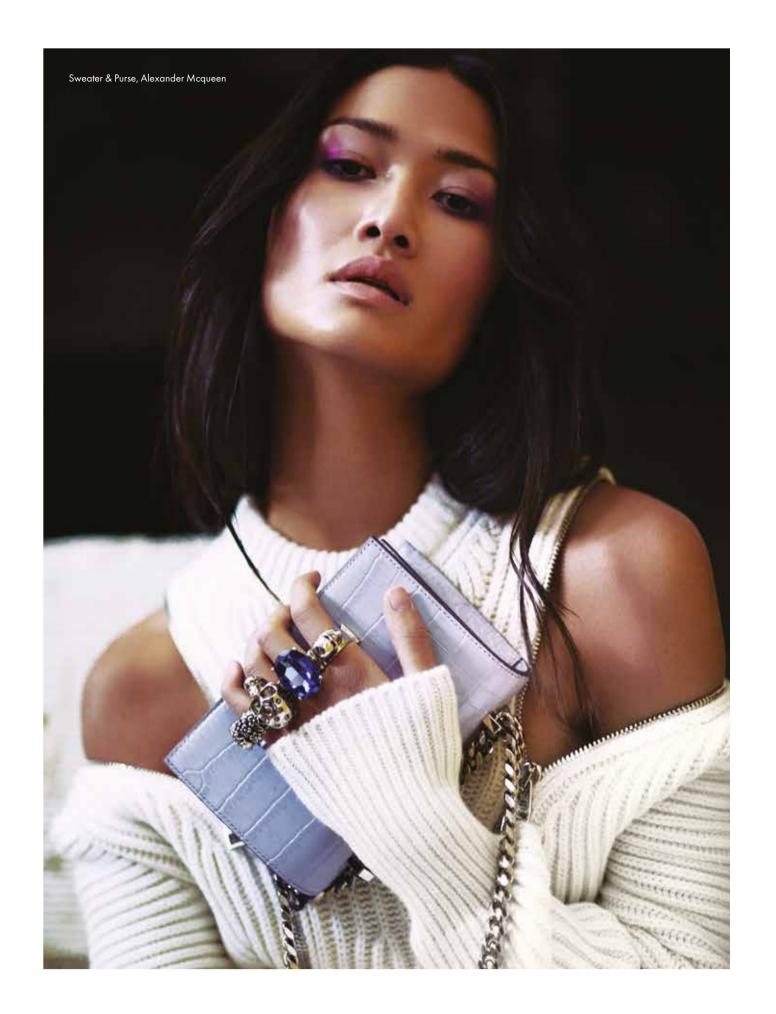




















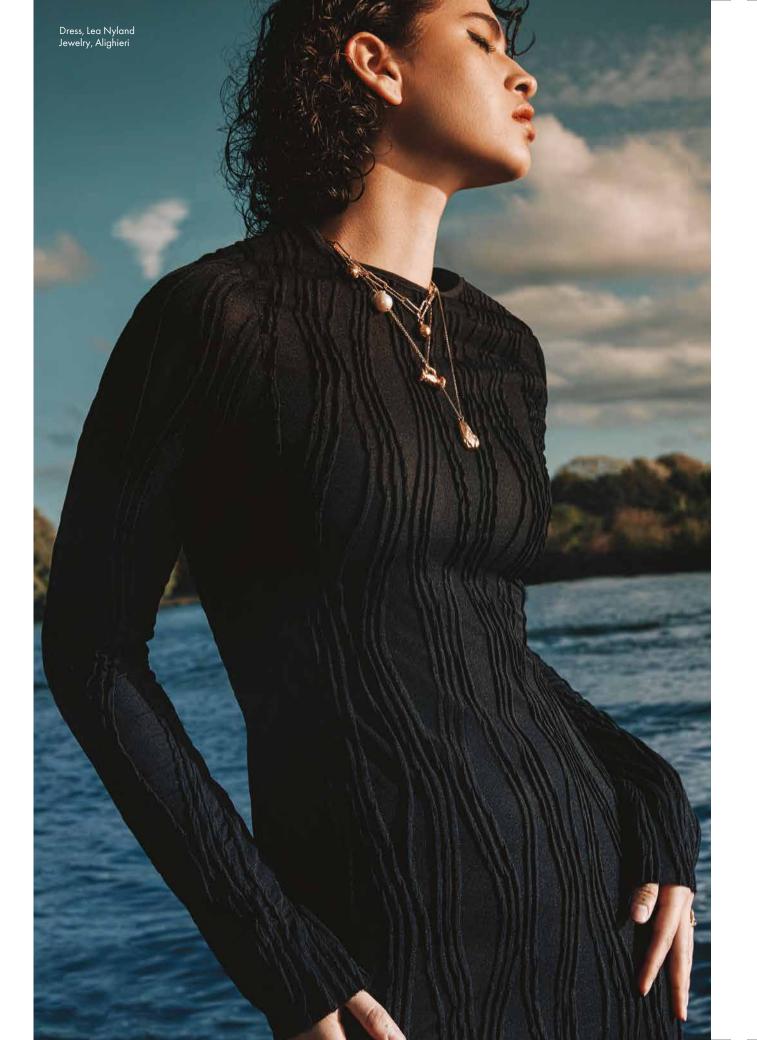


Dress, David Koma Poncho, Joseph Bag, Neous Shoes, Piferi Jewelry, Lage

NOMADIC HEIGHTS

It's easy to reach the top of the style stakes in sculptural statement pieces in hues that are one with nature



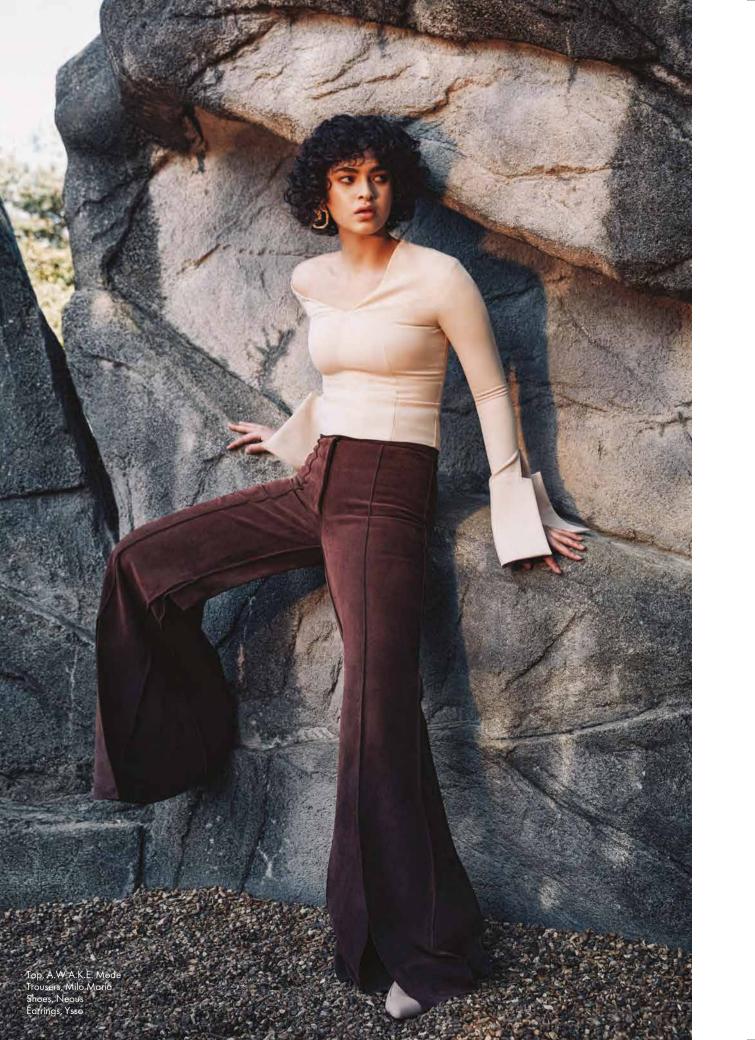








Poncho, Paul & Joe Trousers, Temperley Shoes, Neous Earrings, Laurium







E L L E



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Pillow TALK

It's time to prioritize intimacy (as well as sleep) and reclaim the bedroom with this aromatherapeutic superblend of Ylang Ylang and Patchouli which will, not only get you in the mood for love, it'll also help you switch off and sleep better. Spray onto pillows at night for a promise of fresher mornings.

that I have the best skin care

selection in London; you name

it, I have it (and have probably

DISCOVERY... Kjaer Weis Lip Liner in Mauve, universally

flattering and so creamy that I

use it as a lip contour and lipstick (a trick I learned from founder

and genius Makeup artist Kirsten

INDULGENCE... Definitely facials

and massages. I actually think they

are a necessity - ultimate self-care

for that inside and out glow. **CRAZIEST THING YOU HAVE**

DONE IN THE NAME OF

MY GREATEST BEAUTY

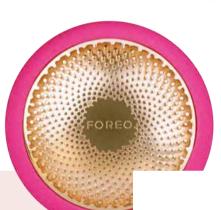
tried it!).

Kjaer Weis).

MY BIGGEST BEAUTY



This Works Love SleepTM Pillow Spray



Palm SPA

This February, Swedish beauty brand Foreo is encouraging you to cancel that facial and try pampering yourself at home with a relaxing spa experience right from the palm of the hand. Using UFO 2, the brand's latest skincare infuser combines cutting-edge technologies that uses sheet masks with thermotherapy, LED lights and T-Sonic Pulsations to reduce puffiness, diminish signs of aging and leave your skin with an instantly healthy glow from the first use.

Beauty MEMO

THE DREAMY BEAUTY PRODUCTS TO TREAT YOURSELF BECAUSE IT'S ALL ABOUT A LITTLE SELF LOVE THIS VALENTINE'S.

Sweet SCENT-SATION

Who needs roses when you can smell just like the real thing for months (maybe even years)? Yes, a bouquet that lasts forever is what Diptyque's limited-edition Eau Rose promises, one that is brimming with fantasy, color and scent thanks to the essences of the two best-smelling roses in the perfume industry. Spritz away!



Gift the gift of long-lasting hydration and a satin finish with three of YSL's most loved shades from Rouge Pur Couture. Paraben-free, six hours of long-lasting color, and an SPF 15 moisturizing formula, what's there not to love!?

Rub A DUB TUB

If you're lucky enough to have a bathtub, then Chanel's Chance Eau Tendre Bath Tablets will turn it into a wicked, sensorial experience; just add one and watch as your worries gently dissolve one after the other in a mist of white musk and jasmine delicately enveloping your skin with the floral, fruity notes of Chance Eau Tendre

CHANEL

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Marrakech Light

Illuminating Magic Oil, Whind

Fortifying Energizing

ellearabia.com 121

Beauty

10%

Eve SPY

Put down the red

lipstick; this V-day

round, it's time to

switch a painted

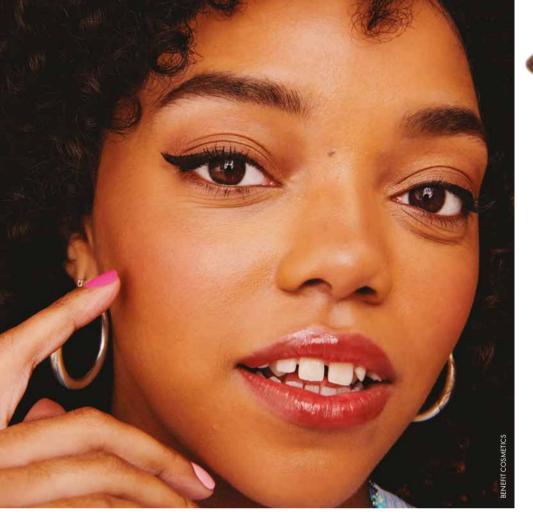
pout for poppin'

lids. Think violets.

pinks, fuschia,

and neons. The

brighter the better!





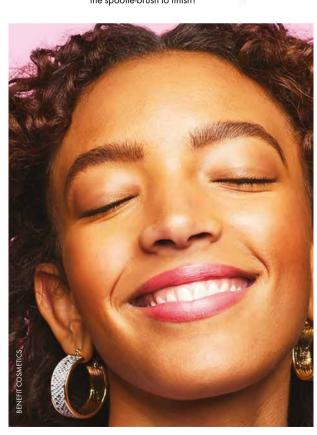
Goof Proof Eyebrow Pencil in Shade 4,

WITH WINTER IN FULL SWING, IT'S TIME TO RETHINK YOUR BASE. FROM THE POREFESSIONAL: LITE PRIMER TO THE GOOF PROOF EYEBROW PENCIL, BENEFIT COSMETICS' BEAUTY ARSENAL HAS EVERYTHING YOU NEED TO FACE THE NEW SEASON LOOKING FRESH.



ACE YOUR BASE

The best primer formulas do for your skin what any great photo-editing app would do, blur uneven texture and fine lines leaving you with a complexion that is - dare we say – Insta-worthy. We've waxed lyrical about Benefit Cosmetic's The POREfessional before, because hands down, it's one of the best products for creating a seriously flawless face, and we are ready to do the same about the brand's latest drop, The POREfessional: Lite Primer. With the same the magic properties as its predecessor, it blurs uneven texture, obscures the appearance of pores, and hydrates skin, it now also boasts a new 73% water-based formula that promises gentle, cloudlike lightness! Just smooth all over the face using your fingertips, and then for touch-ups, pat on lightly and blend over your makeup.







Here the mother and son duo share their personal tips and most cherished memories from their journey together.

Personal Skincare Heroes: These would be our Deep Cleansing Emulsion, Face Oil, and our magical duo-routine - Wake Me Up Brightening Day Cream and Switch Me Off Ultra-Rich Night Cream. Those are our healing heroes that address the full range of conditions, from ultra-dry to acneprone skin. I also have a few favorites from Sisley and Shiseido.

Daily Detox Routine: We start every day with a glass of warm water with lemon, and we don't eat or drink anything for 20 minutes after. Following our workout, we complete the routine with a detox drink made of spinach, green apple, celery, ginger and cucumber to cleanse the body. Proudest Moment: This was when we launched the Middle East's First CBD championing skincare brand and created a market in the region for one of the most talked about skincare ingredients. We are proud to be the first skincare brand in the GCC to receive the EWG stamp of approval - which is the world's most rigorous stamp of quality when it comes to standards of clean and sustainable beauty.

> Relieving Stress: The rise in anxiety and stress over the past few years, especially with the pandemic put us on our journey of finding natural alternatives and nonintrusive ways to relieve anxiety and stress. That's how we became interested in CBD - an active, natural ingredient, clinically proven to positively impact mental and physical well-being.

Achieving Goals: There is no age limit for women to dream, to create and to realize their potential even at the age of 50. Women should follow their passion at any age. With passion and support of your loved ones, anything is possible. I achieved my dream goals with the support

and help of my three children after they had finished their university. Diet and Fitness: To keep ourselves recharged, we practice mediation, play tennis and swim regularly. We also follow a natural diet, rich in

fiber. One of our kitchen staples includes almonds, walnuts and other dried fruit rich in minerals and vitamins.

Gold STANDARD

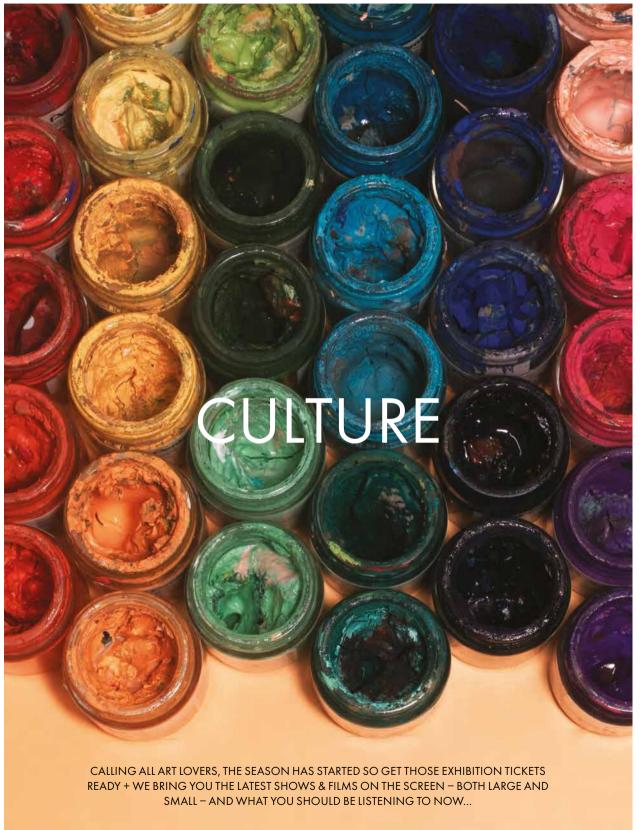
ELLE ARABIA TALKS TO THE FOUNDERS OF THE MIDDLE EAST'S FIRST CBD SKINCARE BRAND

t takes more than passion to achieve goals that are worldclass, and Juana and Yann Martini, Co-Founders of Juana Skin, and the mother and son duo behind the Middle East's first CBD skincare brand have put in hard work, dedication and thorough research to make their dreams a reality. "We have spent over two years traveling the world to source the best ingredients and to hand pick them from the right farms and soils," they say. Known for its potent and therapeutic powers, CBD or cannabidiol, is the second most prevalent active ingredient in cannabis which is sometimes used in skincare products, but without clear mention of its concentration or effectiveness. "We were really disappointed with the quality of CBD products in the market, and for the lack of information about this botanical ingredient," shares Juana, explaining how she and her son traveled the world to source from registered farms in the EU. Meticulous in their approach to offer the highest quality of skincare products, Juana and Yann toiled long and hard to ensure that everything was created with the health of consumers and the environment in mind. "We have been pushing the topic of clean beauty and we've banned over 2,000 potentially harmful ingredients," they say, explaining how all the outer packaging of Juana Skin products is sourced from FSC-certified forests, and are 100% recycled and recyclable. Additionally, their bottles are made with 100% recyclable glass, and their delivery hemp bags are made from by-product of utilized cannabis residuals.



JUANA MARTINI'S TOP FOUR:

1. Holiday Escape: The beautiful beaches in the south of France. The beaches and nature of this area has always been an escape for me and my family. 2. Most Inspiring Character: I love Scarlett O'Hara, the main character of Gone with Windher perseverance, persistence, and optimism in the face of adversity is inspiring and energizing. 3. Must-try Anti-Aging Product: Juana Skin Face Oil is gamechanging when it comes to preventing the effects of age on the skin with its unmatched moisturizing properties. 4. Favorite Netflix Movie: The Queen's Gambit-I love the twisted engaging plot, and unconventional character.





IMMERSE yourself

ELLE ARABIA SPEAKS TO AMBIKA HINDUJA MACKER, THE INCREDIBLE ARTIST WHOSE MUST-VISIT, MULTI-SENSORY GROUP EXHIBITION 'THE SUBLIME NATURE OF BEING' BRINGS TOGETHER 10 AWARD-WINNING, INTERNATIONALLY RENOWNED ARTISTS UNDER ONE ROOF

urated and produced by Ambika Hinduja Macker, artist, founder and creative director of art and design firm Impeccable Imagination, 'The Sublime Nature of Being' is a must-visit exhibition on show until February 27th 2022, in the Summer Garden in ICD Brookfield Place in Dubai's International Financial Center. Ambika is renowned for curating ethereal environments and multisensory experiences that conjure the divine purity of the natural world in resonance with flora, fauna and the elements. "I look forward for the audience to step into the space and be transported into a utopian sanctuary of tranquility and beauty." ELLE Arabia got a hold of Ambika ahead of the launch event to talk about the concept, art in the region, working with other artists, and more...

Where did the concept for this exhibition come from? It stems from my fascination with the universal, human experience of awe and reverence that nature inspires, and a desire to manifest those feelings in an immersive, multisensory, unique art experience.

What emotions/ideas do you hope to convey? The exhibition is designed to take the audience on a transportive journey, in the hope that it leads them to a sublime path of feeling grounded, aware, and living in the moment (as the Japanese term 'Ukiyo' suggests). 'The Sublime Nature of Being' offers an opportunity to explore art in an unconventional, profound manner and shows that great, transformative art is not necessarily exclusive to fine galleries or museums alone; it can also be enjoyed in a public space.

How do you see art in the region evolving? Dubai in particular is incredibly innovative and cosmopolitan in the true sense of the word. This, in turn, draws local and international interest in what we have to offer, it attracts top tier artists and designers from around the world, and makes this city a major destination for experiencing and collecting incredible art.

Who inspires you? If I had to name one individual who offers infinite inspiration, it would be His Highness Sheikh Mohammed Bin Rashid Al Maktoum, the visionary behind turning Dubai into a true oasis, making the

visionary behind turning Dubai into a true oasis, making the impossible possible in less than 50 years.

How would you describe your style? In resonance with the flora, fauna and the elements, conjuring the divine purity and



RAPID FIRE

Top three museums for Art iunkies: The Tate Modern MoMA and the Louvre Abu Dhabi. Most treasured possession: My happiness and creativity. An item I have added to my studio: Bespoke, hand-embroidered cushions from Jean François Lesage - we collaborated on this creation which was inspired by nature. A place that inspires me: Dubai. I've got my eye on: A work by Olafur Eliasson. Out-the-door outfit: Leggings and a tee. Perfect happiness: My state of mind when I'm in the Maldives

honesty of the natural world. I truly believe less is more.

What was it like working and sharing your vision with the other artists? It's smooth sailing when you collaborate with like-minded beings. The artists and I share the same philosophies, sensibilities and values - so they understood my vision from the get go.

What are some special installations

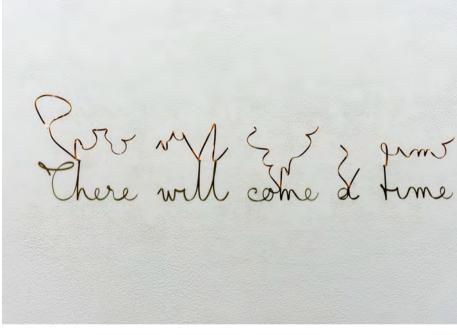
What are some special installations we should look out for? Anticipate a unique, transportive journey activated

by sight, sound and scent. Throughout the duration of the exhibit visitors can explore sublime synergies through artist talks, a sound walk, and a poetry reading to name a few; follow us on Instagram and Facebook @ impeccableimagination where we'll be posting details about all the special upcoming events!

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the ARTISTS

Specially commissioned for 'The Sublime Nature of Being', a roster of regional and international artists are showcasing their mixed media: Nadim Karam, Lebanese sculptor, painter and artist; Jacob Hashimoto, American contemporary artist; Fred Eerdekens, Belgian sculptor and contemporary artist; Mathieu Lehanneur, French designer and artist; Hadieh Shafie, Iranian visual artist; Rowan Mersh, English multi-media sculptor; Xavier Lust, Belgian furniture designer and sculptor; Janaina Mello, Brazilian contemporary artist; Michelle McKinney, English contemporary artist and Satya Hinduja, Indian composer, sound artist and producer. Here's a sneak peek of a few of the artists and their works...



An accomplished sculptor, FRED EERDEKENS is one of Belgium's most celebrated contemporary artists, particularly known for his unique way of manipulating form, language and light. The artist doesn't sculpt letters, but actually sculpts abstract undulating or angular forms that, once in the light, reveal a word or a sentence. He uses shadow and light as ink and paper.



Using sculpture, painting, and installation, JACOB HASHIMOTO creates complex worlds from a range of modular components: bamboo-and-paper kites, model boats, even astroturf-covered blocks. His accretive, layered compositions reference video games, virtual environments, and cosmology, while also remaining deeply rooted in art-historical traditions notably, landscape-based abstraction, modernism, and handcraft. He lives and works in Ossining, New York.





At the forefront of international design, MATHIEU LEHANNEUR is one of the rare designers of his generation who is able to embrace so many fields of creation: from the object to architecture, from art to product, from high-tech to craftsmanship. He innovates with spectacular and magical projects that mix design, art, science and technology at the same time.



"INVITING ART ENTHUSIASTS ON A UNIQUE JOURNEY WITH A CONTEMPLATIVE DIMENSION, "THE SUBLIME NATURE OF BEING" IS A ONE-OF-A-KIND IMMERSIVE EXPERIENCE THAT INCLUDES THREE-DIMENSIONAL INSTALLATIONS, SOUND AND SCENT, A PLAY ON TIME AND SPACE, CONTRASTS OF LIGHT AND SHADOW, ELEMENTAL MATERIALS, AND FLUID FORMS.





NADIM KARAM is a contemporary artist who creates narratives engaging with cities and contexts through his works. His site-specific projects engage in re-examining contextual issues and enhancing perceptions of diversity within society, taking a playful and often absurdist approach even when addressing the most critical issues. He lives and works in Beirut and Rotterdam.

IN CONVERSATION WITH

HiBA YAZBECK

CARVING OUT HER OWN LANE IN A PREDOMINATELY-MALE INDUSTRY, THE YOUNG AND FEARLESS ENTREPRENEUR TALKS TO ELLE ARABIA ABOUT BECOMING A LEADER IN THE CHALLENGING AND LUCRATIVE VALET PARKING INDUSTRY, REALIZING THE IMPORTANCE OF MOVING TO A DIGITALIZED SYSTEM, JUGGLING FAMILY AND WORK, AND WHAT SHE ENJOYS WHEN SHE'S NOT SHATTERING STEREOTYPES..

here woman didn't dare, Hiba Yazbeck was there. By the age of 33, she was a shareholder in one of the leading management companies of the valet parking services in the MENA region. As one of the very few women in the field and while juggling family responsibilities with three children, Hiba worked hard to create a new era in the management of valet parking and delivery services. Moving VIP parking control from being a local Lebanese valet parking company to a leader in the MENA was no mean feat. "Creating a digitalized system of reporting to track daily operations, keeping financials and HR decisions on track was my main purpose. At the end digitalized tracking is the future," explains Hiba. "Introducing it to the services industries was a big chal-

lenge. Now we have moved through HNZ, a specialized management leading company to offer this digitalized tracking throughout all the service industries, launching from Dubai to the whole region.

When did you start your business, and why this business in particular? I started in the valet parking field 10 years back. I first started with financial consultancy, then moved to operations, and finally ended up managing the whole company.

What inspired you to pursue your career? After creating my own system that helped me manage all three departments (financials, operations and development, HR), I decided to move this track to a digitalized system that can help all types of companies in the service industries. This helps them to manage and track their operations daily, giving them full control of their P&L. That's when the idea of creating a new holding company to cater this system came about.

How did you grow your company

in this male-dominated field? Being a woman working in the valet parking field was challenging. I was supported by a team who made my mission easier for myself and them. A clear target was all I needed, dropping all male challenges with self-confidence and knowledge.

How did being in the UAE help you grow as a businesswoman and a person? As we all know, globalization has made the whole world closer. Dubai being the hub of the MENA region helped me create relations with all the markets in the Pan Arab world.

What advice would you give to fellow women wanting to start their own business? To every woman: BE STRONG! Dare where no one dares. Challenges are always interesting and often give the best outcomes. To all working moms, remember that the lioness teaches kids to be fearless; be the good example.

How do you balance your time between work and your personal life? Working in the valet parking field made it hard for me to manage my personal life. Setting priorities was the most important thing I had to do to balance both parts of my life. Once I knew how to work on that aspect, everything became easier for me and I was

able to move forward.

What are your hobbies? Living in Lebanon with beautiful mountains and extraordinary slopes made skiing my first hobby. Dancing comes right after skiing on my list of hobbies. Once I grew older, I realized that fashion and shopping are my new favorite hobbies!

Do you find yourself following new trends? Fashion has always been an interest of mine. I consider my style to be leaning towards classical designs rather than trendy ones. The classical style I like will never go out of fashion, it is simply timeless.

What are your most worn and favorite brands? Saint Laurent is one of my regularly worn brands in clothing and shoes. As for bags, Hermes is a classic. I would like to point out the economic crisis that is occurring in Lebanon; it has allowed small designers to grow and shine. I feel that it is our duty as all businesswomen to support these brands and young adults that are trying to make their way up the

corporate ladder as well as the fashion world.

What do you enjoy doing in your free time? I tend to spend every free second with my kids, planning outings with them. I feel it is important for them to create these memories with their parents.

What are your future plans? The world is moving faster than we think. Dubai moves faster day by day and second by second. My future as I see it, involves opening my own differentiated service company that will include cleaning services, delivery services, and much more.



Read

SINCE ROMANCE AND A LITTLE CHILL IS IN THE AIR. SINGLE OR NOT, CURL UP IN A FLUFFY BLANKET WITH A CUP OF HOT COCOA WITH ONE OF THESE READS FROM OUR RESIDENT ROMANCE LOVER'S BOOKSHELF.



around romance

novels without

the mention of

it's the societal

pressures, the

and the unwanted

visitors, Pride &

Prejudice remains

classic for lovers

the ultimate

worldwide.

PRIDE AND ON A NIGHT **PREJUDICE** LIKE THIS by Jane Austen by Lindsey Kelk A book still relevant A contemporary in today's time, there can never be a conversation

British author based in LA, Lindsey is best known for her 'I Heart' series. With a witty, funny, and heartwarming everyone's beloved style of writing, her Mr. Darcy. Whether brand new funny and heartwarming romantic comedy confusing proposals follows a similar theme. A perfect escapism book, it follows Fran Cooper, a celebrity's assistant, as she finds love with the wealthy Evan - and all the chaos, magic, a few

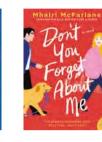
tears and swooping

delight that follows.

ON A

NIGHT

THIS



DON'T YOU **FORGET ABOUT ME**

by Mhairi McFarlane This is one of those books where you won't be able to stop laughing - get ready for looks at that Starbucks queue or at the office cafeteria! The ultimate contemporary chick-lit, this glorious, hilarious heartbreaker of a story delves into the unforgettable first love - written in the most genuine, original, wincingly real, funny and

moving manner.



The author of

the popular

'Shopaholic'

series, Sophie's

writing is relatable

entertaining, and

quirky. This newly

about Effie, who's

fallen out terribly

with her dad and

new girlfriend and

thinks her family

is 'broken'. There

is dysfunctional

family drama, a

resonating plotline,

humor and not to

miss romance.

his glamorous

released book is

THE PARTY YOU'RE THE **CRASHER** ONE I DON'T by Sophie WANT Kinsella

by Alexandra Alexandra Potter and her novels take up a lot of room in every romance reader's bookshelf. Her books and stories envelop an element of universal magic in the most hilarious 'you-didask-for-this' way, so be careful what you wish for is the varied warning they carry. This classic is about requiting the unrequited young love - and realizing it's not the one vou

wanted.



THE HATING **GAME**

by Sally Thorne Just launched as a movie, The Hating Game is the typical hallmark romance novel you need to get reading. Lucy and Joshua are caught in this workplace love-hate game that is emotional cute, outright hilarious, and so heartwarming. You'll devour it no time!

Introducing... THE LOVE PACK

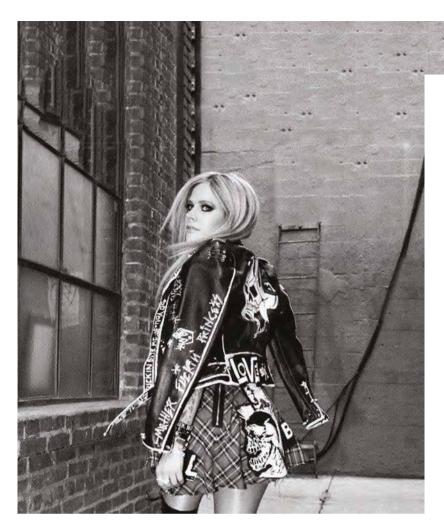








130 ellearabia.com ellearabia.com 131



Play

LOVE SUX BY AVRIL LAVIGNE

The Complicated and Girlfriend singer is back and how! Following the recent release of 'Love It When You Hate Me', childhoodfavorite Avril Laviane is back with her 7th studio album due to launch end of this month on February 25th. If the two singles are anything to go by, the album is going to be an infectious new obsession! Plus, Megan Fox's fiancé, aka Machine Gun Kelly is one of the collaborators!



WATCH See PLAY

FEBRUARY CALLS FOR A LITTLE LOVE (IT'S THE MONTH OF VALENTINE'S DAY AFTER ALL), SO WE HAVE PULLED TOGETHER DIFFERENT THEMES OF ROMANCE TO KEEP YOUR MONTH BOOKED IN - AND ADDED IN SOME NIT-ART YOU SHOULD LOOK INTO INVESTING.





OUR LOVE STORY

If you love love stories as we do, then this one's for you. Celebrating serendipity, the intervention of fate, the ups and the downs - and mostly the romance of it all, this podcast is all about that and then some with real-life couples narrating their story. Don't miss the 'Falling in Love After 64 Likes' episode - perfect for those new age couples!

Watch

LOVE IS BLIND - SEASON 2

Let's be honest, 2020 was a bummer minus the fact that Netflix graced us with Love is Blind and gave us something to talk about (remember the train wreck that was Jessica!?). Now it's time to get the popcorn ready and block off the weekend before Valentine's because season 2 is ready to drop! From the little teasers we can see, there are pods, confusing conversations and some more runaway brides.





See

FLAMENCO PASSION AT THE DUBAL OPERA

Keeping it red and passionate (especially after the success of their first show), Flamenco Passion is returning to stage early this month. Flowing with energy and flooded with a fusion of cultures, the artists will be merging the steps of Flamenco with Arabic music at the Dubai Opera.

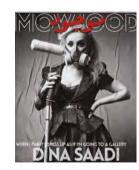
NFT ARTISTS TO LOOK INTO!

PRESS THE 'FOLLOW' BUTTON AND JUMP INTO THE WORLD OF NFTS WITH US (THAT'S NON-TANGIBLE TOKENS THAT ARE ONLINE-ONLY ASSETS LIKE DIGITAL ART, AVATARS, BRAND COLLECTIBLES AND MORE). HERE ARE SOME OF THE REGIONAL ARTISTS TO SHOW SOME LOVE TO!



KRISTEL BECHARA

From traditional canvas paintings to digital drawings, award Winning female Contemporary Artist Kristel Bechara is known as the first Middle East female artist to launch a NFT art series. At the heart of her work is always a colorful portrayal of femininity as she finds her inspiration in Frida Kahlo.



WALEED SHAH

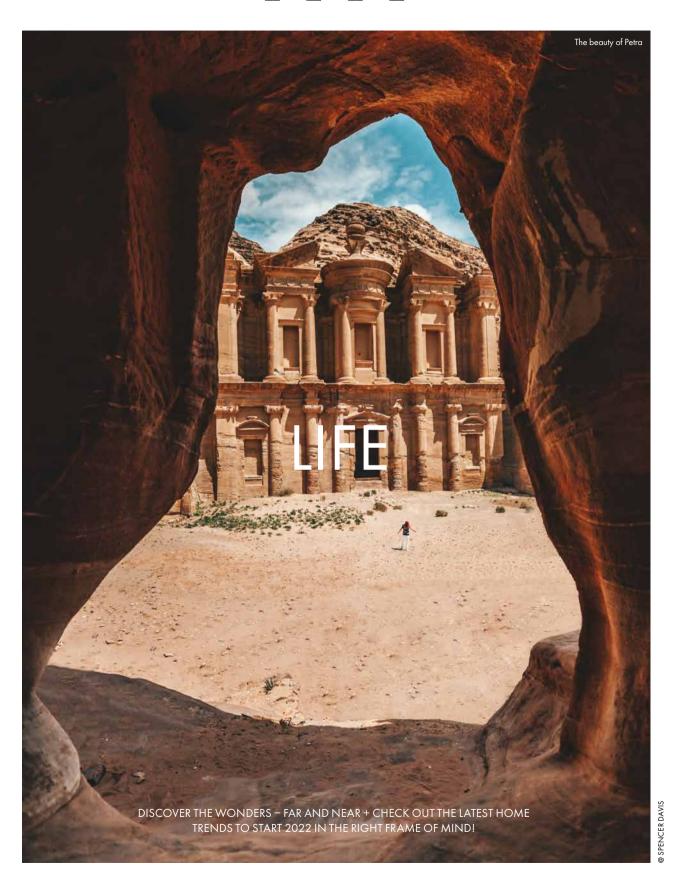
Dubai-based Waleed is a fashion photographer who started a project titled Mowjood in 2020, a series of pictures that he's now converted to NFT where to book a photo shoot with him, everyone must purchase a NFT from him, then the money goes to the real-life models in the pictures.



ABDULLA ELMAZ

A Creative Director, and photographer of many shoots for ELLE Arabia, creating surrealist, highly emotional series of images – Abdulla's work is a play on pop culture meets the modern world where he takes everyday objects and punctuates them onto fashion-themed interplays.

E L L E



PASTRY-MAKING through the SEASONS

Each month brings good news: the seasonal arrival of a fruit full of flavor. A craftsman at heart, the famous French pastry chef, Yann Couvreur, sculpts a tailor-made pastry centered on the respect of the seasonality of the products. Discover some gourmet excerpts from his latest book "My 12 seasons" (Solar Editions), selected specially for our ELLE readers. Don't forget your food scales and take out the toque!

> Photographed by LAURENT FAU; Styled by SARAH VASSEGHI; Recipes by YANN COUVREUR Compilated by VIRGINIE DOLATA & ESTEE JAILLON





WHO's WHO?

Yann Couvreur has become a big star in the Parisian pastry world, trained at the best restaurants such as Trianon Palace, the Carre des Feuillants or the Park Hyatt. Formerly head pastry chef at the luxury hotels Eden Rock Saint- Barthelemy, the Burgundy and then the Prince of Wales. At only 38 years old, he has already opened 5 pastry shops in Paris, 1 in London (Mayfair) and 1 shop in Seoul in November 2021. In his 4th and latest book "My 12 seasons" (Solar Edition), the chef has imagined 80 original recipes, based on seasons, combining respect for the products and the accuracy of the flavors. The creations of this magician of remarkable precision are definitively a must. Not to be missed!



LEMON Cake

FOR 8 PEOPLE THE CAKE MACHINE

54g butter 234g fine sugar 3a salt 3g yellow lemon zest 78g eggs 169g of flour 3g chemical yeast

155g 18% liquid cream MG THE SOAKING SYRUP 30g lemon juice THE ICING 20g lemon juice 70g icing sugar **LEMON POWDER** 1 yellow lemon

MAKING THE CAKE MACHINE Remove the cream so that it is at room temperature. In the batter bowl with the sheet, combine the butter with the fine sugar, salt and lemon zest until you obtain a homogeneous paste. Add the eggs, then the flour with the previously mixed baking powder. Add this mixture to the cream in 3 steps.

PREPARATION OF LEMON POWDER Wash the lemon, remove the zest, place it on a baking sheet and let it dry for 3 hours in the oven at 50°C. Mix and sift. Keep the powder obtained.

COOKING AND FINISHING Preheat the oven to 145°C. Pour the cake maker into a greased pan. Bake for 1 hour. After leaving the oven, lightly soak the different sides of the cake with lemon juice and let cool at room temperature. Mix the lemon juice and icing sugar and coat the cake with a layer of icing. Finally, sprinkle the top with lemon powder and bake the cake for 3 minutes at 160°C.

STAWBERRY Basil Puff Pastry

FOR 6-8 PERSONS **PUFF PASTRY**

246g oatmeal T45 + a little for the crust • 5g salt • 32g fine sugar • 37a butter • 10a baker's yeast • 123g (111g + 12a) milk • 147a dry butter (or

ALMOND CREAM

33a soft butter • 33a icina sugar • 33g almond powder • 0,4g potato starch • 20g of egg AGAR STRAWBERRY

135g fresh strawberries • 9g

fine sugar • 1.35g pectin 325NH95 • 2a agar-agar

LIGHT BASIL CREAM

164g of milk • 39g egg yolks • 28g fine sugar • 4g cornstarch • 8g flour T55 • 6g fresh basil • 5g gelatin mass • 51g cold liquid cream

THE FILLING

Strawberries gariguette de Plougastel

THE BACKGROUND

30g strawberries • Sprouts of dwarf basil 82

PREPARATION OF THE TEMPERA The day before, put the flour, salt, sugar, butter and yeast in a mixer with a hook. Mix for 20 minutes, then pour 111 g of milk and knead for another 7 minutes. Add 12 g of milk. Mix, controlling the temperature (22-23 °C). Form a ball of dough, loosely fold in half, then let rise for 5 minutes before placing in the refrigerator until the

TURNING On the same day, place the dough on the lightly floured work surface, place the dry butter on top and turn; give 1 double turn (fold each side to the center, then close both sides like a book) then 1 single turn (fold one side, the the other side on tope of that one), putting if necessary the falls between the folds of the last single turn. Let cool in the refrigerator for 20 minutes before rolling out the dough to 3 mm. Cut 1 strip of 52 cm in length, then place a circle of 16 cm in diameter and 6 cm in height previously greased. Collect the falls, form a ball and roll it down to 2 mm. Prick each side of the pike, then take 1 disc of 14 cm diameter and weld it to the dough strip in the circle.

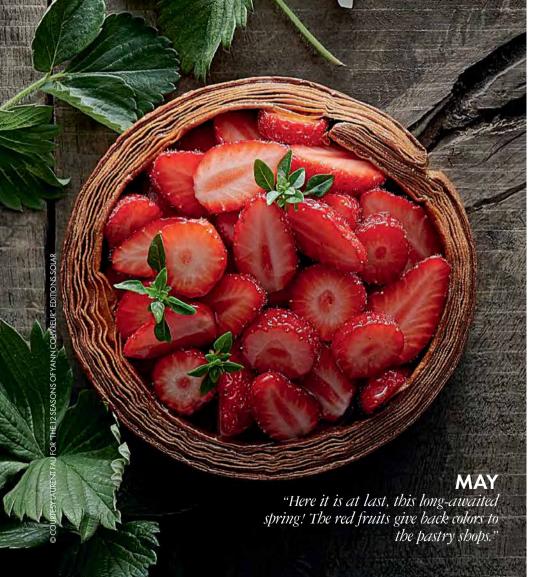
COOKING THE PIE BOTTOM Preheat the oven to 160°C. Place the pie on a baking sheet covered with a silicone baking mat. Line it with 3 layers of food film, fill it with rice (or ceramic beads) up to 1 cm from the edge, bake and bake for about 20 minutes. Remove the circle and let cool.

> CONFECTION OF ALMOND CREAM Put the soft butter and sifted icing sugar in the bowl of the mixer with the sheet. Stir in the almond powder and cornstarch and whisk until a smooth dough is obtained, adding the egg as you go. Film and set aside until ready to use.

PRODUCTION OF STRAWBERRY AGAR Heat strawberries and fine sugar to 40°C. Mix and keep only the powderlike mixture using a fine strainer, then add the pectin, bring to a boil and cook for 2 to 3 minutes. Pour the agar-agar slowly and cook for 30 seconds. Let cool completely before mixing until a smooth and shiny texture is obtained. Put in a pocket.

REALIZATION OF THE LIGHT CREAM WITH BASIL Bring milk to a boil in a small saucepan. Beat the egg yolks, sugar, cornstarch and sifted flour with a fork. Pour the warm milk over the fresh basil, mix, then strain over the strainer and pour the fragrant milk over the egg mixture. Return to the pan and cook for 3 minutes from the boiling point. Add the gelatin and stir until completely melted. Film on contact and let cool. Assemble the cold cream, smooth the pastry cream, then mix the two masses

ASSEMBLY AND FINISHING Preheat the oven to 160°C. Place a layer of almond cream on the bottom of the pie and garnish with Gariguette strawberries. Bake for 12 minutes. Let cool completely before garnishing with strawberry agar and light basil cream. Garnish with strawberries and basil shoots.



RED PLUM Tartlets

FOR 6 TARTLETS THE SWEET DOUGH

80g of soft butter • 50g icing sugar • 15g almond powder • 1 pinch of salt • 29g egg • 129g flour T55

THE GILDING

1 pinch of fine sugar • 1 egg yolk • 10g 35% liquid cream MG

HAZELNUT CREAM

33g soft butter • 33g icing sugar • 20g of egg • 33g hazelnut powder • 1 pinch potato starch THE FILLING Red plums

AGAR PRUNES

190g red plums • 10g fine sugar • 2a pectin 365NH95 • 2a agar-agar

LIGHT HAZELNUT CREAM

6g gelatin mass • 122g whole milk • 29g egg yolks • 32g fine sugar • 3a cornstarch • 6a flour T55 • 41a 35% liquid cream MG • 61g salted hazelnut paste (see recipe Merveilles p. 226)

THE NAPPAGE

24g water • 1g fine sugar • 1g pectin NH • 74g neutral nappina

THE BACKGROUND

Agar plums • Red plums

REALIZATION OF SWEET DOUGH In the bowl of a beater with the sheet, combine the soft butter and the sifted icing sugar until a cream forms. Add the almond powder, the salt, then the egg. Stir in the flour, working together as little as possible. Spread the dough between 2 sheets of parchment paper at 2 mm thick and harden for 10 minutes in the freezer. Cut 6 strips and the corresponding backgrounds with a 6 cm diameter cookie cutter and push 6 microperforated circles of 7 cm diameter into the douah. Return to the freezer for 10 minutes to harden the dough, then weld the tartlet bottoms to the sweet dough strips by cutting the excess to the edge of the circle with a small office knife. Let stand for 20 minutes in the freezer.

BAKING TART BOTTOMS Preheat the oven to 160°C. Place the tartlets on a baking sheet covered with a silicone baking mat. Bake in the oven for about 10 minutes. Remove the circles and let cool. Once the tart bottoms have cooled, brown them with a brush with the sugar-yolk mixture and cream. Bake for another 6 minutes in the oven at 150°C.

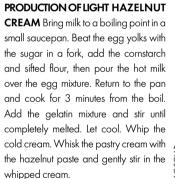
PRODUCTION OF HAZELNUT CREAM Put the soft butter and sifted icing sugar in the mixer bowl with the sheet. Add the egg, then the hazelnut powder and the cornstarch, and mix until you obtain a homogeneous paste. Film and set aside until ready to use.

PREPARATION OF PLUM AGAR Heat pitted plums and fine sugar to 40°C. Mix and strain, then add the pectin, bring to a boiling point

> and cook for 2 to 3 minutes. Pour the agar-agar slowly and cook for 1 minute. Let cool completely before mixing for 3 minutes in a blender plunging until obtaining a smooth and shiny texture. Put in a pocket.

PREPARATION OF THE NAPPAGE

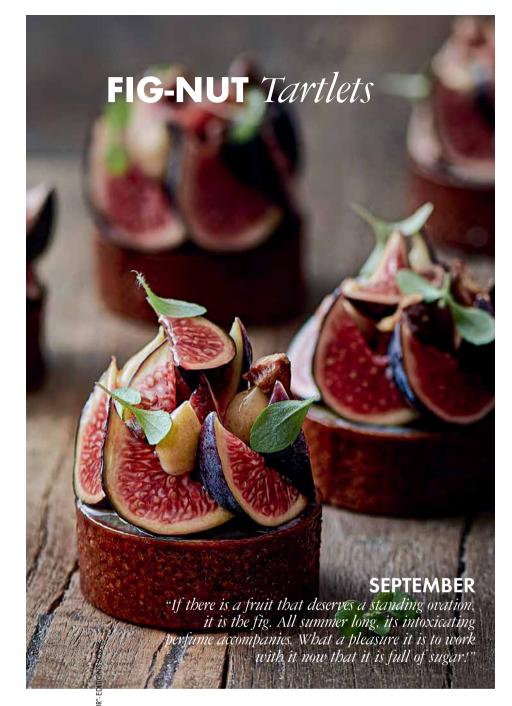
ASSEMBLY AND FINISHING



Bring the water to a boiling point and

pour the pectin slowly, mixed with the sugar. Boil for 3 minutes, add the topping, mix and turn off the heat in the first broth.

Preheat the oven to 160°C. Poach the cream of hazelnuts in the tart shells and add the chopped plums. Bake for about 8 minutes. Cool on a wire rack. Then apply the plum agar with a pouch, smooth with the light cream and arrange the plums cut into segments. Pour the topping into the tank of an air gun (or paint gun purchased from a hardware store) and spray the tartlets very lightly, then poach the tips of plum agar.



FOR 6 TARTLETTES THE SWEET DOUGH

80g of soft butter • 50g icing sugar • 15g almond powder • 1 pinch of salt • 29g egg • 129g flour T55

THE GILDING

1 pinch of fine sugar • 1 egg yolk • 10a 35% liquid cream MG

THE NUT PASTE

250g walnut kernels • 1.5g fine salt WALNUT CREAM

60g butter • 68g icing sugar • 40g egg • 68g almond powder • 7g potato starch • 56g walnut paste

THE FIG-HONEY COMPOTE

142g fresh figs • 7g chestnut honey • 1g pectin NH

WALNUT 'CREMEUX'

130a 18% liquid cream MG • 36g egg yolks • 16g fine sugar • 17.6g gelatin mass (see recipe Pear entremets p. 12) • 1g walnut paste • 1 pinch fleur de sel

THE FILLING

500g fresh figs from Solliès

THE BACKGROUND

20g fresh fig • Neutral Napping • Creamy with nuts • Roasted walnuts

• Sprouts of wheat cress

REALIZATION OF SWEET DOUGH In the mixer bowl with the sheet, combine the soft butter and the sifted icing sugar until a cream forms. Add the almond powder and salt, then the egg. Stir in the flour, working the dough as little as possible. Form a ball, film and refrigerate for 1 hour. Spread the dough between 2 sheets of parchment paper at 2 mm thick, then allow to harden in the freezer for 10 minutes. Using a 5.5 cm diameter cookie cutter, cut out the strips and corresponding backgrounds. Line the cool bands in 6 cm diameter microperforated circles. Set aside in the freezer for 10 minutes to harden the dough, then weld the pie bottom to the edges of the sweet dough by cutting the excess to the edge of the circle with a small carving knife. Let stand for 20 minutes in the freezer.

BAKING TART BOTTOMS Preheat the oven to 160°C. Place the tartlets on a baking sheet covered with a silicone baking mat. Bake in the oven for about 10 minutes. Remove the circles and let cool. Once the tart bottoms have cooled, brown them with a brush with the sugar-yolk mixture and cream. Bake for another 6 minutes in the oven at 150°C.

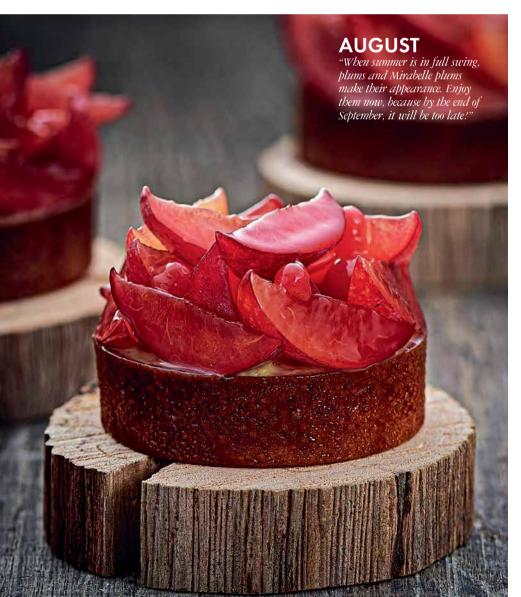
PREPARATION OF NUT PASTE Preheat the oven to 170°C. Spread the walnuts on a baking sheet and roast for 11 minutes. Let cool completely, then mix with the fine salt until a paste is obtained.

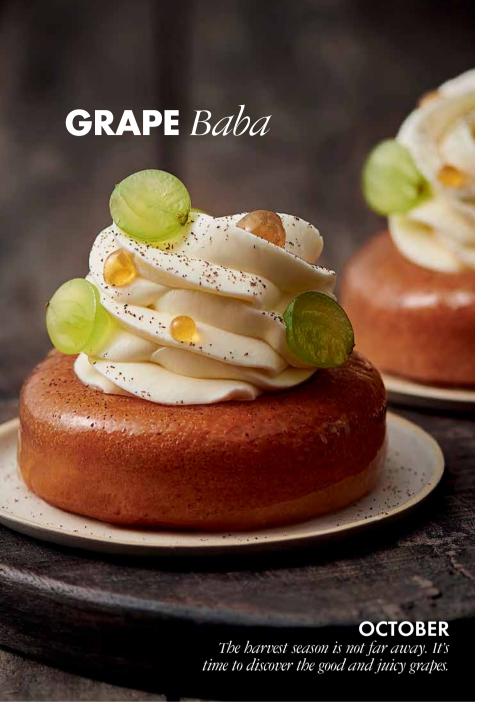
PREPARATION OF NUT CREAM Put the butter and the sifted icing sugar in the mixer bowl with the sheet. Whisk until cream is obtained, add the egg, almond powder and cornstarch, and to finish the walnut paste. Film and set aside until ready to use.

PREPARATION OF NUT CREAM Put the butter and the sifted icing sugar in the mixer bowl with the sheet. Whisk until cream is obtained, add the egg, almond powder and cornstarch, and to finish the walnut paste. Film and set aside until ready to use.

PRODUCTION OF FIG-HONEY COMPOTE In a saucepan, cook figs, honey and pectin at 100°C, mix and let cool to 10°C. Refrigerate until ready to use. HOW TO MAKE CREAMY WALNUTS Heat the cream. In a deep bowl, whisk the eaa volk and sugar until the mixture whitens. Pour over the cream, mix and bring to a boiling point. Stir in the gelatin and stir until completely melted, then add the walnut paste and fine salt. Mix in a dipping mixer to homogenize the 'cremeux', film on contact and keep cool.

ASSEMBLY AND FINISHING Preheat the oven to 160°C. In the tartlet bottoms, spread a layer of walnut cream and add the fresh cut figs. Bake for about 8 minutes. Let cool. Melt the coat and pour it into the tank of an air gun (or paint gun purchased from a hardware store). Place the honey-fig compote on the tartlets with a pouch, then the 'cremeux' walnut sauce, which has been loosened with a whisk, and smooth thoroughly. Place four-cut figs and segments on top, coat with a spray gun, poach creamy tips and finish with roasted walnut kernels and honey cress shoots.





THE BABA PASTE

100 a flour T55 • 1 a salt • 4 a baker's yeast • 4 g of honey • 110 g eggs • 31 g butter

THE SOAKING SYRUP

769 g of water • 154 g of fine sugar • 77 g rum

THE GRAPES

50 g of raisins • 50 g of water • 12 g of fine sugar

MILK RICE PUDDING

71 g round rice • 202 g whole milk • 177 g (101 g + 76 g) 35% liquid cream MG • 47 a of fine sugar • 3 vanilla cloves

THE GEL

205 g water • 68 g muscovado • 2.5 g pectin 365NH95 • 3 g agar-agar

THE NAPPAGE

66 g of water • 22 g lemon purée • 3 g fine sugar • 3 g

 206 g neutral napping **VANILLA WHIPPED CREAM** 250 a 35% liquid cream MG • 1

vanilla clove • 12 g icing sugar • 25 g mascarpone

THE BACKGROUND

Vanilla powder • Fresh grape

MANUFACTURING OF THE BABAS The day before, combine the sifted flour, salt and yeast, as well as the honey, in a mixer fitted with a hook. Gradually add the eggs until the dough detaches from the walls of the tank. Finish with the butter and continue kneading until the mass detaches from the tank: once finished, the dough must be at 24°C. Divide it into 6 cm diameter silicone molds at 30 g. Film the molds and let rise for 2 hours and 30 minutes at 22°C.

MANUFACTURE OF SOAKING SYRUP FOR BABAS Bring the water, sugar and rum to a boiling point. Let cool.

BAKING AND SOAKING BABAS Preheat the oven to 180°C. When the babas have risen. place in oven and bake for 15 minutes at 180°C. then for 10 minutes at 160°C, and for another 10 minutes at 140°C. Take them out and let them cool before removing them from the oven on a wire rack. Place the babas in the syrup and let them soak for at least 12 hours.

PREPARATION OF THE GRAPES The same day, bring the water and sugar to a boiling point. Add the grapes, mix well and let them swell in the refriaerator for 2 hours.

PREPARATION OF RICE IN MILK Bring a large volume of water to a boiling stage, add the rice and cook for 10 minutes. Drain. Bring milk to a boiling point with 101 g of cream, fine sugar and scraped vanilla clove. Add the drained rice and cook over low heat until creamy. Let cool, then gently stir in 76 g of cream and drained grapes. Set aside in the fridae.

COMPLETION OF THE GEL In a saucepan, heat water with muscovado sugar to 40°C. Add the pectin and agar-agar slowly and boil for 30 seconds. Let cool completely before mixing in a dipping mixer. Mix until a smooth and shiny texture is obtained. Put in a pocket.

PREPARATION OF THE NAPPAGE Bring the water and lemon puree to a boiling point, then pour the pectin that was already mixed with fine sugar slowly. Bring to a boiling point, add the topping, mix and turn off the heat in the first broth.

PRODUCTION OF VANILLA WHIPPED **CREAM** Place the cream in the mixer bowl with the whisk and the vanilla bean split in half and scraped. Mix with the Thermomix and switch to Chinese. Whip the vanilla cream with the icing sugar and mascarpone at the last minute.

ASSEMBLY AND FINISHING Heat the topping to about 60°C. Drain the babas, then cut them flat at the base. Coat them with hot topping and garnish the center three-quarters with milk rice. Poach a rosette of whipped cream on top, sprinkle with vanilla powder with a colander, and garnish with rum gel tips and fresh grape berries.

CHOCOLATE Eclairs

FOR 8 ECLAIRS CABBAGE PASTE

68g milk • 68g of water • 30g butter • 30g grape seed oil • 2g salt • 75g flour T55 • 12g cocoa powder • 114g whole

STREUSEL CHOCOLAT

24g flour T55 • 2g cocoa powder • 1 pinch baking soda • 17g of soft butter • 16g of brown sugar • 1 pinch fleur de sel **CHOCOLATE SHELLS**

150g dark chocolate 64% THE CREAMY CHOCOLATE

CHEESE 30g egg yolks • 170g 35%

liquid cream MG • 70g milk chocolate 40% • 30 g dark

chocolate 64% • 10a aelatin mass (10a aelatin powder, 60a of water) **GANACHE MONTE E AU**

CHOCOLAT NOIR

43a 35% liquid cream MG • 5a glucose • 5g Trimoline® (invert sugar) • 2g gelatin mass (10g gelatin powder, 60g of water) 49g dark chocolate 64% • 117g cold liquid cream

CHOCOLATE ICING

20g water • 40g sugar • 40g alucose • 30a sweetened condensed milk • 20g gelatin mass (see recipe Pear entremets p. 12) • 10g dark chocolate 64% • 30g milk chocolate 40% THE BACKGROUND Fine milk chocolate chips

MAKING THE PASTE Heat the milk, water, butter, oil and salt in a saucepan. As soon as the boiling point is reached, add the sifted flour with the cocoa powder out of the heat and mix with the spatula until a homogeneous paste is obtained. Dry for 1 minute over medium heat. Place the result in the batter bowl fitted with the foil and rotate for 10 minutes at slow speed until completely cooled. Stir in eags one by one and knead until smooth. Place the pastry dough in a 12 mm socket pouch, then fill 8 rectangular 12 cm by 3.5 cm moulds until mid-height. Film and let harden for about 1 hour

PRODUCTION OF STREUSEL CHOCOLAT Mix all the ingredients until they are almost agglomerated and pour them on a baking sheet. Bake for 20 minutes at 160°C. Remove from oven and let cool completely.

PRODUCTION OF CHOCOLATE SHELLS Crush the milk chocolate in a bowl and melt in a bain-marie at 45°C. Pour the melted chocolate into 8 flexible 12 cm by 3.5 cm silicone molds. Turn the molds over to eliminate excess: the shells must be very thin. Set aside the shells.

CHOCOLATE CREAM CONFECTION Whisk egg yolks. Bring the cream to a boiling point and pour over the previous mixture. Whisk together and cook at 83 °C. Pour over the chopped chocolates, then stir in the gelatin mixture until completely melted. Mix to homogenize the creamer, film on contact and keep cool for 2 hours. Poach the cream directly into 8 molds and set aside for 2

> hours in the freezer. Keep the extra cream aside for assembly.

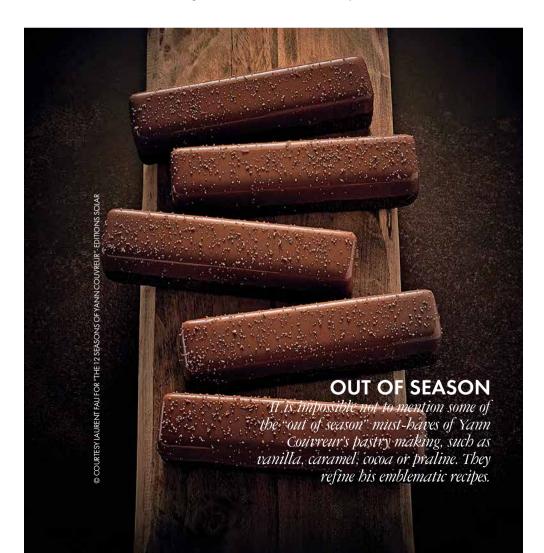
> PRODUCTION OF CHOCOLATE **GANACHE** Bring the cream to a boil with the glucose and Trimoline®, add the gelatin and mix with a dipping blender. Pour 3 times over the dark chocolate while continuing to mix. Add the cold cream. Mix and let set in the refrigerator for 2 hours.

MAKING THE CHOCOLATE GLAZE

Combine the water, sugar and glucose syrup in a saucepan and heat to 102°C. Add the condensed milk and gelatin. Mix, then pour over the crushed chocolates in a bowl. Mix to obtain an emulsion. Set aside in the cold.

MAKING OF ECLAIR Preheat the oven to 190°C. Remove the paste rectangles from the freezer and place them in greased rectangle molds on a silpain, cover with another silpain and then a baking sheet. Bake for 30 minutes. Unmold the eclairs at the exit of the oven, cut them 1 cm high with a slider and then open them in half. Place them on a rack

ASSEMBLY AND FINISHING Whisk together the chocolate ganache. Fill the molds containing the shells, add an insert to each mold and smooth thoroughly. Unmold and glaze. Garnish with creamy sauce. Glaze and decorate with fine milk chocolate chips before placing a shell on top.



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Life upfront

Pestle &

Mortar, Tom

Dixon

Destination: **FASHIONABLY COMFORTABLE**

As we once again set out slowly but surely across new horizons, we're seeking out practical and chic travel items, and the iconic 101801 coat by Max Mara is exactly that. Since its launch over 40 years ago, it remains a modern classic, and now comes in a new iteration: the 101801 Light made out of the same techno-luxe jersey that comes in a wide range of colors.





Table, Luxe

Edition, Skyline

MARBLE & METAL

The elegance and strength of marble and metals in the home is a top trend this year, according to Lama Al Awa, Head of Interior Design at Al Huzaifa Design Studio. "Marble is making a modern comeback. Traditionally confined to bathroom or kitchen interiors, marble has had a reboot and comes with a twist, focusing on small doses and accent pieces rather than big pieces that'll overwhelm the eye." Whether combined with marble or alone, metals - silver, bronze, and gold alike - make a statement. "2022 is going to be the year of metallics. No, we're not talking single tone metal sheen; this trend encourages instead a dazzling mix of complementary tones from both warm and cool sides of the spectrum. Try combining one of Al Huzaifa's modern marble dining tables with the gold Leo Dining Chairs, for example."





Market Place...STATEMENT TRAYS

Whether you're inviting that certain someone special this month of love, or a group of friends – now more than ever we're in the mood to host, catch up, chill and serve up on gorgeous trays..



Painted Metal Tray, Les Ottoman



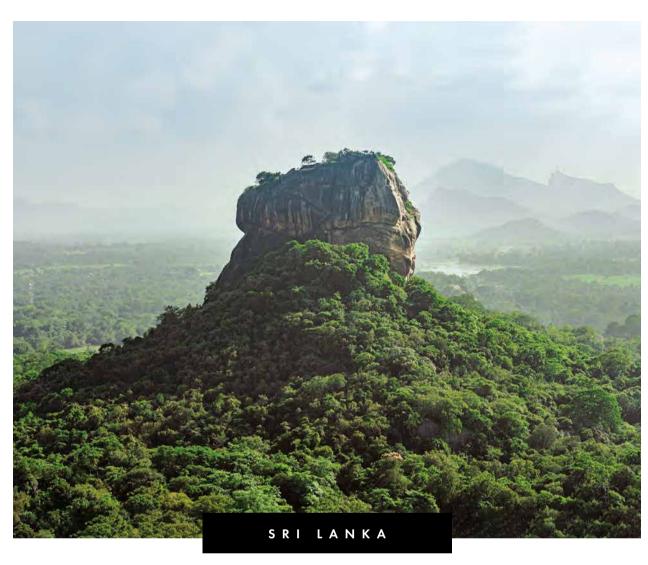


Castello





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FOR A ROMANTIC VALENTINE'S DAY GETAWAY, SRI LANKA OFFERS A LEVEL OF LUXURY AND A CERTAIN UNFORGETTABLENESS THAT IS ALMOST IMPOSSIBLE TO FIND ELSEWHERE

itting under the shade of a palm tree, coconut in hand, surrounded by beaches, national parks, temples, and mountains; Sri Lanka is a mostdefinite paradise. Known for its enviable weather and world's most beautiful hotels, it can be hard to fight the temptation of squeezing too much in. For an unforgettable escape that is filled with just-the-right-amount of adventure, culture, and wellness, here's our perfect itinerary worth considering...

The infamous 7-hour train ride from Kandy to Ella will be one of, if not the, highlight of your trip. Gazing out of the iconic open windows, you will see Sri Lanka for everything that it is; endless green landscapes, mountains, tea plantations, wildlife, rainforests, and waterfalls. Don't be afraid to hop off at any of the stops along the way!

Say ayubowan (hello) to a romantic getaway of dreams from the beautifully crafted chalets of 98 Acres Resort,

nestled in the hills of Ella. Enjoy your locally-made morning cup of tea from the private plunge pool overlooking the stunning landscape, before heading to some of Ella's top attractions which are within easy reach: Little Adam's Peak, Ella's Rock, and Nine Arch Bridge. Around a 20-minute tuktuk ride from the resort, Sri Lanka's second highest waterfall, Diyaluma Falls, makes a great day trip. Once you hike to the top, swim in the natural infinity pools, climb the rocks, and admire the views from 220 meters up! Understandably you will want to spend at least a few nights in this paradise. But don't forget to experience the best of the country's ancient culture in the city of Anuradhapura, with majestic temples, sacred pools, and the 2000-year-old Bodhi tree. Before you leave, head south to see some of the beautiful beaches Sri Lanka has to offer. Home to the famous palm tree swing, Wijaya Beach is picture-perfect with pristine white sand and idyllic scenery.

WHATT000

Climb Sigiriya Rock a.k.a Lion Rock. This enormous rock is one of the country's most famous landmarks and one of the eight (!) UNESCO World Heritage Sites in Sri Lanka.

Eat

Some of the best food in Sri Lanka can be found on the street or in locals' homes. Wherever you are, you won't struggle to find gastronomical delights. The Kandy House is a great place to enjoy Sri Lankan dishes in a serene environment beside a shimmering pool.

Stay In need of a detox? The heavenly Santani Hotel in the Kandy region is the ultimate yoga wellness retreat with inspiring scenery and private sanctuaries. It was voted one of the 'Greatest Places in the World' by TIME.



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THE LOWDOWN

The St. Regis Almasa located in the New Administrative Capital of Egypt opens its doors next month and is poised to become the best address in the heart of the up-and-coming city, which is slated to be the new face of Cairo and the administrative and financial hub of Egypt. Offering 270 rooms, 90 suites, 60 apartments and 14 villas - all featuring a private balcony overlooking the pool and surrounding lush green landscape - the hotel features the brand's signature Butler Service, which offers around-the-clock anticipatory service and customizes each guest's stay. For those traveling to Egypt for business, The St. Regis Almasa boasts a 42,000-square-foot convention center that hosts official government conventions and events, as well as official foreign presidents' and delegation visits. The Convention Center includes 3 ballrooms with separate entrances, dedicated bridal suites, 9 meeting rooms and six VIP lounges with access to a private restaurant. It also features The Summit Hall, which is renowned for hosting heads of states, and Teatro Al Assema, a state-of-the-art spectator venue. The hotel is also situated a short distance from Egypt's ministerial district and the new Arts and Culture hub which is home to the Grand Opera House, Egypt's Capitals Museum and the Capital Library.

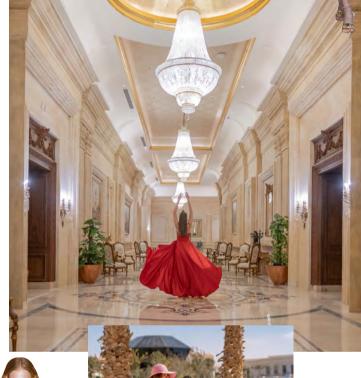
REST & RELAX

For those heading to Egypt for an escape, the hotel has everything needed for unparalleled family time. Savor Italian cuisine at La Sponda, the flavors of the Middle East at Al Khedewy or enjoy the St. Regis brand's signature Afternoon Tea ritual at Café Royal. For leisure activities, the hotel has indoor and outdoor swimming pools and an artificial beach with waves. Head to the Trio Club House, an exquisite retreat housing a luxurious spa for some personal pampering; there are holistic treatments, a Moroccan Hammam, sauna and steam rooms and a fitness center. Want to head out? The vibrant new center of arts and culture is also home to the Grand Opera House, and not too far away are the iconic Pyramids!





LOCATED IN THE HEART OF THE NEW ADMINISTRATIVE CAPITAL. THE HOTEL HERALDS A NEW ERA OF TIMELESS ELEGANCE AND GLAMOUR IN THIS EXCITING NEW DESTINATION

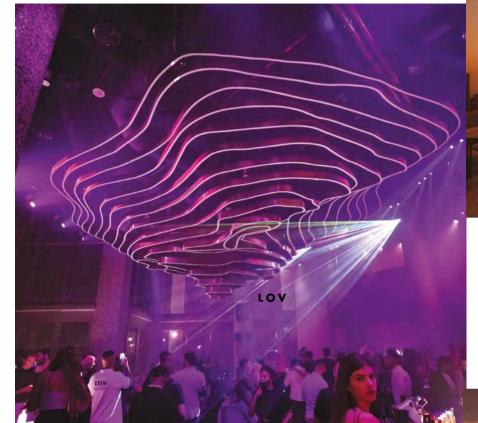




Flats, JW Anderson

Sunscreen Cream Broad

Spectrum SPF 50, Sisley-Paris





"LOCATED IN THE DOWNTOWN DISTRICT, THE IMPRESSIVE 75-STOREY TOWER MAKES SLS DUBAI ONE OF THE TALLEST HOTELS AND RESIDENCES IN THE REGION AND COMES WITH INCOMPARABLE 360-DEGREE VIEWS OVER THE CITY, WITH UNOBSTRUCTED VIEWS OF THE ICONIC BURJ KHALIFA."

Must-Visit: THE HIGHEST CLUB

THE LOWDOWN

What better way to let loose then to party in the sky! One of the highest nightclubs in the world, Privilege, has recently opened on the 75th floor of the SLS Dubai Hotel. Framed by glass, the club has an indoor-outdoor feel. The lounge and nightlife venue features a breathtaking 360 view of the city and several infinity pools that take you to the edge...

THE EVENTS

Hosting a series of tempting nights, turn up the volume and get ready to celebrate: Thursdays it's Cloud 9 at Privilege as Ibiza Global Radio broadcasts live from the club; Friday evenings see the club transform into a Hip Hop and R&B haven; and on Saturdays join DJ Slim and his unmissable set.

THE OFFERINGS

An indulgent menu awaits at this sleek and stylish sky-high club. Slip seamlessly between dinner and late-night, high-altitude, energy sipping on signature cocktails and enjoying a dish to ease you into the evening, such as the Wagyu Short Rib Bao, or the Crispy Tuna Taco. Moving onto the main event, dive into the decadent Lobster Thermidor, or the wonderfully rich Truffle Burger.





ARIES

20 MARCH - 19 APRIL

Your working life moves up to the next level now, which means that there is more to deal with, and it all moves a lot faster; you need to concentrate. The work itself is relatively easy, but the personal politics are a minefield. Someone who first appears to be a mentor and facilitator, helping you settle in, may actually be a rival. And if that wasn't enough, there is obvious personal chemistry between you. Be very careful.



TAURUS

20 APRIL - 20 MAY

Even when you have decided that something is okay, you still like to let the idea settle for a while before you act on it; so when a friend pushes you into making a move right now, rather than waiting for some unspecified future moment, you are surprised. Actually, this is a good thing, because waiting would only have given you more time to change your mind. This way, it's done, and there's no going back.



GEMINI

21 MAY - 20 JUNE

Are you sure you know what you signed up for? It might be a good idea to look ag at the end of last year. If all seems well, then fine; but if your circumstances have changed then you have just enough time in the next few weeks to make adjustments or cancel the deal. Don't just wave it aside and promise to get round to it later; life is about to get busy, and you might forget.



CANCER

21 JUNE - 21 JULY

It's best to leave a small space between ending one thing and starting another - but sometimes you have no control over the timing of events. At the start of February you may find yourself in the uncomfortable position of having to be in two places at once. Make excuses, if you have to - but be sure to finish the old before starting the new, no matter how tempting it may be to do it the other way round.



LEO

22 JULY - 22 AUGUST

Although you are at your best when working independently, you may find it useful now to become part of a team, perhaps even joining up with people whose views you have previously opposed. This isn't giving in, it's just allowing yourself to see the situation from their viewpoint, and letting someone else take all the strain of the big decisions for a while. When the time is right, you can step out on your own again.



VIRGO

23 AUGUST - 22 SEPTEMBER

Your emotional responses are getting in the way of decisive action. You want to say yes or no, but annoyingly your heart says otherwise. Perhaps the message here is that this situation is not one which can be precisely cut and measured; emotions are stretchy and flexible, and can snap back when you least expect them to. Unfamiliar territory for you, perhaps, but one you should explore rather than try to ignore.



LIBRA

23 SEPTEMBER - 22 OCTOBER

You seem to have lost your forward momentum. It may be that where you are is comfortable and relatively stressfree, or perhaps you have become attached to where you are and the people you are with. But nonetheless, you can do much better, and there are opportunities just waiting for you. Perhaps you need someone to take your hand and lead the way. If so, this month will provide exactly that.



SCORPIO

23 OCTOBER - 21 NOVEMBER

There's a big seduction scenario going on here. You may think that you are making all the moves and controlling the situation, but the other person is well aware of what is going on, and more than willing to play the game. You could find yourself breaking certain selfimposed rules about not getting deeply involved; it's okay, you think, you know what to do, you've been here before. Quite true, you have.



SAGITTARIUS

22 NOVEMBER - 20 DECEMBER

At last, you can put some of your plans into action. Your ideas are often bigger than your finances, but this month brings new hopes and encouragement: a friend willing to share the cost, or a friendly bank manager who will extend a loan. Neither of these on their own will provide all you need, but they are signs that the overall tide of fortune has turned in your favour. Be brave, then, and launch your new ventures.



CAPRICORN

21 DECEMBER - 19 JANUARY

When you finally get something you have been longing for, it feels great. But how does it feel a few months later? Does it still give you pleasure, or do you need something else to aim towards? The next few weeks will make you look long and hard at what you've got, sorting it into what you want, what you like, what you need, and what you don't. You'll be surprised at how much is in the last category.



AQUARIUS

20 JANUARY - 18 FEBRUARY

There is a seriousness to your mood this month which is untypical of your character. Perhaps you are very aware of important decisions you are about to take. You may also feel the need to revisit certain issues that you thought you had left behind you, to make sure that you have really moved on. There is no need to be fearful, in either case: you are doing the right thing, and a brighter future awaits you. Be happy.



PISCES

19 FEBRUARY - 19 MARCH

The next few weeks may seem to be more about closing doors than opening them, and that will worry you. You like to keep your escape routes open in case you need them; if doors are closing, you feel trapped. Actually, it's not like that. Narrowing the range of options open to you creates a stronger current, a flow of events which will carry you forwards - and more importantly, prevent you from taking a wrong turn.

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Last word



Her Inspirations

For artistic inspiration, after filmina I used to reward myself with a flight to a destination that would inspire me a lot. This was my ritual before the pandemic. Every country had its impact on me. Now books and music are my biggest source of inspiration. Coffee shops and libraries, too!

Her Healthy Menu

Everything I eat is healthy. It became a lifestyle over 15 years ago. I'm a fan of super foods, and anything that involves avocados or sweet potatoes. But apart from that, my mother's homemade food is the best. (Mjaddara, beans and rice, kafta in the oven) I have one cheat dish: French fries! Simple.



Her Book-to-Screen Goals

I would bring the book "Me Before You" to the screen as an actress. I read the book in 2016 and it had a huge impact on me and a couple of months later the movie version was released. I would love to play the Lebanese version of "Louisa Clark", with a twist of course. As a director, I would bring "10 $\,$ Minutes 38 Seconds in this Strange World" by Elif Shafak to the screen.





ZEINA **MAKKI'S** Crushes

THE KUWAITI-BORN, LEBANESE FILMMAKER AND ACTRESS WHOSE LATEST SERIES 'SHATTI YA BEIRUT' IS OUT NOW, SHARES A FEW OF HER FAVORITE THINGS...



Her Hair & Makeup Routine

I usually focus on the eyes and I keep everything super simple. I like to define my naturally long lashes so I use Diorshow Mascara from Dior. And if I feel like adding a little bit of an edge to my look I use Dior's Diorshow On Stage Liner. My favorite lipstick is actually a lip pencil from MAC called "soar". I never change it. I love my skin bare, but a little bit of peachy tint on my cheeks doesn't hurt so I use the Liquid Blush Palette from Make Up For Ever. For my hair, I change shampoos a lot. I've been using Tara Shampoo and Conditioner lately. I take good care of my hair so I also use the Leave In Conditioner from Tara, Daytime Hair Serum and Nutritive Night Serum from Kérastase.



Her Skincare Routine

Luse "Sensibio H2O Cleaning Micellar Solution" from Bioderma before washing my face. I wash my face with Vitamin E Facial Wash from The Body Shop and use the Tea Tree Clean Scrub from the Body Shop twice a week. I also never, ever sleep with makeup on!



Her Favorite Spas

I take myself on getaways from time to time. Also, I'm a huge fan of deep tissue massages. But I usually do that when I travel and have plenty of free time. My two favorite spas are located in Dubai. One is in the Versace Hotel and the other one is in Rixos.JBR.



Her Sports & Fitness

I haven't worked out in a long time due to my shooting schedule but I had started calisthenics a year ago. I love sports! I'm planning on learning something new and challenging this year, probably surfing. Or continue what I learned last year: motorcross!





LOUIS VUITTON