ARABIA

## MEET THE *Breidys*

RYM SAIDI AND WISSAM BREIDY MAKE US BELIEVE IN HAPPILY EVER AFTERS



# LET'S BEGIN.

ALL YOU NEED TO HELP YOU KICKSTART THE NEW YEAR IN FINE FORM



# LOUIS VUITTON





1

LIF

 $\mathbf{\Lambda}$ 

AUTOMATIC

Ð

7

5

HUBLOT BOUTIQUES THE DUBAI MALL | MALL OF THE EMIRATES SEDDIGLOOM

#### **BIG BANG ONE CLICK**

18K King Gold case set with diamonds. Self-winding movement. Interchangeable strap using patented One-Click system.

2

# E L L E



Editor-in-Chief DINA SPAHI Fashion & Beauty Editor DINA KABBANI

Senior Art Director T PRASADAN *Photo Editor* GEORGES DAHER Copy Editor MIRA KHOURY

Contributors SWATI JAIN, ODELIA MATHEWS, TAMARA WRIGHT

Editor In Chief Digital NADA KABBANI Content Editor HANANE MERHEJ Fashion & Celebrity Digital FIDA RAMADAN Fashion & Beauty Digital MYRIANA JBEILY AOUN Lifestyle Digital ROULA MAALOUF, LOUBNA FAWAZ Graphic Designer Digital ELSA MEHANNA Social Media ABIGAIL JOSEPH

For Advertising PATRIMONY MEDIA Z LLC Brand Director HASSAN EL SAMAD

ELLE ARABIA / PATRIMONY MEDIA FZ LLC Dubai Media City, Zee Tower, Office 403, Dubai, UAE E-mail:info@ellearabia.com

> C.E.O RANY OHANESSIAN Publisher VALIA TAHA Financial Director KHUSRO AZIZ Assistant PETREESHYA CHLLENGAT THAZHE

Printing UNITED PRINTING & PUBLISHING



CEO: Constance Benqué, CEO ELLE International Licenses: François Coruzzi, SVP/International Director of ELLE: Valéria Bessolo Llopiz Fashion Editor: Charlotte Deffe; Beauty & Celebrity Editor: Virginie Dolata; Syndication Director: Marion Magis; Syndication Coordinator: Johanna Jegou Copyrights Manager: Séverine Laporte; Database Manager: Pascal Iacono; Digital & Graphic Design Director: Marine Le Bris Marketing Director: Morgane Rohée; www.elleinternational.com International Ad Sales House: Lagardere Global Advertising, SVP/International Advertising: Julian Daniel, jdaniel@lagarderenews.com

Trademarkn notice: ELLE® is used under license from the trademark owner, Hachette Filipacchi Presse, a subsidiary of Lagardère SCA.



of Nature..

34 NEW HORIZONS

of Neom the creativity

shines ever brighter

on a sensorial journey

**FEATURES** 

60 MIND & BODY

unapologetically.

**64 GREEN TALKS** 

sustainable choices.

ever afters

#### **EVERY MONTH**

6 EDITOR'S LETTER Editor-in-chief Dina Spahi on making the best of it all...

8 UPFRONT Stay up to date on matters of fashion, film and fun

LAST WORD 152 Let's begin the New Year in grand style with "anything-but-basi black & white. And a touch of aold never hurt!

### RADAR

RADAR 13 Our editors' picks of the latest trends for fashion & accessories

16 TRENDS: FASHION We're loving cozy separates and Celestial Vibes

**18 DESIGNER OF DREAMS** Get swept away in the beauty, craftsmanship and history of Dio at the restrospective in Doha + exclusive interview with Maria Grazia Chiuri

26 TRENDS: ACCESSORIES Spotlight on Monochrome Magic and Winter Woolies

**28 HIGH CRAFTSMANSHIP** Meet Barnaba Fornasetti, under whose artistic direction the Milanbased design company is scaling new heights while staying true to its legacy

32 IN CONVERSATION WITH:

talks to Elle Arabia about her

fascinating role and her love

VICTORIA REYNOLDS

FASHION

Tiffany & Co's Chief Gemologist 68 THE HEART OF THE CITY For the Dior Cruise 2022



The COVER Rym Saidi in Tiffany & Co. jewelry, Dress by Rami Al Ali Photographer: Fouad Tadros Stylist: Jade Chilton Fashion Assistant: Monique Spearman Hair Stylist: Betty Bee Makeup Artist: Manuel Losada Location: The Edition Hotel, Dubai







affair with gemstones, the legacy of the brand, and the newest Blue Book Collection: Colours

Against the stunning backdrop

emerging from Saudi Arabia

44 IN CONVERSATION WITH: CAROLINE SCHEUFELE The Artistic Director and co-president of Chopard takes us

48 MEET THE BREIDY'S Rym Saidi and Wissam Breidy make us believe in happily

56 AN INSPIRED WOMAN As Charlize Theron savors her motherhood, she breaks barriers on and off screen, aiming to change mentalities.

Three inspirational women who lead by example share their top tips, secret escapes, visions and goals for women who, like them, dare to think differently and embrace their feminine genius,

Meet the female entrepreneurs paving the way for more

collection, ancient Athens serves as inspiration for Maria Grazia Chiuri

#### 76 CABLE GIRL

This season's crop of knits satisfies our cravings for all things cozy

84 THE AGE OF TOMORROW Shape shifting into the future, Maeva shows us how to master the modern iconic styles

90 SHADOW PLAY When the Moon is out. The Party is On

96 CREAM OF THE CROP Soft and sensual hues and textures are exactly what we're dreaming of this seasor

#### BEAUTY

**104 FOUNTAIN OF YOUTH** Elle Arabia talks to the team behind Guerlain's exceptional new Orchidee Imperiale Cream

**106 THE NEW ESSENTIALS** Elle International Beauty Awards: The Most exciting and coveted products revealed

112 SWEET SALVATION Peter Philips, Creative and Image Director for Dior Makeup, on why the new Rouge Dior Lip balms are hard to resist

114 A NATURAL INSPIRATION It's Here! The groundbreaking No 1 de Chanel anti-ageing skincare line explained...

### CULTURE

122 WATCH SEE PLAY Start the month off on the right note with our guide on the hottest and most buzzworthy happenings and showings of the moment

#### 124 SNEAK PEEK

We talk to the stars of Perfect Strangers, the first Arabic Netflix film and one of many Arabic screenplay adaptations to come in 2022.

#### 126 SNAPSHOTS

The award-winning multimedia artist and Director Maya Sanbar dishes to Elle Arabia about her inspiring animated short film Footsteps On The Wind

#### LIFE

130 DESTINATIONS Travel back in time and explore the unmissable historic sites of Petra, Jordan

132 LIFE UPFRONT The latest home, food, and travel trends this month

#### 136 EMPIRE ON THE RISE

Karim Molyneux-Berry on his passion for desian, his mother's legacy, and the home trends for 2022

138 ASTRO SPECIAL

Our 14-page supplement on what the year holds for us

## EDITOR'S LETTER



Left: Celebrating the art of fashion - Dior's Designer of Dreams Exhibition in Doha. Above: When heritage, craftsmanship & ingenuity collide! The magical world of Fornasetti

# MAKING the BEST of IT ALL

#### Dear Readers,

Resiliency in the face of obstacles, beauty in the face of hardships, and creativity in the face of uncertainty. These are the precious lessons learnt over the course of the last few years, and the lessons and experience that will provide the wind beneath our wings as we continue onward and upward. This New Year issue is positively packed with a celebration of the finest; the finest research and raw materials in Beauty, the finest design and sustainability ethos in Fashion, the finest craftsmanship and savoir faire in Jewelry, the finest destinations 'for

a much-needed break' in Life, the finest books, movies and music in Culture, and above all the finest examples of women who continue to work hard and play hard to make a difference! We hope you find inspiration in these pages, and wish you a wonderful 2022 ahead....

● 🗗 🏾 🕲 dina.spahi@ellearabia.com

Υ,

# *Inspivation* by DESIGN

WE'RE GOING TO NEED ALL THE HELP WE CAN GET IN ORDER TO START OFF THE NEW YEAR ON THE RIGHT FOOT FITNESS WISE, SO WE'LL BE INVESTING IN CLOTHES AND GEAR THAT LOOK AS GOOD AS THEY PERFORM!





Roundneck T-Shirt, Fendi; 2. Shoe, Isabel Marant; 3. Swimsuit, Versace; 4. Bike, Hermès © Studio Rouchon;
Dry Things Recycled-Nylon Pouch, Anya Hindmarch; 6. Sunglasses, Dior; 7. Backpack, Gucci X The North Face.

Upfront







THE ABCS OF STYLE COME COURTESY OF **CHOPARD'**S EMBLEMATIC HAPPY DIAMONDS COLLECTION WITH ITS NEW SERIES OF ROSE GOLD PENDANTS COMBINING DANCING DIAMONDS WITH 11 LETTERS OF THE ARABIC ALPHABET.



KING OF THE JEWELED EVENING SHOE, **RENĒ CAOVILLA**'S '22 COLLECTIONS FEATURE DREAMY, ULTRA-FEMININE SILHOUETTES WITH PLENTY OF DRAMA. CASE IN POINT: THIS LUSCIOUS SANDAL WITH ITS VERY OWN WRAP-AROUND SERPENT!

Upfront





A STUDY OF CONTRASTS! THE CHUNKY GOLD STRAP ON JW ANDERSON'S CHAIN BAG LENDS IT A DISTINCTLY EDGY VIBE, WHILE THE SLOUCHY SHAPE AND SOFT LEATHER OFFER A BOHO FEEL.



# The Theme... WINTER WONDERLAND

For those who may be traveling to cooler climes this time of year, there's a whole host of fabulous collaborations and collections to keep you warm and stylish.

The Coach Ski collection introduces nostalgic winter sportswear reimagined through a modern lens; shearling with colorful nylon stripes, quilted leather bags, snow boots and more

Ib Kamara and includes statement pieces like this uber cool puffer!

# Unlikely icon: SHE'S BACK! Our favorite style icon, Carrie Bradshaw (aka Sarah Jessica Parker) is back in fine form in the long-awaited upcoming sequel series 'And

Just Like That...' - the new chapter of 90s revolutionary series 'Sex and The City' - in her trademark sky-high heels, of course!





Upfront



If you happen to be in the UAE at the end of this month, make time to visit the 9th edition of the Quoz Arts Fest. The beloved-event activates the creative neighborhood of Al Quoz and celebrates homegrown creatives from the region. Live music, performances, food trucks, outdoor installations, contemporary art exhibitions, wellness and mindfulness, a midnight movie marathon and more, are not to be missed. Check it out from Jan 29-30.







# Consider: **A DIFFERENT** TAKE

A new year means looking at things in a new light. Even in fashion! We're loving the new shape of mini bags that look up... just as we hope to do.

# Cool Collaboration: GIVENCHY **X CHITO**

We love the graffiti-art sensibility take on classic French style! Givenchy's Creative Director Matthew M. Williams worked with his longtime friend, the graphic artist Chito, on a special limited edition collection that fuses Givenchy's DNA and the Seattle-born, Mexico-based artist's airbrushed signatures.

# *Upcoming:* MADE FOR WALKIN'

While it's still early days into the New Year, we're already dreaming of this coming season's uber-IT accessory – look-at-me boots. Fabulous with skirts both short & sleek and long & swishy, the only issue now is which style!



# E L L E







puffer hybrids, the streetstyle-set proved when it comes to staying warm nothing will get you out of hibernation quite like a good old quilted jacket.

Loewe

Stella Mccartney

Louis vuitto

Versac

# Fashion MEMO

A CURATED ROUNDUP OF THE BEST NEW FASHION AND NOTEWORTHY PIECES TO PAY ATTENTION TO NOW!



*Get* **ACQUAINTED WITH...** WHO: Fufa WHAT: The Cairo-based

ree-spirited, slightly under-the-radar brand and brainchild of Egyptian Farah El Ashiry, creates wildly colorful and bohemian pieces for the modern wanderer. Boldly nonchalant and feminine, they'll take you from beach to party and music festival. WEAR: Don't miss the ruffled dresses and bold jumpsuits - there's one for every event coming up in your diary. Buy online at Shopfufa-uae.com

#### *Psst...* INVESTMENT PIECE

We've never met a By Far piece we didn't instantly fall in love with and this time, we're crushing hard on the Fran Bag. Fusing together practical with decorative, the new top handle style oozes lightness, spontaneity, and style (thanks to an additional shoulder strap) making it an essential every day piece.



### Trending... PRINTED PLATFORMS

Embrace the extra inches in chunky Mary-Janes and platform loafers that guarantee to leave a mark wherever you step foot in this season

Nodaleto

Giuseppe Zanotti

Forte Fo

. Saint Laurent

Heads UP Whether fuzzy or finely-woven,

Arket

crochet has come for your bucket hat declaring knit headwear the reigning topper of choice for winter.



Your workout wardrobe in need of an update? Los Angeles-based premium lifestyle brand Alo Yoga is bringing its vibrant yoga wear and accessories to Saudi Arabia (at Kingdom Centre, Riyadh) with its first ever store outside of the USA. On the sustainable front, cruelty-free luxury shoppers will rejoice as Stella McCartney opens a new flagship store in Dubai Mall, where her conscious collection of leather, fur, feather and skin free pieces are available to shop now. And finally, cult favorite Les Benjamins has opened its inaugural Dubai store at the Mall of the Emirates which also serves as co-working space for young creatives.











#### THE LOWDOWN

A must-visit for 2022, the Christian Dior Designer of Dreams Retrospective is on view until March 31st, at Qatar Museums' M7 creative hub Msheireb Downtown Doha. The stunning, large-scale fashion exhibition has been reinvented for the region following presentations in Paris, London, Shanghai, and New York. To the rhythm of a new scenographic narrative designed by Nathalie Crinière, the exhibition, specially conceived for Qatar and curated by Olivier Gabet, celebrates nearly 75 years of creative passion, punctuated by captivating haute couture dresses and stunning works from the collection of the Musée des Arts Décoratifs in Paris.

## Radar

#### THE VENUE

Qatar Museums' M7 is a creative hub that supports Qatar's burgeoning fashion and design industries. The inspiring space provides a platform for local talent and supports aspiring and established creative entrepreneurs in Qatar to realize their ambitions. Resembling a majestic entrance, a décor evoking the legendary 30 Avenue Montaigne welcomes visitors, followed by a selection of silhouettes designed by each of Christian Dior's successors - Yves Saint Laurent, Marc Bohan, Gianfranco Ferré, John Galliano, Raf Simons and Maria Grazia Chiuri. Make sure to check out the Bar suit, a manifesto of the New Look, designed by Christian Dior for his first collection in 1947.







The House's multiple sources of inspiration are revealed as you journey through the exhibition; Versailles looms large throughout, while in the heart of a garden recalling Monsieur Dior's love of flowers, looks are enhanced by delicate embellishments or poetic prints. The J'adore universe is celebrated with a cascade of golden raindrops composed of 3,000 perfume bottles in a creation by the artist Liu Jianhua, the Diorama window, revisited in pastel shades by the artist Joël Andrianomearisoa, is made from a thousand upcycled Dior silk scarves. The beauty of world cultures is showcased in the Dior Around the World section reflecting cultural references for each country represented, for example Middle Eastern-inspired stained-glass windows by Philippe-Joseph Brocard.

Don't miss: The fascinating toile room, a tribute to the savoir-faire of the Ateliers, promotes the excellence of the petites mains



### THE DETAILS

Reflecting Christian Dior's fascination with art, more than 50 Lady Dior handbags have been reinterpreted for the Dior Lady Art project, granting painters, sculptors, and designers carte blanche to transform this emblem according to their artistic vision - an accessory that owes its iconic status to its extraordinary ambassador, Lady Diana. For some star wattage, outfits worn by the Princess of Wales, Charlize Theron and other celebrities are also showcased.

#### THE INSPIRATION



"THE FINAL GALLERY, A BALLROOM PAYING TRIBUTE TO THE "KINGDOM OF DREAMS". OFFERS AN ENCHANTING ENCOUNTER BETWEEN VIRTUOSO EVENING GOWNS AND A SERIES OF HAUTE COUTURE ENSEMBLES BELONGING TO HER HIGHNESS SHEIKHA MOZA BINT NASSER. "





MARIA GRAZIA CHIURI, CREATIVE DIRECTOR FOR DIOR, REFLECTS ON THE CHALLENGES FACED ALONG HER JOURNEY, BRINGING THE HOUSE DNA INTO THE FUTURE, THE MAGIC OF COLLABORATIONS, AND THE CHANGING FACE OF FASHION IN QATAR

As the tirst temale artistic director and atter 5 years at Dior, how was your journey and how is it being part of the Maison? I am very proud to be part of this family, I have all the support in my journey and in my creativity. I am always in dialogue with different countries and different backgrounds around the world, so many women, it is super interesting for me.

You are known for transforming many fashion houses. How did you manage to

keep the DNA of Monsieur Dior and have all these modern changes? What are some challenges you faced? I think the history of our brand is fantastic; Mr. Dior founded the brand in 1947 after the World War II where he wanted to share an optimistic idea for the future. It was a time when he was young and it was the Belle Époque. I think fashion is to be enjoyed it is part of a lifestyle, it can help us to enjoy life and keeps us in touch with the woman of today. So for me it is necessary to move these DNA codes in a language that is more wearable for women as our style of life is completely different from the past. So all the elements that have their DNA changed with technology and with the craftsmanship, that is definitely more my language - more contemporary.

There is always the narrative behind your creation; where do you get your inspiration from and what inspires you the most? I think life is an inspiration and also what I do normally in my life when I read books and I visit exhibitions, is to be in contact with other artists. Inspiration can come from different parts, you have to maintain an open mind, to be in conversation with all the elements that are around us.

You have collaborated with many artists around the world. When



such collaborations happen, how does the creative process start and how are these artists involved? I prefer to contact them; usually my creative studio works on these aspects that are more cultural but when I desire to approach someon, e I write and send a letter to explain why I love their job and why I would like to collaborate with them. The idea also is to explain the collaboration that I would like to start. It is always good to start a conversation and also to maintain the freedom of these artists when you invite them for such projects, in order to express their creativity because when you decide to work in a community way that means that you have to renounce a part of your space to give to others and I think this is beautiful, it will give me the opportunity to use this great platform that is Dior to add another voice, which is my priority.

Your love for art is everywhere, what is art for Maria Grazia? Art means something that comes from your heart and it is necessity, there are no reasons that someone creates a piece of art or desire to create something (a design maybe) without it being a necessity. For me this is magical because all the artists that I meet they create first for themselves in order to express something.

You have been in the Arab region alot, how is it being here in



Qatar today for such a beautiful exhibition? What makes this city distinctive? I visited Qatar 5 years ago, before, during and after the pandemic, every time I visited, I found a completely different city. I remember when I visited here, there was a huge exhibition and an opening of a hospital so I think this country is very

interesting for artists and it can become a destination for different artists from different parts of the world who can have conversations and who can bring inspirations with references from other cultures. I was fascinated when I met an artist from Columbia, I had a group talk with him. I think this city would like to become a local hub for artists where you can find people that have passion for your passion.

You have always been supportive of women empowerment and have introduced feminism in fashion at large. What triggered you to talk about the femininity in your collection? I think speaking about femininity is a trap, so I want to explain with my collection, that there are many ways to express femininity - it depends on the person. What I would like to say is that as humans we are all different and we have to appreciate that. We are unique, so we can not homologate our own idea about femininity.

What if women ruled the world? Women have a big opportunity, they have this idea of sisterhood to support each other, that it will give another point of view for the future, they embrace power in a responsible way different from the past. I think that we have to work on it step by step and day by day. I believe it will not be easy, but this is the only way to create a world that is more interesting for the future generations to come.

lot around the world. Now I want to be just a little bit more safe. I feel the necessity to go a little bit more slow and to appreciate the style of life in a less intense way.

"ART MEANS SOMETHING THAT COMES FROM YOUR HEART AND IT IS NECESSITY, THERE ARE NO REASONS THAT SOMEONE CREATES A PIECE OF ART OR DESIRE TO CREATE SOMETHING (A DESIGN MAYBE) WITHOUT IT BEING A NECESSITY "

Will you visit the Arab region? I will always visit the region. Honestly this pandemic in the past two years changed our style of life. I would like to say that even now when we are coming back to normality, we should not change from inside. When I was young and even before this pandemic I used to travel a



Designer Of Dreams Restrospective in Qatar

# E L L E

Nadia Al Khaia

The Emirati Touch: After specializing in business management, I wanted to take my business acumen and combine it with my passion for cooking. SMAT is definitely a passion project of mine. Unlike anywhere else, SMAT embeds Emirati culture and heritage within every facet of the concept. From the venue to the food and the coffee, every offering boasts Emirati flavors and flair. For example, the Pan-Fried Sea Bass is served with an Emirati twist embellished with a Lemon Saffron Sauce. The specialty coffee we use is 100% Arabica beans. We also focus on adding Emirati touches to the coffee like Arabic Gahwa Cold Brew. Dream To Reality: My vision is to educate and showcase Emirati cuisine to the world in the best way possible. The best memory I have is when we opened the venue and the vast amount of positive feedback I received. I believe that my dream is just beginning to take shape and has not yet been achieved.

Hospitality & Tradition: In my opinion, Emirati Food is not properly introduced in the market. It is shocking to see long term residents who have not indulged in the cuisine. The food, much like the culture, proves

to be rich, aromatic and is usually served for sharing in groups. This is a reflection of the community, hospitality and camaraderie within our nation and culture.

The Top Three: Three Emirati dishes and ingredients that are special to me include 1) Jasheed Sushi: This is special because it combines two cultures together Japanese/ Emirati. Jasheed is a traditional minced baby shark meat cooked in a traditional Emirati way and rolled into sushi. 2) Khameer Benedict: The Khameer is traditional Emirati bread served with egg benedict and a unique saffron hollandaise sauce. 3) Gahwa Cold Brew: I am an advocate for adding

Emirati touches to everyday food and drink, and one of my favorite combinations is cardamom and saffron with specialty beans that takes up to 24 hours to prepare.

People, Planet, Purpose: SMAT is always focusing on recycled products. Our take-away products are all recyclable as are our straws. We ensure our menu is catered to all customers, that includes vegans and vegetarians.



#### NADIA'S TOP FIVE

1. My Current Read: Conversations avec Dieu by Neale Donald Walsch. 2. Most Motivating Life Coach: Transformation Coach, Hessa Salem Al Saleh @Findyourchosenpath. 3. Most Unforgettable Movie: Pride and Prejudice. 4. Fitness Goal 2022: To be more active and keep my ideal weight 5. Favorite Venue to Find Inspiration: The Desert Palm Equestrian Center.

ACCESSORIES

IG HEAD FIRST INTO THE WONDERFUL WORLD OF WINTER WOOLIES! THE NEW **WE'RE DIVI** AES ARE ANYTHING BUT MONOTONOUS + WE TAKE YOU BEHIND THE SCENES OF ONE OF THE MOST COLORFUL DESIGN HOUSES OUT OF ITALY



A *taste* OF THE

**EMIRATES** 

RELENTLESS IN HER PURSUIT OF EXCELLENCE. 28-YEAR-OLD NADIA AL KHAJA

HAS CHASED THE SILVER LINING OF HER DREAMS TO BRING HER VISION TO

REALITY. AS THE CO-FOUNDER OF SMAT, SHE IS KEEN ON INTRODUCING EMIRATI

CUISINE ON A GLOBAL STAGE - COMPLETE WITH THE FLAVORFUL TWISTS AND

SURPRISING CULTURAL ELEMENTS FROM AROUND THE WORLD. AS A WOMAN

WHO IS NOT ONLY MULTI-TALENTED BUT ALSO CREATIVELY INSPIRED BY HERITAGE

AND TRADITIONS, SHE SHARES HER TAKE ON WHAT MATTERS, AND WHY.





1.Sbaal, Valentino; 2. Sunglass, Fendi; 3. Hat, Etro; 4.Mini Bag, Jacquemus; 5. Bag, Chloe; 6.Porte & Paire; 7. Loafer, Loewe; 8. Gloves, Portolano; 9. Nylon Oadded Boot, Prada; 10. Bag, Maison Margiela; 11. Feather Embellished Bag, Saint Laurent; 12. Loafer, Miu Miu



Stool "Serratura", silkscreened and handlacauered wood.Chair "Bocca", silk-screened, hand painted and hand lacauered wood..



# High CRAFTSMANSHIP

MEET BARNABA FORNASETTI, UNDER WHOSE ARTISTIC DIRECTION THE MILAN-BASED DESIGN COMPANY IS SCALING NEW HEIGHTS WHILE STAYING TRUE TO ITS LEGACY

You took over the family business in 1988. What was is it like to build on your father's extraordinary legacy? Carrying on what my father founded in 1940 and built over the years has been very natural for me. You should know that until the 1990s the Atelier was practically indistinct from Casa Fornasetti, the place where I grew up and where I still live today. Since I was a child I breathed an air of incessant productive creativity, where everything revolved around work and the ideas that took shape. Except for a limited period, I never really moved away from the company: it could be said that we grew up together. This strong bond has always led me to think of Fornasetti as a single story, in which it is in fact impossible to establish boundaries of time: the continuum of thoughts, people, ideas and events that have followed one another over the years has meant that past and present have merged, one being the lens through which to observe the other.Today the Atelier still lives according to those principles that my father chose as cornerstones when the Fornasetti story began. Although it has changed

a lot compared to the past, there are Fornasetti ingredients that I have always preserved and that I could never do without, such as care and slowness. That's why I have chosen to restrict our output; our furniture and porcelain are produced in limited annual editions. Every single object produced here is made entirely by hand, and colored by painters who replicate the original paper models. Remaining faithful to these production methods is an important aspect of a long historical legacy; it's what determines our uniqueness, but, for me, it has also acquired other meanings over time. "Handmade" is not just about technique, or traditionalist affectation, or a functional way to maintain a strong, coherent identity. Today it is a choice and a mode of being, in our contemporary world, an ethical line that sees man and his activity at the center of everything. It is a sign which I now wish to use to orient this world.

How do you transcend the boundaries of design and further innovate on decorative pieces? I have focused very much on how to take decoration beyond a mere commercial product, on how to highlight its conceptual content and values, and make Fornasetti's artistic message accessible to a wider audience, without the need to purchase a physical object. The exhibitions, the art book, the art installations and the opera "Don Giovanni" were all conceived in this context. That's why in 2019, along with Valeria Manzi (who is its President), I founded the non-profit association Fornasetti Cult. The association presents itself as a space for research and implementation of artistic and cultural initiatives opportunities for sharing knowledge and dialogue between generations Through exhibitions, poetry and literary reviews and editorial and musical





projects, Fornasetti Cult aims to convey artistic messages, encouraging the use of imagination and free circulation of thought.

The free circulation of thoughts that occurs between all areas of work is one of Fornasetti's secrets: ideas that arise when thinking about an exhibition also influence the conception of a new collection, or give rise to something that will take another form, in a continuous flow of thought that enriches our professionalism, our people and our projects. This freedom to imagine without borders, without categories, without preestablished structures, is where our brand and creative agility come from.

Fornasetti has been included in multiple exhibitions and museums. What stood out the most for you personally? Since 2015, our exhibitions have been all over the world, from Milan to Paris, Seoul, Rome, Stockholm and Parma, and we would like this to continue. I always find the dialogue that arises with the institutions that host our exhibitions extremely interesting: it is not a simple relationship with a physical place, a shell, but rather with a cultural system. Every encounter has been a positive cross-fertilization, a broadening of horizons - one acquires new points of view, ideas that one would never have thought of.

The Fall Winter 2021 Louis Vuitton collection was inspired by Fornasetti. How did it feel collaborating with one of the most prestigious brands in the world? I like the idea of Fornasetti's imagery being viewed through different eyes and reinterpreted, even with a new relationship between form and decoration compared to what we have done before. I like the fact that it takes on new life in different contexts, just as it happened with the collaboration with Louis Vuitton. Working with Nicolas Ghesquière was a combination that proved to be unique and constructive, an opportunity for interaction between generations and different creative contexts. We discovered similarities and brought out shared traits. For example, there was an extraordinary harmony in terms of style, creative thinking and ethics, which is what made our dialogue fluid. Nicolas continuously compares past, present and future in his collections and he loves to mix inspirations from every era. Fornasetti's visual language is based on this very principle, on an ability to associate images transcending the constraints of specific eras, disciplines and dates: Fornasetti has been attached to this exact creative principle and to these poetics right from the start. My father staked a claim to it; he started from what already existed and then reorganised it. I claim the same expressive freedom - imagination knows no boundaries.

Fornasetti is now a part of the Tanagra family. What do you look forward to with Tanagra, and what is your opinion on the Middle East Market? For some years our goal was to achieve a presence in the dynamic and vibrant market of the Middle East. Through market tests, targeted distribution and analysis of our direct customers, we had discovered there was a good level of knowledge of our brand and a growing demand. Our objective was clear but, considering the nature of our brand, we were looking for the right traveling companion. We did not want a simple commercial partner, but a true brand ambassador with

Above Left: Trav "Serbente", silkscreened, hand painted and hand lacquered wood. Left: Curved cabinet "Zebra", silkscreened, hand painted and hand lacquered wood.

whom to initiate a broader understanding and dialogue. From the outset Tanagra proved to be the ideal partner for this journey, one that was extraordinarily capable of understanding, translating and communicating our values, history and positioning. Furthermore, their specific commercial development in homeware fits perfectly with our interest in developing furniture customization and interior design projects in the region.



### LUXE CLASSICS

HOOP-D*i*-LOOPS IT'S AMAZING HOW A SIMPLE CIRCLE CAN ELEVATE

A LOOK AND SET THE TONE!







IN CONVERSATION WITH

## VICTORIA REYNOLDS

TIFFANY & CO.'S CHIEF GEMOLOGIST TALKS TO ELLE ARABIA ABOUT HER FASCINATING ROLE AND HER LOVE AFFAIR WITH GEMSTONES, THE LEGACY OF THE BRAND, AND THE NEWEST BLUE BOOK COLLECTION: COLORS OF NATURE ...

Tiffany & Co. Schlumberger® Thistle necklace in blatinum and 18k yellow gold with diamond

Tiffany & Co.

chlumbergerHJ

Tiffany & Co. Necklace in platinum with an emerald-cut emerald, over 10 carats, baguette sapphires, over 21 total carats, and baguette diamonds, over 35 total carats.

SAAABAAABAAABAABAA

The second s Langer a human

Tiffany & Co. SchlumbergerH.

Tiffany & Co. Blue Book Bracelet

Tell us about Tiffany & Co.'s high jewelry collection, Colors of Nature. Nature has always been a source of inspiration and an integral part of Tiffany's heritage. For this year's Blue Book Collection, Colors of Nature, we re-envisioned the world around us and the naturalistic themes that have long inspired our high jewelry designs. Brought to life with the most exceptional colored gemstones and responsibly sourced diamonds, the pieces echo nature's vast array of hues and draw from a discernible elemental color palette. The 2021 Blue Book Collection, at its core, illuminates a centuries-long legacy of unparalleled craftsmanship that underpins all our designs.

There are 35 gemstone varieties in this collection. Which have you enjoyed working with most and why? I've been drawn to the black opals that we were able to acquire for the collection. These vibrant gemstones are known for their play of color, and several in this collection have beautiful brushstroke-like patches of colors that are rare in opals, such as red and orange, as well blues and greens - giving each opal its own unique personality in the way that the colors interact and dance together.

Can you describe one of your favorite pieces within this collection? What makes it special and unique? Jean Schlumberger's Fish Tassel necklace is one of my absolute favorites. It has all the elements that make Schlumberger's designs truly extraordinary. The necklace bursts with energy and life with his signature use of paillonné enamel and a dramatic splash of colored gemstones. The regal fish is crafted from 18k yellow gold with over 8 carats of diamonds, and it elegantly wraps around sparkling strands of tanzanite and demantoid beads - brilliantly capturing the juxtaposition between sea life and the movement of water.

How did your love affair with gemstones begin? My love affair with

Tiffany started many moons ago when I was 9 years old and came to Tiffany with my father to help him purchase a brooch for my mother. I still remember walking in the doors and being mesmerized by the main floor, especially the array of diamonds and colored gemstones - that feeling has really staved with me.

### **"MY LOVE AFFAIR WITH TIFFANY STARTED MANY MOONS AGO** WHEN I WAS 9 YEARS OLD"

### What is the role of the Chief Gemologist and

how would describe your process of discovering Tiffany's diamonds and gemstones? I have the privilege of presenting our extraordinary jewelry collections to our clients and get to speak about the journey that each of these gems has taken, before they find their perfect home. The magic of these amazing gemstones is that they are only complete when they are matched with the perfect client - those who bring our jewelry to life when they are worn and loved. It's really an ongoing quest to find the perfect diamonds and gemstones and I am fortunate to travel the world, searching for these stones that meet our incredibly exacting standards. Our collections take many months and sometimes years to create - it's about getting the smallest details right to make their debut in our spectacular Tiffany high jewelry collections. Some of the most amazing gems we have acquired are surprises. We may not have been looking specifically for that gemstone, but somehow it finds us. When that happens, I know that I am looking at something

our own rich heritage for inspiration, to reinvent and reinterpret designs for the modern world. We are constantly challenging ourselves, pushing craftsmanship to the next level, offering new gemstone combinations, inventing new ways for our clients to experience high jewelry in a more personal, intimate manner. We not only employ the world's most accomplished craftspeople and acquire the most exceptional gemstones, but we are also constantly envisioning new and exciting ways to bring the dream of Tiffany & Co. high jewelry to life. What we can expect to see next year from Tiffany & Co.? Without revealing too much, we are in the process of finalizing our 2022 Blue Book Collection and cannot wait to show our clients what is next in the world of Tiffany & Co. high jewelry. The execution of some of the pieces are absolutely breathtaking - and of course we are always looking to our past as we reinvent ourselves for the future.

extraordinarily special, and that the design team will love it as well as create the perfect jewelry to illuminate its beauty.

Tiffany & Co. is a brand with a rich heritage, which also emphasizes innovation. How do you reconcile these two aspects when it comes to aemstone selection and transforming these beautiful stones to masterpieces? Innovation has been at the forefront of Tiffany designs for over 180 years. With our superior craftsmanship, we seek out new techniques in how we cut our gemstones, as well as innovating ways to set them, always with an eye for creating the most beautiful high jewelry in the world.

Tiffany & Co. has an incredible legacy with gemstones. How does the Diamond Source Initiative fit into this narrative? We are deeply committed to offering the highest social and environmental standards. so transparency and conducting our business in responsible ways is something that our clients expect from us and should absolutely know about. In 2020, we became the first global luxury jeweler to disclose the full craftsmanship journey of our diamonds, from the region or countries of origin to where the stone was cut, polished, graded and set. As part of our Diamond Craft Journey, we work to ensure responsible practices every step of the way. We are very proud to showcase our Diamond Craft Journey with our spectacular over-80 carat Empire Diamond - Tiffany & Co.'s most expensive piece ever created (second only to the Tiffany Diamond which is famously not for sale). The Empire Diamond featured in this exceptional reimagined 1939 World's Fair necklace was responsibly sourced in Botswana, Africa, cut and polished in Israel and set in New York.

What sets Tiffany high jewelry apart from other brands? Tiffany is the oldest American luxury jeweler and one of the oldest jewelers amongst our competitors. So, we have the advantage of looking to

Against the stunning backdrop of Neom, the creativity emerging from Saudi Arabia shines ever brighter

Photography by ALI SHARAF Fashion Styling by RAWAN KATTOA

Zainab Al Ebrahim in Jewelry by In A Heart Beat, Top & Skirt by AKS the Label



Nia A lewelry by MJ E

Part and

-



434

1



Left: Zainab Al Ebrahim in Jewelry by Lillian Ismail, Dress by AKS the Label Right: Nia Amroun in Jewelry by MJ By Mayyan Jaffar, Outfit by Nia x Madiha Collection

10

 $\widehat{}$ 

Nia Amroun in Jewelry by Charmaleena, Outfit by Nia x Madiha Collection

West -

# A PURIST'S DEL*i*GHT

THE TONDA PF IS PARMIGIANI FLEURIER'S LATEST AND MOST FORWARD-LOOKING COLLECTION, RELEASED ON THE OCCASION OF THE BRAND'S 25TH ANNIVERSARY. BUILT AROUND THE MOST ICONIC IN-HOUSE MOVEMENTS OF THE MAISON, THE COLLECTION RUNS A WIDE GAMUT OF COMPLICATIONS, CULMINATING IN A LIMITED EDITION, ALL-PLATINUM, AWARD-WINNING SPLIT-SECONDS CHRONOGRAPH. WE TAKE A CLOSER LOOK ....





The Tonda PF Annual Calendar The 42 mm Tonda PF Annual Calendar presents a retrograde date, day, month and 122-year moonphase as visible in both hemispheres.

> The Tonda PF Chronograph The Tonda PF Chronograph features a finely guilloché dial in Milano Blue, and premieres a new oscillating weight in 22ct rose gold, widely openworked with a central PF logo medallion.



"WE HAVE CONCEIVED THE TONDA PF FOR THE WATCHMAKING PURISTS OF TOMORROW. AN UNCOMPROMISING CROWD OF A SELECT FEW, SEEKING PERSONAL HEDONISTIC PLEASURE, WHO ARE SAVVY IN WATCHMAKING, APPRECIATE SARTORIAL CRAFT ON THEIR TIMEPIECES, AND HAVE A STRONG SENSE OF STYLE AND REFINEMENT" Guido Terreni, CEO of Parmigiani Fleurier





This entirely new collection of timepieces within the Tonda family features Parmigiani Fleurier's most distinctive complications; the Tonda PF Micro-Rotor, The Tonda PF Chronograph, and The Tonda PF Annual Calendar with retrograde date. All three models are available in steel with platinum hand-knurled bezel or entirely crafted in 18ct rose gold. The PF logo is a brand new signature and appears at 12 o'clock.

#### TOP OF THE RANGE

Parmigiani Fleurier is grooming a limited series of the Tonda PF Split Seconds Chronograph. Fitting for a 25th Anniversary, its 25 pieces feature a dial, case and bracelet made of platinum 950, whose high frequency, openworked, split seconds chronograph movement is built out of solid gold.





is a mere 7.8mm thick. With its slimness and sleekness, the Tonda PF Micro-Rotor is a refined everyday timepiece that can literally be worn on any occasion.



The Tonda PF Split Seconds Chronograph At the top of the collection lies an exceptional timepiece. Limited to just 25 units as an homage to the maison's 25th Anniversary, the Tonda PF Split Seconds Chronograph gives prominence to the best craftsmanship available at Parmigiani Fleurier. The case and bracelet of this timepiece are crafted in platinum. In a deserved exception to the collection's rule, Parmigiani Fleurier has opted for a an extremely rare, solid platinum dial to match the deep luster and specific sheen of the case and bracelet. Inside lies an award-winning in-house movement made of solid gold.



#### CONVERSATION WITH IN

# CAROL*i*NE SCHEUFELE

THE ARTISTIC DIRECTOR AND CO-PRESIDENT OF CHOPARD TAKES US ON A SENSORIAL JOURNEY FROM THE MAISON'S BRILLIANT GEMSTONES TO THE FRAGRANT ROSES THAT MAKE UP THE HEART OF CHOPARD FRAGRANCES

hopard is one of those rare houses that brings together a myriad of talents under its roof, mastering several trades to perfection: watchmaking, jewelry and perfumery. And in each of these fields, there is always a predominant focus on passion, know-how, exquisite raw materials and ethics. In fact, Chopard is proud to be one of the few perfume houses that uses the highest amount of natural raw materials in its creations. This guiding principle is the work of Caroline Scheufele who is the very heart and soul behind the House's fragrances. Love is her driving force: the love of beauty, gems, animals, nature, flowers, cinema, and simply love in general, which overflows in each and every corner of her life. "In my opinion, the flower that best symbolizes love is a rose... In the same way that two roses are never identical, two women are never identical. A bouquet of roses is the most beautiful gift anyone could give me," she says. It is therefore no coincidence

that Chopard has chosen to explore all the facets of the rose in its perfume collection, creating fragrances of unparalleled beauty: Rose de Caroline, Love Chopard, Nuit des Rois, Felicia Roses, and Rose Seljuke. Here, Carolina talks to ELLE Arabia about her love affair with gemstones, her passion for perfumes, the importance of sustainable luxury, and more...

#### Tell us about your life-long love affair with gemstones?

I have always been fascinated by the beauty and energy of gemstones. You could say these are true "miracles" of Nature as they form over millions of years in rare natural conditions. From a young age I have learnt to appreciate the unique power of stones. As a child, my mother sometimes allowed me to help her in the "stone room". For me this was the most magical place in the world, where I could touch and feel precious gemstones, I then realised that there was a language, each stone has its own personality.

When and how did you become passionate about perfumes? One of my earliest memories is the scent of the roses in my childhood garden. Happy thoughts are instantly sparked when I smell it.

As the heart and soul of Chopard, what is your signature, your touch? Chopard is an independent, family-owned Maison. I am very fortunate to be able to work with my family which is a blessing in many ways as well as a real advantage in terms of being able to express our creativity freely. My parents, my brother and I wish to continue working this way. I share an office with my brother and we work very much hand in hand. We always work together to take decisions about business development, global strategy, production, distribution, new designs or new products... It is a constant pleasure for me to be the Artistic Director for all our jewelry creations and I think I add a signature of femininity and joie de vivre. It is important for us at Chopard to convey a message of positivity and optimism.

What, for you, is the relationship between precious stones and precious perfume ingredients? Chopard creations are first and foremost stories of skilled hands, exceptional raw materials, passion, creativity, and true respect for nature. This alliance of ethics and aesthetics is the most precious heritage that makes us unique. Likewise, as a true Maison de Parfums, we wanted Chopard Parfums to place natural, positive and ethical luxury perfume at the heart of the fragrances' collections, putting the greatest value into our fragrances and pursuing a Luxury Naturals Perfumery, with a "do good, feel good" mind-set.

What is the story behind "The journey to a sustainable luxury"? It all started in 2012 during a conversation I had with Livia Firth, co-founder of Eco Age, about where our gold comes from... I realized then that there was a lot of progress to be made in the sourcing of raw materials for our industry. We embarked on our "journey to sustainable luxury" in 2013 and since then we have accomplished

several major milestones, including the fact that, as of 2018, 100% of our gold is ethically sourced.

Take us inside your special relationship with your two favorite perfumers: Alberto Morillas and Dora Bagriche. Just like in my design workshop, I surround myself with people who are very dear to me, and Alberto and Dora are among them. Alberto and I have known each other for decades. He knows my versatile tastes, my fascination with the feminine appeal of roses and the masculine aspect of woods, the freshness of certain elements and the sensuality of others... I have entrusted him with transforming nearly all facets of the rose into perfumes.

Why the rose? What significant about it for you? I can define myself as a woman who loves life and the beauty of nature. My garden is full of all kinds of flowers that I cultivate with



WHEN ASKED THE NAME OF HER FAVORITE FRAGRANCE, CAROLINE REPLIED: "ROSE DE CAROLINE. IT'S A PERFUME SPECIALLY CREATED FOR ME. IT IS SO INCREDIBLE THAT WHEN I WALK INTO THE OFFICE, EVERYONE KNOWS THAT "CAROLINE HAS ARRIVED". A PERFUME ALLOWS YOU TO NOT ONLY EXPRESS YOURSELF, BUT TO TRULY BE YOURSELF. YOU HAVE TO LOVE IT BECAUSE IT'S THE ONLY TRACE OF YOU THAT YOU LEAVE BEHIND WHEN YOU WALK OUT THE DOOR .... "

passion, particularly roses in a variety of species. I adore the sweetness of the rose, its delicate shape and the velvety feel of its petals. I love its strong character, its magnetic intensity, its seductive powers. The rose is the flower that best symbolizes love... In the same way that two roses are never identical, two women are never identical. A bouquet of roses is the most beautiful gift one could give me. I love to layer "Chopard Roses de Caroline" with a touch of Oud, the fabulous scent from Saudi Arabia; I'm drawn to its warmth and rich woody accents.

Love of gemstones, love of roses; what is your other great love? Gemstones and flowers are treasures of nature, and, as I said, I have a passion for the natural world. Whether it is walking around the lake in Geneva with my beloved dogs, or skiing in the majestic Alps, or just tending to my garden, I am always happiest outdoors where I can contemplate the absolute purity and serenity of nature.

What is your greatest extravagance? Perhaps my pursuit

of extraordinary gemstones for our Chopard High Jewelry collections. Indeed, every year presents a new challenge to offer something really astounding. For example, the diamond suite named the "Garden of Kalahari": each stone cut from the 342-carat rough stone represents a different flower. The radiant 50-carat brilliant cut is inspired by the sunflower, the 26-carat heart shape is inspired by the pansy, the 25-carat pear shape is inspired by the banana flower, the perfect 20-carat cushion cut, a flaming poppy, while the 21-carat emerald evokes a water lily.

Your signature outfit for day/ for night? My days are very full, I travel a lot, I go to meetings, I also visit our workshops and boutiques – so I like to keep things simple and stylish in terms of outfits. I find a crisp white cotton or silk shirt and well-cut black trousers always works well... I can jazz things up with a stunning pair of shoes. For the evening, again for my work, I attend a lot of events and like to wear a "little black dress" or more formal gown to showcase our jewelry pieces.

Your top tip for always looking elegant? Keep it simple! I have a few jewelry pieces that I take everywhere and mix and match: my Happy Diamonds bangles along with a long sautoir necklace! Also, our iconic Happy Sport steel and diamonds watch which I designed in 1996 is incredibly versatile and chic.

How do you like to relax and unwind? In those rare moments when I am at home, I love to spend time with my friends and family. I am passionate about good food and love to cook so it's always a pleasure to gather those I love around me for a cozy moment. My home is my haven and I keep it full of flowers, bouquets of roses of course and peonies which are also favorites of mine.

What are you looking forward to in the New Year? Most of all I'm wishing for a happy and safe year.

## Jewelry



Shoes and Jewels! Our two fave luxuries come together in one spectacular item. Amina Muaddi's Julia Glass Sandal is featured in a Swarovski-exclusive rosy pink colorway, adorned with crystal spikes, and features a flared glass heel. "The Swarovski crystal spikes are the elements that make the Julia sandal special so I thought of creating an exclusive color that celebrates femininity and what better than a pink hue to carry this message?"- designer, businesswoman, and entrepreneur Amina Muaddi.



Online... ENCHANTING CREATIONS

You can now explore Van Cleef & Arpels's poetic world wherever you are, via the Maison's official e-Commerce platform. Available in the UAE and KSA.



INNOVATIVE IN DESIGN, THE ICON ACTIVE SERIES IS THE LATEST ADDITION TO THE VERSACE TIMEPIECE FAMILY

BELOVED FOR ITS BOLD, bright and luxurious clothing, Italian fashion house Versace knows a thing or two about making a statement. Today, it brings that distinct approach to style with the new Icon Active Chronograph, a line of watches that merges the avante garde with the sporty. Available in a wide array of colors, suitable for both men and women, youth and street culture are celebrated alongside Versace's strong narrative identity and longtime codes, where the iconic signature Medusa sits at the 12 o'clock position and is complemented by a Greca motif surrounding the dial. The end result sees the blurring of lines between fashion accessory and luxury watch, where the contemporary and casual come together to form a beautiful timepiece.

Pry

JR1ST



This amazing initiative, by the Trafalgar Luxury Group, aims to support local talent in Kuwait involved in the art of jewelry-making. Offering home grown brands a platform to showcase their creations, "It's Kuwait" encourages aspiring entrepreneurs to better their craft and supporting them to further grow their business. Check them out at Itsluxury.com.



# *Inspired by...* THE COLOR OF THE YEAR

A jewelry box filled with dazzling pieces inspired by Beri Peri, a soft blue that is the Pantone color of 2022.

# MEET the BREIDYS

CELEBRITY RELATIONSHIPS TEND TO BE THE BUTT OF MOST JOKES, BUT FOR EVERY COUPLE THAT BURNS AND FIZZLES, THERE ARE A SOLID FEW THAT SEEM TO BE IN IT FOR THE LONG HAUL. CASE IN POINT – RYM SAIDI AND WISSAM BREIDY; NOT ONLY DO THEY LOOK INSANELY GOOD ON THE RED CARPET AND MANAGE TO JUGGLE DEMANDING JOBS THAT PUT THEIR LIFE CONSTANTLY IN THE SPOTLIGHT, THEY'VE MANAGED TO BUILD A STRONG FOUNDATION FOR THEIR RELATIONSHIP ALONG WITH A BEAUTIFUL FAMILY MAKING HAPPILY EVER AFTER SOMETHING FOR ALL OF US TO BELIEVE IN. HERE THE POWER COUPLE DISHES THE DIRT ON PARENTHOOD, ITS STRUGGLES AND WHETHER THEY PLAN ON ADDING TO IT.

Photography by FOUAD TADROS Styling by JADE CHILTON

Rym: Dress, Alaïa Paris Tiffany & Co. Blue Book Bracelet in Platinum with Diamonds; Tiffany & Co. Ring in Platinum with Diamonds; Tiffany & Co. Blue Book Earrings in Platinum and Titanium with Diamonds

Wissam: Tux Jacket, Tom Ford @ MrPorter.com; Bow Tie, Eton @ Harvey Nichols, Dubai; Pants, Zaid Farouki; Shoes, Giuseppe Zanotti Tiffany & Co. Blue Book Brooch in Platinum and Titanium with Diamonds; The Charles Tiffany Setting Men's Engagement Ring in Gray Titanium with an Emerald-cut Diamond



Vish Violet Tiffany Heritage Stones and Diamond Necklace; Tiffany & Co. Earrings; Tiffany & Co. Diamond Ring; Tiffany & Co. Ring in Platinum with a Fancy Vivid Blue Diamond and White Diamonds Dress, Elie Saab



0

Tiffany & Co. Platinum Butterfly Necklace; Tiffany & Co. Russian Diamond Earrings; Tiffany & Co. Diamond Ring in Platinum; Tiffany & Co. Ring in Platinum with Fancy Pinkish Purple Diamonds and White Diamonds; Tiffany & Co. Bracelet In Platinum and 18k Rose Gold with Pink and White Diamonds Dress, Roksanda @ Ounass.com

Tiffany & Co. Necklace in Platinum with Diamonds; Tiffany & Co. Fancy Vivid Yellow Diamonds and White Diamonds; Tiffany & Co. Yellow Diamond and Diamond Ring; Tiffany & Co. Bangle In 18K Yellow Gold with Diamonds

A PARTY CALL



### RYM & HER MOTHERHOOD JOURNEY...

The most powerful thing about becoming a mother? Life taught me many things, on how to become strong but I never understood how strong I actually was until I became a mom. I didn't understand the term patience or my sense of responsibility. Love had a whole new meaning, and giving unconditionally too. Learning that I should always be the best version of myself in front of my family, my kids and myself. My ability to protect, and stand up against all odds, and have the strength to do it all was beyond my comprehension; being a mother showed a new side to me that I never knew existed.

How do you balance all you do with parenting? Honestly? I don't know. But all I do know is that my kids and my family are my number one priority and whatever I'm doing is for them and I always make sure that I'm there when they need me. And I do believe, when I am successful, I'm happy and when I'm happy I give more. Plus having the right partner always makes things easier. Wissam is not only supportive but also an amazing dad. Before you became a mother, did you have any thoughts of what kind of mother you wanted to be? And how does that compare to the reality? I always dreamed about becoming a mother like my mom. I always wanted and want my kids to love me the way I love my mom. I am who I am today because of her. I'm strong and still testing my strength because she is strong and full of love. It's true I am a mom but I'm her child too! It's amazing how my mother still does her job being my mother. When I'm weak and feel like I'm giving up she gives me strength; her words always remind me to do more and give more. I've never seen a mom like her (I think every daughter sees her mom as her role model) and for me she was and still is the best. Honestly sometimes when I look in the mirror, I see my mom, I don't see Rym.

#### WISSAM ON FAMILY ...

The father of girls. How is it living in a house full of women? It's the kind of life filled with love and tenderness. Blessed to have them all. Do you have to pick your battles? I try to choose my battles wisely; at the end of the day, I believe it's not about winning, but about investing energy in the right spaces.

The toughest part of parenthood? I would say the toughest part is trying to disconnect between the tough daily life (work, situations, daily stuff) and give them the quality time they deserve, and the quality time I crave having with them every day. And the best part? The best part is being around them, watching them grow into incredible little ladies, understanding them and daydreaming on who they will become.



Tiffany & Co. Blue Book Pendant In 18k Yellow Gold with A Melo Melo Pearl and Diamonds; Tiffany & Co. Fancy Vivid Yellow Diamonds and White Diamonds: Tiffany & Co. Schlumberger® Two Bees Ring in Platinum and 18k Yellow Gold with a Round Brilliant Diamond and Marguise and Round Brilliant Diamonds

#### 101 WITH RYM & WISSAM...

How would you describe your home in three words? Unconditional love, a sense of belonging, and a strong union.

#### How was family life during the pandemic?

**W**: It was a tough period especially in the beginning of the lockdown; Rym was alone with the kids and I was in Dubai for almost five months solo.

**R**: I was doing my job like nothing was happening around me. Wissam had to leave us and be in Dubai while we were in Beirut. Sophia was two months old and Bella was 16 months old. And kids at that age, all they need is love. Wissam's absence made me feel that I have no choice but to be strong and not think about the pandemic or the lockdown because all I was thinking about was these two babies I had to take care of.

#### Any love lessons the pandemic has taught you?

W: The best lesson - the only people who really care about you and your safety is your close family. Real love starts and ends in this circle. **R:** Family is everything.

#### Any more kids in your future?

**W**: We don't have plans now, but nobody knows. R: It's not on the cards for the moment. Resolution for 2022? W: My resolution for this new year is to focus on

what makes me happy and give myself a sense of freedom.

R: My fashion brand will see the light. Give more time to acting and create a second fashion TV show.

MOVIE STAR. PRODUCER. FOUNDER OF HER OWN CHARITY. THE FACE OF "THE SCHOOL FOR GOOD AND EVIL". AS CHARLIZE THERON SAVORS HER

# CHARLIZE THERON an inspired woman

BREITLING'S NEW CHRONOMAT CAMPAIGN. THE VILLAIN DEAN IN THE UPCOMING NETFLIX FILM, MOTHERHOOD, SHE BREAKS BARRIERS ON AND OFF SCREEN, AIMING TO CHANGE MENTALITIES.

# "NOW IN MY OLDER AGE, I REALLY FEEL THE VALUE OF SLOWING DOWN"

Feature

Interview by VIRGINIE DOLATA Photographed by MASHA MALTSAVA

• o her many fans, Charlize Theron is the epitome of beauty and femininity, transformed into an ethereal goddess for Dior's J'adore fragrance. In Breitling's new Chronomat campaign, she is a woman of commitment. It is not a well-known fact that, since 2009, Charlize Theron has been a respected messenger of peace for the United Nations and a tireless campaigner committed to social issues. In 2007, she created her own foundation, "Charlize Theron Outreach Project for Africa" which supports the African youth in the fight against HIV/AIDS and other causes. Last year, her charity launched 'Together for Her', a global campaign against domestic violence, which has risen significantly during the pandemic across the globe. When it comes to film, Theron also thrives on action, in her roles in "Atomic Blonde (No 2 has been announced), " Mad Max, Fury Road" or in "Fast & Furious +9". In "the Old Guard" on Netflix, she plays an immortal with style in incredible physical shape. She also demonstrates her versatility by choosing more demanding roles, at times requiring a full transformation. In 2004, she won an Oscar, a Golden Globe and a Silver Bear for Best Actress in Patty Jenkins' 'Monster', the story of serial killer Aileen Wuornos. The actress appeared unrecognizable having gained an extra 5 kilos. In 2018, she did it again in Jason Reitman's 'Tully", putting on another 8 kilos to play the role of a young mother: "I had to live with that weight for almost two years. At 40, it's harder to lose weight than at 20!" (ELLE France 2018). In 2019, she starred in and co-produced the drama "Bombshell" for which she was nominated for another Oscar. Soon, the actress will play Lady Lesso, the dean of Evil in the fairy tale "School for Good and Evil" based on the eponymous novels by Soman Chainani and directed by Paul Feig for Netflix (to be released this year). Now, at 46, Theron's greatest role in life is off-screen. A mother, she is raising her two adopted children, Jackson, 9 years old, and August 6 years old, on her own with a beautiful open mind.

### Feature

ELLE: You are an actress, a producer, a UN ambassador, an activist through your own charity and a mother of two... you confessed to having difficulties balancing your private and professional life. Have you found the perfect balance yet?

CHARLIZE THERON: I don't think perfection is ever going to be reached! I've made peace with that (laughs). I wish. I mean the balance is a very tricky thing as a single parent, no matter what job you have, but especially when you have a job that makes you travel. But that's always evolving as my kids are getting a little older. They're not just little kids that don't even have an awareness of where they're going. They're at an age now where they have interests and things to do after school!

#### ELLE: Are you nervous about going back on set after two years away?

**CT**: For the past two years, I've just been working in pre-production with our company, and that has been exciting. I'm now enthusiastic to go back to work but I'm also hyper vigilant on how I go about that. This is a very real virus that is not over, right. So, I think having a little bit of fear is smart.

# ELLE: What are your upcoming movies?

**CT**: I have "The Addams Family 2" which is out on October lst (As the voice of Morticia Adams) and then in post-production, "The School of Good and Evil" and a couple of things that are secrets as

of right now. I'm not really talking about them, but it will be really exciting when they come out. That's all I'm going to say (laughs)!

# ELLE: You have acted in 55 films and 6 series in just 26 years and you've received 18 nominations and have won 3 awards. What are you most proud of?

**CT**: I would say. my longevity. For every actor that's probably the most important thing. I always knew that I really liked this job and I really wanted to try and do it for as long as I possibly could. As an actor, your biggest fear is always that with this constant great new turn out of talent that somehow people will forget about you. When I was younger, just the idea of supporting myself, solely from acting without a second job to pay the bills, was such a dream! It's a tricky thing to achieve in this business. I feel proud of the things that I said "no" to. And I feel proud of the things that I said "yes" to, it was all in order to build a long career.

#### ELLE: What is your relationship with time?

**CT**: Time is precious. It's the one thing you can't buy more of. We're all going to get what we're going to get and it's therefore the most precious thing that we have. And also,

### "AS AN ACTOR, YOUR BIGGEST FEAR IS ALWAYS THAT (...) SOMEHOW PEOPLE WILL FORGET ABOUT YOU!"







us not knowing when our time will be done, or what we get to share and leave behind as a legacy or time spent with our kids. I really do think it is the most valuable thing on the face of this earth. So, I cherish it. I don't take it for granted. When I was younger, I was in a rush because I didn't know how much time I had. And now in my older age, I really feel the value of slowing down and really acknowledging the time that I have with my children, with people that I love and the time that I have to do things that really matter to me, to not waste it!

## ELLE: What do you like the most about the Chronomat watch by Breitling?

**CT**: We don't live in a time where we have to wear watches, so Breitling is incredibly smart. There is an understanding that consumers don't have to wear this watch, so instead they ask 'Why don't we design something that they would want to put on their arm?'. That's how I feel about the watch. There's a modern quality to the design, not to mention the great technical aspects of the watch. It's classic, it's modern. It doesn't dictate how your day should go or what you should wear.

#### ELLE: You created your own foundation "Charlize Theron Africa Outreach Project" in 2007. What prompted you to found it?

**CT**: I was born and raised in South Africa. I went through my young teenage years being very much affected by the AIDS epidemic that brought my country to its knees. The emergency of the AIDS epidemic was so tremendous in the late 80s and 90s that by the time we came to the 2000s we had a huge support in ARVs for people who were already positive. But what I realized was that there was a real gap and need in prevention.

## ELLE: In the wake of the worldwide pandemic, did you anticipate that the situation would get worse?

CT: It opened another can of worms. As we were checking in with all of our organizations that we support, the biggest thing that came back to us was gender-based violence. Women and young girls are the ones who suffer the most and fall through the cracks. We really believe that there's a lot of hope for women if we can give them access and a seat at the table. What was life-saving for some of us, staying home, was really a death sentence to a lot of people who were living with abusers. I really truly talk about this all the time. So yes, COVID made everything really hard, but it also brought communities together. We were all in this together. It made it easier to reach out and meant people really wanted to support organizations like CTAOP.

## ELLE: After a long and busy day like yours, how do you unwind?

**CT**: Well, sometimes my day goes on until I literally just get in bed and go to sleep. Having children, there's not a lot of alone time to sit and ponder your thoughts. And I sometimes fall asleep right next to one of my daughters. It's that kind of exhaustion. Otherwise, I love to connect with my friends over dinner or have a drink. That is incredibly relaxing. It gives me great joyl

### Feature



# MIND & BODY

AS WE TAKE OUR FIRST STEPS INTO 2022, WE TURN THE FOCUS ON THREE INSPIRATIONAL WOMEN WHO LEAD BY EXAMPLE WITH THEIR DAILY CHOICES AND RELENTLESS PURSUIT OF A HEALTHY MIND AND BODY. MEET HELENA HIJAZI, LANA NAHAWI AND CYNTHIA BOU KHALIL, AS THEY SHARE THEIR TOP TIPS, SECRET ESCAPES, VISIONS AND GOALS FOR WOMEN WHO, LIKE THEM, DARE TO THINK DIFFERENTLY AND EMBRACE THEIR FEMININE GENIUS, UNAPOLOGETICALLY.

By ODELIA MATHEWS

## Cynthia BOU KHALIL

NUTRITIONAL CONSULTANT, ALLURION LEBANESE @cyntbiaboukbalil.dietitian

A firm believer in weight loss through a oneon-one approach fundamentally based on motivation, counselling and support, Cynthia Bou Khalil is a woman who champions healthy living based on the big picture of her clients' health history and lifestyle. She works with Allurion's weight loss program – the world's first and only weight loss device that requires no surgery, endoscopy, or anaesthesia – to promote healthy living, with lasting results. Here she opens up about her personal tips and smart fixes for a lean and fit body.

#### PERSONAL MAINTAINCE

I'm a firm believer in consistency and balance. I try to make sure I am active every day, be it taking a walk or some light cardio and then I plug in some high-intensity activity, at least three times a week. I love running and always tuck into some healthy snacks to keep my energy levels up afterwards. I make sure not to drink my calories. On a regular basis, I'll usually have an early dinner at around 7 pm, after which, I'll wind down with a cup of chamomile tea, at around 9 pm.

#### HEALTHY LIVING

It is important to know the timings for meals when it comes to eating. Never skip breakfast and try to schedule your lunch around four hours after you've had breakfast. In the case you can't keep to this time, ensure you eat before 4 pm, else, your energy levels will plateau, and you will be ravenous by dinner time, which can lead to overeating. The ideal time to have dinner is by 7pm and sticking to this will allow for digestion.

#### CONCIOUS INDULGENCES

Paul Cafe is my go-to when I want to eat out and still want a healthy meal, as it has a skini-licious menu that has all the calories and nutritional information. I love Asian cuisine and Wagamama's stir fry is immaculate! They also have really tasty and healthy options for kids.

#### WHAT'S NEW FOR 2022

At the moment, I am working on getting my health coach and functional medicine certificate, as this is a field I'm very interested in understanding further. For those looking to lose weight, I often recommend a holistic approach that involves a diet, an exercise plan and guidance from a health care professional, such as the Allurion Program. It's also important not to do it alone, find a support system.

#### CHEAT-SHEET:

• Smart Eating: I rarely eat out, but when I do, I try not to go on a fully empty stomach. Snacking on some raw nuts keeps the hunger pangs at bay and limits over-eating. Before filling up your plate, try to make it a balanced meal and pick wisely from the buffet or menu. Sometimes, you might overindulge - this is completely normal. Make sure that you're very active the next day and drink plenty of water to aid your metabolism.



#### QUICK FIX: FIVE WAYS TO RESET YOUR DIET FOR THE NEW YEAR 2022

 Start with a protein-rich breakfast, such as a bowl of oats with some nut butter, and fruits or eggs. 2. Teach yourself not to snack on too many treats throughout the day.
Incorporate vegetables into your diet, whether as a side salad or part of the main meal. 4. If and when you can, have your dinner at 7 pm. 5. Try to cook more and limit take-outs, this way you can monitor the ingredients used and quantity.

> • Metabolism Boost: Ginger and cinnamoninfused tea is my go-to drink. I usually have this when my sugar cravings are at an alltime high, as cinnamon helps control blood sugar levels and keeps the cravings at bay. Ginger is great for boosting metabolism and minimizing hunger. Just boil some ginger and cinnamon in water and once it's steeped to your preference, pour in a cup and enjoy.

> • Nutritional Leanings: I love the Mediterranean diet and I follow it on most days. I try to include two to three vegetarian days per week and include fish, as it's a great protein and omega-3 source. I also have periods where I reduce my gluten and dairy intake and focus on natural wholesome meals - usually before and after the holidays.



### QUICK FIX: ANYTIME & ANYWHERE

Try this full body HIIT circuit which can be done anywhere. It will get your heart pumping and leave you feeling invigorated. The more you do the workout and the fitter you feel you can increase the workout time from 20 to 30 and then up to 40. • Burpees: 4 x rounds - 20 secs work, 40 seconds rest \*1 minute rest • Jump Squats : 4x rounds - 20 secs work, 40 seconds rest \*1 minute rest • Jump Lunges: 4x rounds - 20 secs work, 40 seconds rest \*1 minute rest • Bench Hops: 4x rounds - 20 secs work, 40 seconds rest \*1 minute rest • Mountain Climbers : 4x rounds - 20 secs work, 40 seconds rest



# Helena HIJAZI

FOUNDER, FITNGLAM @FITNGLAMGYM AUSTRALIAN @helena\_hijazi

Driven by the theme of female empowerment, Helena Hijazi is on a mission to put the fun back into focus. As the Founder of FitnGlam - a revolutionary new concept for women and by women - she advocates for healthy living, from the inside out, beginning with motivation and pushing forward with positive energy. Here she shares her personal tips, easy-to-follow cheatsheets, and her vision for healthy living targeting women of all ages.

#### MORNING ROUTINE

I start my day with my personal prayers and then get the kids ready for school. After this, I head straight to the gym and do 30 minutes of cardio on either the stair master or treadmill to warm up my body. Then I shower and have a nutritious breakfast, normally at Active x Nolu's - the café at FitnGlam. I'll then reply to emails and I'm ready to take on the day!

#### FITNESS FUN

I love training with weights, as well as group exercise classes, walking and more recently, cycling. My family and I have weekly fitness competitions using our fitness watches to track who hits the most steps or burns the most



I like to find hidden cafes around the city for coffee or to work remotely. My favorite right now is Jaow Café in Jumeirah - it has a secret rooftop garden that makes you feel like you've stepped out of Dubai. Winding down and having time to myself is very important to me, and so once a week I always do a yoga or a deep stretch session, typically Vinyasa Yoga.

#### CHEAT-SHEET

calories. At least once a week, we also do some

form of physical activity as a family which is

usually walking or cycling. This encourages

and motivates us all to consistently stay fit and

healthy. I currently train with one of FitnGlam's

in-house trainers who is a IFBB bikini pro-

athlete from Australia. My fitness routine

consists of four strength sessions per week and

FitnGlam is a whole new world of holistic

fitness for women only, that is powered 100%

by women. Every detail has been carefully

chosen - from our world-class trainers to the

boutique fitness classes and the best gym

equipment including the UAE's first Gluteator

machine and the Body-Gee Boxx analysis.

We plan to expand in the UAE in the next

6 months and our vision is to roll out the

FitnGlam concept globally after that.

with five days of cardio.

A REVOLUTIONARY SPACE

• Music Hit List: For Cardio and HIIT workouts I listen to: My Power by Beyonce, Hideaway by Kiesza and Bulletproof by La Roux. For strengthening and weight workout I listen to: Survivor by Destiney's Child, Level Up by Ciara and The Greatest by Sia.

• Smart Habits: The most important fitness habit is my sleep routine and I make sure that I get at least 7 to 8 hours every night. In terms of training, I weight train three times per week to build and maintain strength. I try to do some form of physical activity at least 30 minutes every day, even if I'm not training, like walking or yoga. I also drink plenty of water, 2-3 liters a day or 3-4 liters in summer.

• Nutritional Tips: My personal nutritional tips are easy to follow. I like to have an omelet for breakfast, and protein and vegetables for lunch and dinner. I snack on protein shakes to keep me fuller for longer - especially when I am weight training it is important for me to keep my protein high.

### Lana NAHAWI

WOMEN'S EMBODIMENT AND EMPOWERMENT COACH JORDANIAN/ PALESTINIAN @lananahawi

Setting out on a journey of self-discovery. Lana Nahawi has redefined the concept of empowerment. Through her practice as an empowerment coach, she is changing the world, one woman at a time, by guiding them towards their inner strength and helping them cope with mundane pressures of life. Here's her take on life with an insight on how to face challenges that inhibit true growth potential.

#### CHASING DREAMS

Initially my gaze was external, until, through a lot of trial and error, messiness, wins and losses, I figured out resonant tools to turn away from conditioning, and to consistently feel my own answers. I'm so passionate about this work, I want to share it with everyone.

#### PAINTING A VISION

Our levels of distraction are so high, and amidst life's pressures and chronic exhaustion, a lot of us are struggling to navigate the way back home to



ourselves (where our power resides). My vision for women is to remember our truly rich essence, to collaborate with one another and support each other to be of service in the world, where we are very much needed! It is also, for us to redefine traditional notions of empowerment and do so on 'our own terms'.

#### CHALLENGING CONCEPTS

I've been challenging the need to 'escape' of late. I practice leaning into the reasons that create this longing for 'flight', so that I both build the capacity for tolerance, as well as to honor that which requires my attention. For a break I love to go to Kizikula (my husband's gorgeous boutique hotel) in Zanzibar.

#### WHAT'S NEW IN 2022

My work is trauma informed, so I've been reading Peter Levine's work recently. Next year, I'm working with a feminist scholar to deepen my work on the various systemic impacts on women. My best advice to women is to seek depth first, then direction. Figure out what you want, why you want it, what you enjoy, what your capacity is, what your reality is, what your longing is. There's a difference between what we want and 'think' we want. Also, don't take advice as truth.

Feature

QUICK FIX: ANYTIME & ANYWHERE

Anapana Meditation is a foundational mindful meditation The benefits are an increased capacity to be present and focused, to allow thoughts to swirl around without a strong attachment to them and to remain calm and in peace. • Sit in silence, allow and do not resist any sounds, thoughts and sensations. • Return to noticing and placing the attention on the breath, without changing the pace and depth. • Notice the flow, temperature of the air flowing in and out of the nostrils, rise and fall of belly and chest. Not changing the breath requires practice.

#### CHEAT-SHEET:

• Evolving Fitness: I'm consistent with the idea of an 'evolving' fitness routine. I typically gravitate between the gym, yoga and Pilates, with lots of dance. Mostly, I aim to honor my body and what it needs at any given time, age and cycle.

• Mindful Discovery: I enjoy following a frequent self-discovery routine. On a practical day-to-day basis, it's to pause and breathe before any activity or task and check in with what's alive in me and needs attention. As a more formal practice, I engage in regular embodiment practice to go deeper.

• Healthy Routines: I typically do a body scan meditation in bed before I start the day. I then sit up and say a little prayer, drink water, take the kids to school and start with Pilates followed by my personal embodiment practices which includes movement meditation, breath work, incense, etc. What I am consistent about is eating lots of vegetables, and indulging weekly and unapologetically in chocolate.



# GREEN Talks

### MEET THE FEMALE ENTREPRENEURS PAVING THE WAY FOR MORE SUSTAINABLE CHOICES.

At ELLE Arabia, we'd like to think that the days of unattainable New Year's resolutions – swear off sugar, sleep nine hours nightly – are behind us. Instead, we're advocating for mindful consumption in 2022, questioning how everyday choices impact not only our health, but also the health of the planet. And helping us get there? Three female entrepreneurs who are based in the UAE and making an impact in the fields of fashion, lifestyle, and beauty respectively. Here are their stories.



### Laura MANNING, FOUNDER OF BRW SOCIETY

The term 'small acts, big impact' comes to mind during a conversation with Laura Manning, who is making a difference, one teabag at a time. The self-professed "Dubai newbie", who hails from Wales, founded BRW Society in 2019 after months of asking her mother to send tea in the mail. What she set out to do. however, was launch a business that does more good than harm. "I wanted to give back to the planet instead of only taking," she says. As a result, all BRW Society tea products are not only plastic-free, but also ethically and sustainably sourced. "Whether it's to wake up in the morning or unwind before bed, tea is such an important part of everyone's daily lives, so it's a really good place to start if you're looking to switch to a product that's better for the environment," explains Laura. Makes sense, considering tea is the world's second most consumed beverage. As for what kickstarted her journey? Motherhood. "It began with my first pregnancy because I felt this huge responsibility of becoming a parent," she recalls, echoing the sentiments of many women. "I spent a lot of time researching what went into the products I was using and how it would affect my pregnancy, whereas I was quite oblivious before that," she admits. This year, as Laura and her three "little eco-warriors" continue to track their ecological footprint, her family has vowed to go meat-free at least two days weekly. "It's mindblowing how much of a difference you can make if you don't eat meat for even a day each week because of the effect of animal agriculture on climate change." Relatably, she says she has tried countless fad diets, but failed to make it to the end of the month. "I want this to be a smaller, more impactful change that's about being healthy and contributing just a little bit to make the planet of a better place." (Pictured left)



Raise your hand if you grew up hearing the merits of olive oil from your mother - and meet Mariam Khafagy. The entrepreneur co-founded Upfill, the region's first waterless personal care and cosmetics brand, with her husband Thomas. Incidentally, bathroom clutter is to thank for her lightbulb moment. "I had different shampoos for different days of the week. I was that person," she says wryly. "Also, my husband was never the type to wash his hair with soap, so when we moved in together, we realized just how much plastic we were using." Analyzing the labels of her products, Mariam noticed one ingredient repeatedly: aqua. Yes, the formula of the average skincare product is mostly water. It was this observation, paired with her background in chemical engineering, that made Upfill a reality. And while Dubai has long been home, she says beauty traditions across the MENA region have long influenced her preferences. "I'm from Egypt, where mothers and grandmothers use olive oil for everything – it's the solution to every problem in life," she chuckles. "Certain countries have specific ingredients: mud from the Dead Sea in Jordan, argan oil in Morocco, ghar soap in Palestine. Not only are they natural and effective, but they've also been used for hundreds of years because of their availability in the surrounding environment. The beauty industry may have evolved in the West, but our ancestors knew better!" Today, as Mariam's professional life is rooted in steering people towards natural beauty products that are water-mindful, her personal goals pertain to conscious fashion consumption. "People get so caught up in that whole 'new year, new me' mentality, but I'm one to break big goals into smaller, more achievable targets." Thrifting is high on her agenda for 2022. "I'm relieved that thrifting is becoming increasingly fashionable in this part of the world. There used to be this strange stigma around it, but the mentality is changing. It's about time."

# E L L E

# *Gergana* **ABDULRAHMAN**, co-founder of wild fabrik

Dubai's love affair with fast fashion is no secret, but Wild Fabrik is on a mission to slow things down, providing independent sustainable brands with a platform to sell their goods and ensuring their artisans are fairly paid. Gergana Abdulrahman, who's part of the trio of co-founders behind the online marketplace, credits powerful documentaries for piquing her curiosity about slow fashion. However, it's an 8-year journey of practicing mindfulness and creating a space of gratitude that brought her to this point. Mindset and shopping habits, she says, are interconnected. "How content you are with what you have is about your state of being. Some people shop to fulfill themselves or fix a bad day. I was one of those people," she admits. As for the occasional temptation to shop mindlessly? "It was a lot of mind work that led to this moment, but I'm not perfect. I remember being in a mall over the Black Friday weekend, and it just hit me how everything was on sale. I felt a little overwhelmed because I thought, 'Wow, this is tempting!' And I wasn't even trying to shop," Gergana recalls with a laugh. "At the end of the day, you have to revisit your goals. Is your goal to have a lot of stuff? And does it have to look a certain way? Or is your goal to find happiness and stick to your morals? That's the only thing strong enough to drive you to make this change." Married to an Emirati, the Bulgarian-American entrepreneur is of the opinion that, as a region, we're behind in terms of knowledge when it comes to sustainability - but not all hope is lost. "It will take time, but there are some surprising aspects. My husband's younger cousins, who are in their early 20s, are very much in tune with the sustainability movement. There's a growing community of young people who are concerned and will steer it in the Middle East."







For the Dior Cruise 2022 collection, ancient Athens serves as inspiration for Maria Grazia Chiuri; a series of photographs of one of Monsieur Dior's haute couture lines taken near the iconic Parthenon in 1951, the Surrealist artist Giorgio De Chirico's poignant memories of Greece, the universe of gallery owner Alexander Iolas and his incredible collection of vases

THEH

THE



Gold Hooded Sleeveless Body Gold Hooded Jacket Gold Shorts Rings All Dior Cruise 2022

Photography by JULIA HETTA
White Shirt Navy Blue Jacket Navy Blue ''Dior Chic'' Cap Earring **All Dior Cruise 2022** 

> Multicolored Skirt White and Silver "Dior Vibe" Sneakers All Dior Cruise 2022

Gold Shirt Gold Jacket Gold Shorts Gold Leggings White and Gold Socks White and Gold "Dior Vibe Classic Bowling" Bag White and Gold "Dior Vibe" Sneakers Rings All Dior Cruise 2022





Dress Black Bustier Black and White "Dior Caro" Bag Ring Earrings All Dior Cruise 2022

White Sleeveless Shirt Off White Blouse Off White Pants White ''East West Dior Bobby'' Bag **All Dior Cruise 2022** 

0

White Multicolored Skirt Multicolored '' Dior Book Tote'' Rings All Dior Cruise 2022

COLLECTION: DIOR CRUISE 2022; PHOTOGRAPHER: © JUUA HETTA © HELLENIC MINISTRY OF CULTURE AND SPORTS ODAP, GENERAL DIRECTORATE OF ANTIQUITIES AND CULTURAL HERITAGE; EPHORATE OF ANTIQUITIES OF ANCIENT CORINTH; TEMPLE OF ZEUS NEMEA

.

家城家

URE



# A CORNERSTONE OF ANY WELL-STOCKED WINTER CLOSET, THIS SEASON'S CROP OF CABLE-KNITS SATISFIES JANUARY'S COMMUNAL CRAVING FOR ALL THINGS COZY

Photography by SIMONE RUDLOFF Styling by NATHALIE VON GORDON

Knit Outfit, Fendi; Collar, Aurélie Bidermann @ YOOX.com









Coat, The Frankie Shop; T-Shirt, Jil Sander; Knit Pants, Isa Boulder; Sandals, Jil Sander x Birkenstock; Hat, Spatz Hutdesign Passau; Socks, Falke; Earrings, Sence Copenhagen





Dress, Sportmax; Hat, Spatz Hutdesign Passau; Armcuff, Oscar de la Renta; Sandals, Bottega Veneta

# ΤΗE

# AGE

# TOMORROW

 $\bigcirc$ F

Shape shifting into the future, Maeva shows us how to master the mordern iconic styles

Photography by ISMAEL NEBCHI Styling by KETI CHKHIKVADZE



Suit & Bag, Loewe Socks, Max Mara Shoes, Alzúarr









# SHADOW

When the Moon is out, the Party is On

Art Direction & Styling by ANAT DYCHTWALD

Photography by LIZ VAN KAMPENHOUT









Soft and sensual hues and textures are exactly what we're dreaming of this season

CREAM OF THE CRO













BRICO @ LUCIA AME NA FILIPEN PHOTOGRAPHER: YASMIN MAIWALD @YASMINIMAIWALD; FASHION STYUS] HAIR& MAKEUP: SASKIA MÜLLER @SASKIAMUELLERSTYLING; RETOUCHER: AI



BEAUTY AWARDS - THE TOP PRODUCTS IN EACH CATEGORY!

For the first time ever, La Collection Privée Christian Dior and Dior Makeup are adorned with the House's emblematic houndstooth check for the new limited series New Look collection





# FOUNTAIN of YOUTH

MORE THAN 15 YEARS AGO, GUERLAIN REVEALED TO THE WORLD THE POWER OF ORCHIDS' EXTRAORDINARY LONGEVITY AND THEIR INCREDIBLE COSMETIC POTENTIAL. TODAY, THE BRAND PRESENTS A NEW FEAT WITH THE REINVENTION OF THE ORCHIDEE IMPERIALE CREAM, OFFERING SKIN THE ORCHIDS' SECRET OF INFINITE LONGEVITY DRAWN FROM THE ROOTS OF AN EXTRAORDINARY NEW DUO OF ORCHIDS. WITH A FORMULA MADE UP OF 96% NATURALLY-DERIVED INGREDIENTS, THIS FIFTH-GENERATION PRODUCT DELIVERS UNIQUE SENSORY QUALITIES THAT DISTIL FINENESS, FULLNESS AND FUSION. ELLE ARABIA SAT DOWN WITH THE TEAM BEHIND THE EXCEPTIONAL NEW CREAM TO FIND OUT THE SECRET OF INFINITE LONGEVITY AND HOW GUERLAIN MANAGED TO DRAW FROM THE ROOTS OF YOUTH.



GUERLAIN IS REALLY FAMOUS FOR ITS USE OF ORCHIDS AND EVERYONE LOVES AND KNOWS IT, BUT THEY DON'T ACTUALLY KNOW WHY YOU PICKED ORCHIDS AND HOW YOU DISCOVERED THEIR POWER OF LONGEVITY ... Francois Gérard, Director of The Geneva Experimental Garden: They are such a special and unique plant with a totally different mechanism of photosynthesis; they have a range of molecules that you don't find in in other regular plants. They're also hugely diverse their ecosystem involves several worlds inside a very special world. So, when we came to do our research, we asked ourselves what sort of plant is going to be able to regenerate and we discovered that orchids are able to live more than 100 years and still flower; that means constant potential of regeneration and the ability to flourish. And that's why we went to this family and have been using it up until this fifth generation of the cream.

YOU USED TWO KINDS OF ORCHIDS THIS TIME AROUND. WHY THESE TWO IN SPECIFIC AND HOW WERE THEY DISCOVERED TO BE THE PERFECT MATCH FOR ONE ANOTHER? Frédéric Bonté, Director of Scientific Communication for Guerlain: In terms of habitats and ecosystems, they are completely different. But they both have very interesting properties that together help fight hypoxia of the skin; the Gastrodia Elata, which has been used in Chinese medicines for many centuries, is an anti-inflammatory while the Dendrobium Fimbriatum has an extraordinary ability to grow and survive. WHY IS THERE SUCH A FOCUS WORKING ON NATURAL MOLECULES RATHER THAN USING SYNTHETIC ONES? Quentin Favre-Godal, Head of the Fundamental Research Laboratory at the Guerlain Orchidarium: Synthetic is quite new; we are still not able to copy the complexity of molecules that we find in nature. Molecules have been evolving for years to be active so the activities are stronger in natural products and the complexity of their structures are very difficult to emulate even with modern science.

THE NEW CREAM IS ALL ABOUT INFINITE LONGEVITY AND THE NEW MOLECULAR EXTRACT ORCHID TOTUM. WHY WAS IT SUCH A BREAKTHROUGH DISCOVERING THIS NEW MOLECULAR EXTRACT? Frédéric Bonté: The Totum concentrates all the parts of the orchid. Composed of a wide variety of molecules, this molecular extract helps to regulate cell respiration, optimizing skin regeneration and, for the first time, targets a longevity enzyme at the root of skin's youth to regenerate the visible signs of ageing.

YOU USED A NEW ULTRASOUND TEST THAT DISCOVERED THAT AFTER 7 DAYS' USE OF THE NEW ORCHIDEE IMPERIALE THE CREAM, SKIN LOOKS ALMOST THREE YEARS YOUNGER. WHY USE THIS NEW METHOD? Cécile Koenig, International Marketing Director for Skincare: We wanted to see what happens from the inside instead of only from the outside. You see, clinical trials usually give results just based on the appearance of your youth. But we had this idea of getting deep into the root of the skin and finding out what is actually going on from the inside out.

DESIGNED FROM THE FINEST NATURALLY-DERIVED INGREDIENTS, IMPERIAL TRIAD DELIVERS UNIQUE SENSORY QUALITIES THAT DISTIL FINENESS, FULLNESS AND FUSION. WHY IS SENSORY SO IMPORTANT TO GUERLAIN? Cécile Koenig: Pleasure is very important for Guerlain - pleasure of application, the pleasure of the experience. When you offer your skin a luxury product, of course you're asking for efficacy, but you're also asking for something more. And it is this small pleasure of application, that self-confidence it can give to women. And as I say always, when you have the pleasure to do something, you do it more, and the more you do it, the more you increase the efficacy. It's like a cycle; at the end, it's a winning game.

ORCHIDEE IMPERIALE IS NOT ONLY AN EXCEPTIONAL COMPLETE SKINCARE PRODUCT, IT IS ALSO DESIGNED TO LIMIT ITS ENVIRONMENTAL IMPACT. WHY WAS THAT SUCH AN IMPORTANT MISSION FOR GUERLAIN? Cécile Koenig: As a brand, we are on a journey of constant improvement in order to reduce our packaging and increase the use of recycled materials. The new cream has now become refillable and is made from 40% recycled glass and 100% recycled plastic.









"ORCHID ROOTS ARE EXTREMELY SPECIALISED ORGANS CAPABLE OF PRODUCING NUMEROUS MOLECULES INVOLVED IN THE PLANT'S DEFENCE. THESE VARIOUS MOLECULES ARE ABLE TO BALANCE THEMSELVES OUT AND ARE OF GREAT INTEREST IN TREATING **BIOLO-GICAL DISORDERS."** 

Frédéric Bonté, Director of Scientific Communication for Guerlain









# THE new ESSENTIALS

EDEN-ROC

CHRISTIAN DIOR

THE MOST EXCITING AND COVETED PRODUCTS, CHOSEN BY ELLE'S WORLWIDE NETWORK OF **BEAUTY EXPERTS** 

FRAGRANCE

#### THE SCENT EDEN ROC,

COLLECTION PRIVEE CHRISTIAN DIOR "With this fragrance bursting with sunshine and salt water, imagined as a tribute to the French Riviera, Francois Demachy has managed to translate this holiday feeling, without falling into the "sun cream" notes that are too often seen on the market. Imagine instead, an ultraluxury fragrance, both mineral and enveloping, that evokes the contact of white stones warmed by the sun on the skin thanks to notes of citrus, coconut and jasmine." Theo Dupuis-Carbonneau, **Beauty Director @ ELLE** Canda & Quebec

Photography By FABRICE BOUQUET Realisation LAURIANE SEIGNIER

TANCONE

#### THE MASCARA LASH IDOLE,

LANCOME "If you like your lashes loud, you'll love this. But if you like your lashes light, you'll also love this. Because, somehow, the silky formula manages to build without bulk, so the impact and volume is there without the weight." Jennifer George, Acting Beauty Director @ ELLE UK



#### THE LIPSTICK **ROUGE COCO BLOOM, CHANEL**

"Fresh and glowy, the colors are intense and bright. I also love the plumping effect. It's the ultimate beauty item that every girl should carry in their makeup bag for any occasion, you can wear it to the gym or to a party." Lettie Tseng, Beauty

Director @ ELLE China

#### THE FOUNDATION RADIANT CREAM FOUNDATION, CLE

DE PEAU BEAUTE "It only takes a tiny bit of this cream foundation, which feels a lot like a balm, to cover your entire face. The skin-like finishwhich is glowy and radiant-has everybody asking what I'm wearing whenever I have it on." Margaux Anbouba, Beauty Editor @ ELLE USA



#### THE BODY

MOISTURIZER TONIC MOISTURIZING BALM WITH ESSENTIAL OILS, CLARINS

"It's like a postshower spa. The mix of lavender, rosemary and mint makes an energizing and amazing scent. The skin feels toned and moisturized without feeling greasy." Carolina Alvarez, **Beauty Editor** @ ELLE Mexico

# CULPTEUR

Intensive

TA.OL.

ontouring Care

sisley

200 ml

#### THE ANTI-CELLULITE LE SCULPTEUR, SISLEY

10

"It is a smart slimming product that makes all the difference. Its technology is innovative and efficient. Accompanied by a healthy lifestyle, it really helps to redraw the contours of the body." Marie-Noelle Vekemans, Digital Editor-in-Chief @ **ELLE Belgium** 

a sunscreen, this multi-use product hydrates skin, protects it from UV rays and blue light and creates a great canvas before makeup application, just like a primer. More than that, it gives the skin an instant glow. What else can you ask from your sunscreen?" Rozina Kouri, Senior Beauty Editor @ ELLE Greece

THE

PROTECTOR GLOWSCREEN SUNSCREEN SPF

40, SUPERGOOP!

"A lot more than just

#### THE MAKEUP M-POSSIBLE

MASCARA, KJAER WEIS

"This refillable mascara is the perfect example of a beauty product you buy not just because it has natural ingredients but because it actually gives you what you want: volume, and lots of it." Maria Thorgaard,

Beauty Director @

**ELLE Denmark** 

#### THE HAIRCARE LOVE

SMOOTHING INSTANT MASK, DAVINES "Italian pride! This

mask really can control frizzy hair in less than a minute. And the loyalty of the brand to the environment is impressive." Michela Motta, **Senior Beauty** Editor @ ELLE Italy LOVE/smoothing instan Lovely smoothing fast mask forco lisciante rapida per capelli crespi o rapide pour cheveux rèches ou int Mas With olive extract. Con estri /da/de Mr. Messina's fart 250 ml @ 8.

davines

Beauty Award

### • GREEN

Neer West

#### THE SKINCARE SKIN FOOD BODY BUTTER, WELEDA

"I've tried almost every product in this line by Weleda, and this is the jackpot item. This body butter absorbs into your skin in just a couple of minutes so that your skin is truly moisturized, not just slathered with a sticky layer. In love!" Dariya Nogayeva-Alishkevich, Editorin-Chief @ ELLE Kazakhstan

WELEDA Depuis (\$1921

#### Skin Food Baume Corps soln nourrissant inte

FACE CARE

#### THE MOISTURIZER THE CREAM.

AUGUSTINUS BADER "This is the ultimate do-itall product. Hydration, plumping, skin tone evening, you name it, it does it. If I ever stop using it, I notice it. I might be tied in for life." Jennifer George, Acting Beauty Director @ ELLE United Kingdom

#### ugustinus Bader

ABEILLE

ROYALE

ADVANCED

HUILE-EN-EAU JEUNESSE

YOUTH WATERY OIL

Guerlain

THE CREAM

HYDRATANTE

ml @ / 1.7 US fl. cz.

#### THE MASK VITAL PERFECTION LIFTDEFINE RADIANCE FACE

MASK, SHISEIDO "I've used many, many sheet masks over the past few years, but this must be the most luxurious one I tried. The scent, the texture of the essence and the amazing glow it gives me afterwards: it's really that good. This is my go-to whenever I'm having a big event or just want to feel confident in my skin before important meetings etc." Shanice Zoeteweij, **Beauty Editor** @ **ELLE Netherlands** 

110 ellearabia.com

#### THE ANTI-AGEING ABEILLE ROYALE

YOUTH WATER OIL, GUERLAIN "All this skincare line about bees is fantastic: the textures, the smell, the results and the bees' protection supported by Guerlain which is so important." Elisabeth Martorell, Beauty Editorin-Chief @ ELLE France

### HAIRCARE

#### THE SHAMPOO CURL MANIFESTO BAIN HYDRATATION DOUCEUR, KE RASTASE

"I have not personally tested it because my hair is straight, but I gave it to a friend who has curly hair. She now calls me her hair guru. She who often fought with her hair and tied it up all the time, found the pleasure of leaving it free. She loves the scent of the shampoo but especially the softness and shine it gives to her hair. She finally considers her hair as one of her beauty assets." Marie-Noelle Vekemans, Digital Editor-in-Chief @ ELLE Belgium

KERASTASE



#### THE CONDITIONER N°.5 BOND MAINTENANCE CONDITIONER, OLAPLEX

2011 5:8 105

XJJAL

"Oh Olaplex, how you've changed our lives (ok, hair) with your rebuilding, strengthening ways. Now that we can get the goods at home and not just in-salon, we're truly hooked. This conditioner is another excellent addition to the line."

Jennifer George, Acting Beauty Director @ ELLE UK

#### THE STYLING PRODUCT DRY TEXTURIZING

SPRAY, ORIBE "This is my new cultfavorite hair product. It is used to add texture and volume to the hair and can double as a dry shampoo. The results are amazing - and last for days! It smells areat and is also perfect for second, third, or fourth day hair, as it absorbs oil and revamps your style."

Barbara Huber, Beauty Director @ ELLE Germany



# SWEETSALVATion

STRIKING THE PERFECT BALANCE BETWEEN LIP CARE AND LIP COLOR, THE NEW ROUGE DIOR LIP BALMS BOAST A REVOLUTIONARY 95% NATURAL-ORIGIN FLORAL FORMULA THAT PROMISES TO WRAP ALL SMILES IN A COCOON OF HYDRATION. ELLE ARABIA SAT DOWN WITH PETER PHILIPS, CREATIVE AND IMAGE DIRECTOR FOR DIOR MAKEUP. TO FIND OUT WHY THE NEW LINE IS HARD TO RESIST, EVEN WHEN YOUR LIPS ARE FEELING FAR FROM CHAPPED.



Why Launch A New Lip Balm? When the whole pandemic started, we had to confront the idea that everyone was going to wear a mask. My first reaction as a makeup artist and as somebody who loves makeup was to ask, "what do women want now?" They don't want lipstick, but they do want a caring element and for me that automatically meant a lip balm. Some would still like to wear color for things like Zoom meetings, so that would be something between a lip balm and the Rouge Forever Liquid, because its light weight, good quality and comes in a beautiful range of shades; it's not intimidating, but it delivers. So when I launched the transparent Lip Balm 002, it was a huge success. I decided then to add more with different finishes, like satin matte and velvet.

The Reason Behind The Many Shades? It is all very psychological for women who did not want to wear lipstick because of the mask but they missed the feeling and results of makeup. Lipstick is a gesture after all, it is very feminine – the sound of the click, the turning, the application. At Dior, we wanted to hold on to that gesture, it to make it as noble as Rouge Dior and this why we introduced the shades. The colors are more natural and more neutral, more in tone with your skin.

What was the design process like? The color of the range was something really important to us, so we listened to the different feedback, saw what was possible in our factory and what would work formula-wise with the ingredients. We ended up with a product that was not a lipstick but a lip balm. It gives a hydrating feeling and also has a tint to it. A two in one that colors and cares at the same time. I love using it as a base under lipstick! How does inclusivity play out in this collection? We selected 110 women which represent all skin types, tones and even age, and tested the line on them. We managed to fine tune shades to make sure that there was one that matched every single person. Not a lot of people know about this so we have been using social media to help reach out to a larger audience so they can get to know our products more deeply.

Any other new launches? Dior Forever. The old formula was great, but the challenge was to make it more natural in ingredients. Also regarding sustainability, the lid used to be twp pieces and now it is one piece which has a huge impact on recycling. The sleeve is recycled paper and the glass is recycled as well, all done without having to give up on quality and clarity of the bottle.



CHANEL has historically bet on the fact that the plant world has a lot to teach us, and remains a reservoir of sustainable and endlessly promising discoveries. In fact, with the creation of N°5, the House of Chanel has for 100 years, built up a unique expertise in cultivating flowers, the key raw materials in its perfumes. This same approach - the study of plants and extraction of the finest materials - has likewise guided its foray into skincare. Following years of research into the properties of the Camellia, the remarkable anti-ageing properties of the Red Camellia extract are at the heart of the N° 1 de Chanel, an innovative, global and sustainable approach to beauty that combines skincare, makeup and a fragrance mist. We spoke with Nicola Fuzzati, Innovation and Development of Cosmetic Ingredients Director and Chanel Camellia Expert, about the science behind the new line, what makes the Camellia so special, and the best techniques for maximum results.

# A NATURAL INSP*i*RATION

ELLE ARABIA TAKES A CLOSER LOOK AT THE GROUNDBREAKING LAUNCH OF N° 1 DE CHANEL, A NEW GENERATION OF ANTI-AGEING SKINCARE WITH THE MAGICAL PROPERTIES OF THE CAMELLIA AT ITS VERY HEART





The Camellia flower has always been one of the icons of the House. especially in skincare and fragrance; what is so special about it and what are its characteristics? With its winter blooms and evergreen leaves, Camellia Japonica is a unique plant in more than one way. It is a real botanical treasure. For Chanel skincare, the story began with the White Camellia: Camellia Japonica Alba Plena. In fact, by analyzing the plant, Chanel's Research has discovered powerful molecules which have demonstrated exceptional moisturizing properties. The White Camellia lies at the heart of the Hydra Beauty line. Thanks to its expertise on Camellias, Chanel Research discovered the power of the Red Camellia,

Camellia Japonica 'The Czar,' the star ingredient of this new beauty line. It is extraordinarily rich in protocatechuic acid, an active molecule previously unseen in the Camellias analyzed by Chanel scientists. It has exceptional revitalizing properties. Indeed, it supports skin vitality, thereby enabling skin to remain healthy looking for a longer period of time.

How long did it take from concept to creation? Chanel Research spent five years developing this new line. Innovation is at every step of its development. It has a global approach to beauty that combines skincare, makeup, and a fragrance mist. The skincare formulas take advantage of the latest scientific advances to better counteract decreases in skin vitality for visible anti-aging efficacy. The formulas contain up to 97% of ingredients of natural origin and 76% Camellia derivatives, including a Red Camellia extract that specifically preserves the skin vitality. The performance has been clinically evaluated according to rigorous protocols incorporating the five major concerns of women who want to preserve beautiful and youthful skin: wrinkles, pore visibility, loss of elasticity, discomfort, and lack of radiance. And finally, this beauty line has been developed according to an ecoresponsible approach, both on the formulas and the packaging.

How many products are in this collection and what are the areas they treat? This new beauty line has been built around a fourstep ritual, centered on what is essential; a new way forward in looking after both skin and mind.

**STEP 1:** TO PREPARE • Red Camellia Powder To Foam Cleanser (face) cleanses, purifies, and illuminates Red Camellia Revitalizina Lotion (face) energizes, refines, and plumps **STEP 2:** TO PREVENT AND CORRECT THE APPAREANCE OF THE 5 SIGNS OF AGING • Red Camellia Revitalizing Eye Cream (face) reduces dark circles and puffiness, smooths wrinkles around the eyes • Red Camellia Revitalizing Serum (face) prevents and corrects the appearance of the 5 signs of aging

 Red Camellia Revitalizina Cream (face) smooths, plumps, and provides comfort and radiance

**STEP 3.** TO ENHANCE Red Camellia Revitalizing

Foundation illuminates, moisturizes, and protects • Red Camellia Lip And Cheek Balm enhances color, nourishes, and plumps the lips and cheeks STEP 4. TO REVIVE

• Red Camellia Serum-In-Mist (face) refreshes and boosts radiance

• L'Eau Rouge (body) A fragrance mist that scents, refreshes and invigorates

Who does this new line cater for? Women who live in an urban environment and want to preserve the radiance of youthful skin by reactivating sources of vitality. They are seeking effective beauty products that guarantee healthy, youthfully radiant skin at all times and

contribute to their well-being. How does the Camellia - and the other ingredient(s) included in the formulas - help in the process of enhancing our skin? There are four active ingredients that from the Camellia: Red Camellia extract that has exceptional revitalizing properties, Red Camellia oil that strengthens skin barrier function. Camellia water that delivers a cooling effect on application, and Camellia yeast extract that reinforces and protects the skin barrier. Depending on the benefits of each product, these ingredients have been combined with other active ingredients. For example, the eye cream combines Red Camellia extract with an anti-dark circles and anti-puffiness "light-complex".

In our region, there is a lot of humidity; how would this line work here? The sensoriality of the products is

very light, fresh and non-oily. They are rapidly absorbed by the skin. They also all have been tested on every skin types. Thus, it is totally adapted to your environment.

What would be your advice regarding skincare and wearing a mask? The steps of the beauty ritual are even more essential when we wear a mask. For example, the morning routine is dedicated to intensely reinforcing protection. Even more

For over 20 years, Chanel has been applying the same production rules to its skincare products, by cultivating and observing the riches of nature, and by carrying out scientific research in its four open sky laboratories, established in different climate zones worldwide to create the noblest effective ingredients.

CHANE

importantly, after a crazy day, it is time to properly clean the skin before applying the Revitalizing Serum and the Revitalizing Cream. During the day, as a beauty-on-the-go step, you can use the Revitalizing Serum-in Mist. Sprayed on the entire face throughout the day, it effectively helps protect the skin from pollution and thereby preserves its youthful appearance.

How are you incorporating sustainability with innovation? Sustainable innovation is at the core of Chanel research and development. One of Chanel's main priorities is to develop formulas with a high percentage of raw materials that respect the environment and are sustainably sourced. Limiting the environmental impact of our packaging, while continuing to maintain high quality and safety standards is essential. Among the many innovations: our packaging is more lightweight, we have removed cellophane, the paper leaflets have been replaced by QR codes, the revitalizing cream is refillable, and 80% of the packaging of the line is made of glass, among other innovations.

Nº1 CHANEL CHANE



BEST FOR... GUT HEALTH Skin Squad, Hum Nutrition

BEST FOR... A GLOW BOOST Absolute Glow Plus, Depuravita

HUM

BEST FOR .... VEGANS The Skin Perfection, Combeau

HAIR GUMMIES

ULLER & THICKER

10 of the Best... SUPPLEMENTS

BEST FOR ... COLLAGEN PRODUCTION Naked Collagyn,

Ancient + Brave

BEST FOR ...

Golden Sun Milk,

Anima Mundi

**DIGESTIVE SUPPORT** 

IN NEED OF A REBOOT? AMPLIFY YOUR GENERAL SENSE OF

WELLBEING WITH A NEW GENERATION OF SUPPLEMENTS THAT PROMOTE CHANGE FROM THE INSIDE OUT

BEST FOR.

HAIR GROWTH Hair Gummies, Hair Gain

BEST... POWDER The Suber Elixir<sup>TM</sup> Blood Orange, WelleCo

UNE PEAU PÉTALE DE ROSE

BEST FOR ...

RADIANT SKIN

On Veut... Une

Peau Pétale De

Rose, Atelier

Nubio

Beauty



BEAUTY TIP: WANT THE PERFECT '90S OMBRE LIP? START OFF BY LINING YOUR LIPS, BUT MAKE SURE YOUR LIP PENCIL IS NICELY SHARPENED TO MAKE TRACING THOSE OUTLINES SUPER PRECISE

#### TLC GO-TOS

The festive season leaves lips parched. If you're after damage control and repair with a hint of color, pick a hybrid product such as Dior Addict Lip Glow Oil or Sisley's Nutritive Lip Balm; they'll add a subtle and nourishing wash of color while mending lips that have over indulged.

> NUTRITIVE LIP BALM sisley

# Lip lip HOORAY

BECAUSE THE BEGINNING OF THE YEAR IS THE PERFEC TIME TO GET YOUR LIPS IN ORDER



The new semipermanent makeup procedure on everyone's, well, lips is making it possible for us now to wake up with beautifully flushed lips without applying even a stitch of lipstick or gloss. At Dubai's leading beauty bar, Brau, cosmetic artists work on enhancing the beauty of your natural lip color, while correcting asymmetry and adding fullness, with the goal of enhancing features instead of making them up. The 90-minute procedure begins with an anesthetic cream to render the area suitably numb, while the artist blends a custom hue for the client. They then use a single needle to create a series of dots penetrating the skin. The resulting tattoo, which typically lasts up to a year, instills lips with a pigmented tint (sans lipstick). Book a session @ Brau.ae







BEST FOR ....

BALANCE

Botanya

HOROMONAL

Skinclear Elixir,

**BEST... HERBAL** 

BOTANYCL

INFUSION Dodote: The Panacea Infusion, Vegetal Progress



#### The Treatment – LIP BLUSH



## At your door steps

دانا حوران





















الأساء فع المتطقة يوسمن طريقمن الخلص

حديثُ مسؤول الطريقان الموضة المسلدامة







🛛 🕶 🖸 🕲 🕐 @ellearabia.com

# Discover ELLE ARABIA on our PRINT and DIGITAL PLATFORMS

### Òåät crå

"I REALLY ENJOYED WORKING WITH ETIHAD AIRWAYS AND COLLABORATING WITH MANISH MALHOTRA TO DESIGN A DISTINCTIVE ABAYA SAREE FOR THE YEAR OF THE 50TH." Hessa Al Falasi



"I HAVE ALWAYS ENJOYED DESIGNING A SAREE. OVER THE YEARS, I'VE CONSTRUCTED SEVERAL STYLES OF THE 6-YARD STAPLE, WHICH IS MY ABSOLUTE FAVORITE, WHEN ETIHAD AIRWAYS APPROACHED ME TO CREATE AN ABAYA SAREE, TO MARK THE UAE'S 50TH ANNIVERSARY, I KNEW THEY WOULD MEET AT A CROSSROAD OF ELEGANCE AND MODESTY, MAKING IT AN EFFORTLESS, CHIC, VERSATILE, AND ONE OF ITS KIND SARTORIAL CREATION. I ALSO DECIDED TO GIVE IT THE POP OF COLOR TO ADD TO THE LOOK. IT WAS FUN CREATING THIS WITH HESSA AL FALASI, AND I THANK ETIHAD AIRWAYS FOR INVITING ME AND WOULD LIKE TO CONGRATULATE THE UAE FOR ITS 50 YEARS, A COUNTRY I ADMIRE FOR ITS VISION, ITS HERITAGE CULTURE AND BEAUTIFUL PEOPLE."

Manish Malhotra



# HOSTING the WORLD

EMIRATI FASHION DESIGNER HESSA AL FALASI AND INDIAN CELEBRITY DESIGNER MANISH MALHOTRA COLLABORATE TO CREATE THE UNIQUE ABAYA SAREE

Etihad Airways' 'Hosting the World' campaign celebrates the UAE's prospering fashion scene, bringing together experts from the fields of Formula 1, Music and Fashion from around the world, with their Emirati counterpart, hosted in the UAE. In the field of Fashion, Etihad commissioned the sought-after Emirati designer Hessa Al Falasi to be the host of the project. Al Falasi, who specialises in modest wear inspired by her travels and life experiences, is the most followed Emirati designer on Instagram today. Together, they invited celebrated Indian fashion designer and luxury couturier Manish Malhotra to visit the designer's studio in the UAE, to collaborate on a unique piece of fashion. The result: an entirely new style of clothing, based on a fusion of the traditional Emirati abaya with the Indian style saree!

#### About MANISH MALHOTRA

The celebrated Indian fashion designer, luxury couturier, costume stylist, entrepreneur, and revivalist launched his brand in 2005, and has continually reimagined Indian couture and its presentation. From having introduced the concept of 'showstoppers' on Indian runways to bringing a new palette of colors for the Indian neo-bride, Manish Malhotra has built a cult

following among royalty, stars and couturelovers alike. He recently became the first Indian designer to present his designs in NFT form.

#### About HESSA AL FALASI

Hessa Al Falasi, a highly sought-after Emirati designer that specialises in modest wear inspired by her travels and life experiences. Launched in 2011, Hessa has consistently designed collections with an emphasis on modesty and modernity, receiving critical and commercial acclaim. Today she is the most followed Emirati designer on Instagram with admirers among the top 5% of the HNI's in the GCC.





Play

#### TOXIC BY SANDRA SAHI

Dubai-based Sandra is an oriental pop artist who loves bringing in elements of her cultures through her music; case in point her first single 'Toxic' which combines French with nuances of her Arabic music. After her bilingual hit Ya Hayati, we're super excited to see how Sandra bringing some good girl pop vibes to the Arab music scene.



# WATCH See PLAY

THE FESTIVE SEASON MIGHT HAVE CONCLUDED, BUT THE WINTER COATS AND THE HOT CHOCOLATE STILL STAY. WE RECOMMEND YOU BUNDLE IN AND GET SET - MINUS THE ONE NIGHT AT THE OPERA WE RECOMMEND - THERE'S A LOT TO WATCH, SEE AND PLAY.



Listen

#### WHY THIS NOW BY RE:SET

For those looking for a safe, inclusive space that talks and raises questions that you might be apprehensive to ask – we recommend tuning in to 'Why this Now'. Having difficult conversations about mental health, gender, politics, and pop culture – they thrive on powerful storytelling.



#### MARJOUN & THE FLYING HEADSCARF

Netflix is (finally!) celebrating Arab cinema in full flow and bringing new Arabic content onto the platform. An independent drama delving into social issues, Marjoun & the Flying Headscarf follows a Lebanese American teen navigating her identity in Arkansas with a motorcycle, all whilst in a headscarf.



# Follow

ARE THE DAYS OF CAREFULLY CURATED, AESTHETICALLY PLEASING INSTAGRAM FEEDS BEHIND US? GIVE THESE NEW WAVE OF FASHION-SAVVY GEN Z'ERS A FOLLOW ON TIKTOK TO SEE WHAT WE MEAN.



LAILA EZZAT @Lailaezzat2

Model and content creator, Laila has guickly become one of the most sough-after models in Egypt. Follow her adventurous spirit as she keeps us well entertained with everything from silly takes on trending songs or her #OOTD - it's a refreshing face to follow!



ASMAA EIDIAN @Osi.s

This Kuwaiti cutie, with her short hair and quirky looks, is keeping it re(a)el, fun and fashion. Whether it's her everchanging style, on-trend moves or her colored hair - we can't decide what we love more about her.

Culture







#### CHICAGO AT DUBAI OPERA

The season is in full bloom, and for those looking for the perfect musical night out -Chicago is the way to go this January. Now, for those Gen Z-ers reading – it's not Kim K's daughter – it's one of the most popular and longest-running Broadway shows. Book now and watch the roaring 20s come to life!





HADIA GHALEB @Hadiaghaleb

Making fashion fun, Hadia's signature dance moves busted out at different locations is the top reason on why we follow her. The fashion influencer turned entrepreneur shows how to be comfortable in our skin – and dance – no matter who's watching.



SNEAK PEE Κ

# Perfect STRANGERS

THE FILM, DIRECTED BY WISSAM SMAYRA, TELLS THE STORY OF A GROUP OF FRIENDS WHO GET TOGETHER OVER DINNER IN WHAT SEEMS TO BE A FUN NIGHT UNTIL THEY START PLAYING A GAME THAT REVEALS THEIR DARKEST SECRETS, STARRING NADINE LABAKI, MONA ZAKI, EYAD NASSAR, ADEL KARAM, GEORGES KHABBAZ, DIAMOND BOU ABBOUD, AND FOUAD YAMMINE, THIS IS THE FIRST ARABIC NETFLIX FILM AND ONE OF MANY ARABIC SCREENPLAY ADAPTATIONS TO COME IN 2022. ELLE ARABIA GOT A CHANCE TO TALK TO THE STARS AHEAD OF THE RELEASE..



MONA ZAKI

Tell us about your experience in a film that combines a Pan-Arab cast? I am so excited to be a part of such a powerful pan-Arab cast. I admired the art of converting a pure European version to an Arabic one. My experience was great given that we all got the chance to become real friends. Although the movie is fun and light, it also sheds light on important topics such as the closeness of partners and parents with their kids, the harm mobile phones can do to us and our lives. It consists of stories that the audience can relate to. The movie has been adapted into 18 languages in different versions which makes me feel very special to be taking on a role that's been done 18 different times previously, and mine is the Arabic one!



NADINE LABAKI

Tell us about your experience in a film with a Pan-Arab cast? I really enjoyed working on this, especially since we all had low self esteem resulting from COVID-19 and the hard time that Lebanon is going through and we needed this. This made us feel like we're almost living a normal life. We got the chance to stay together for 6 weeks in one place and this gave us the opportunity to get to know each other better. I'm also friends with the director Wissam Smavra and with most of the crew, and I developed relationships with Mona Zaki and Eyad Nassar.





What is the main message that this film wants to deliver to the audience of the Middle East? It is

made in a way that travels easily across the entire Arab world, especially because of the mix of Lebanese and Egyptian. The story is highly relatable and real. It has stories with real feelings that the audience will enjoy and get attached to.



**GEORGES KHABBAZ** Do you think that your character has a message for the audience? My character is basically a man

who tries to implement a positive relationship between him and his teenage daughter through establishing honest and open-conversations between one another. He tries doing that without changing the existing principles of the community they live in. He doesn't want to make decisions for her but rather tries to teach her how to make

Culture

her own choices which definitely delivers a certain message to parents that they must instill honesty in their children and give them the right to live their life to the fullest without ignoring their principles, values and self-respect.



#### EYAD NASSAR

Tell us more about your character in the film and what attracted you to the role? Sherif comes across like a very simple, regular character

like everybody else at first, with no complications or deep problems. But this is far from the truth. It's only the front he tries to show to the people around him. He surrounds himself with a small close circle of friends, and wishes to appear with a certain persona even with his wife. He recognizes the boredom in their marriage, but doesn't want to admit it. He is usually quiet at home and doesn't mind the silence between them. Among his friends, this changes. He prefers talking and mingling with that close circle of people. Sherif has his own secrets. These secrets make up the timebomb in his life that explodes later on in the movie.



#### DIAMAND ABOU ABBOUD

Tell us about this unique experience and what it was like working with a Pan-Arab cast? Being a part of the

Arabic adaptation of Perfect strangers is definitely a unique experience according to me, especially that this movie made it to 18 re-makes globally and it was always a success. It is the first Arabic movie to be launched by Netflix with a wonderful cast and crew. It was a pretty rich experience and I enjoyed working with such an influential group of actors. The film portrays the importance of being honest and transparent among the closest people without being judged.



#### FOUAD YAMMINE

Tell us about your experience in a film that combines a Pan-Arab cast? This experience was very unique and a pleasure to be a part

of as I've never worked with a pan-Arab cast and this placed a lot of responsibility on me. They were all down to earth and very comfortable to work with and also very professional. Some of us knew one another and some of us never met. All of a sudden we became good friends and this was portrayed in the movie. I am very lucky to work with such a wonderful cast and crew.



On the Power of Animation Animation has the power to use symbolism as a shorthand for wider messages in the subconscious beyond what you see on screen. It has the ability to use a personal story and make it universal because many more people can identify with the animated character, which is different to how that happens with characters in documentary or feature films I've worked on throughout my career. It is an art form that touches sensibilities and emotions in an ethereal way. It's also powerful to create a world in which pigs can literally fly and it's accepted as reality. I enjoy that sense of humor and ability to lighten up the most difficult of subject matters.



#### On the Importance of Storytelling

Storytelling is the best way of sharing knowledge and culture in a memorable way. The receiver of a good story will both remember it and relate to it. We tell them to children from the youngest age, and we continue to tell them in different ways as adults. The best ones for me are those with universal truths. In my part of the world we often speak through stories - my father's family are from Nazareth so we always joke that we might be related to Jesus and he always spoke in paraboles!

#### Favorite way to relax & unwind

Music and losing myself in painting, taking long walks in the wilderness - also anything related to water: swimming or taking a hot bath with salts and oils helps reset me.



Snapshots: MAYA SANBAR

THE AWARD-WINNING MULTI-MEDIA ARTIST AND DIRECTOR MAYA SANBAR DISHES TO ELLE ARABIA ABOUT HER INSPIRING ANIMATED SHORT FILM FOOTSTEPS ON THE WIND WHICH FOCUSES ON REFUGEES AND CLIMATE CHANGE, THE POWER OF STORYTELLING AND LOOKING AT THINGS FROM A FRESH VIEWPOINT, HER OUTLOOK FOR THE NEW YEAR, AND HER FAVORITE WAYS TO UNWIND ...



#### On bringing certain topics to Life

I think each artist is digging deep within him/her self in one way or another on the topics that feel personally important to explore. For me, a recurring theme has been questioning borders and boundaries, freedom and human rights, and giving a voice to the invisible. Nature is playing a strong role at the moment in shaping the way in which this is manifested. I think that's why for Footsteps on the Wind we wanted to speak about both conflict and climate refugees - the world we are living in is changing and shifting in many ways.

#### When not in the film studio, you can find me...

exploring new places to camp out with my two little boys. They are full of energy and keep me on my toes. When I get a break you'll find me in a lake or river having taken up wild swimming during lockdown - one good thing that's come out of it all: pushing us beyond our comfort zones.



Footstebs ON THE WIND The animated short film - which aualifies for Oscar contention follows the plight of Noor and her little brother. Josef as they journey far away from home, orphaned from a devastating earthquake. Director Maya Sanbar can relate to the plight of refugees as her own family has a history of refugee displacement, her father having fled Haifa, Palestine in 1948. Maya joined

forces with co-directors Gustavo Leal and Faga Melo, the founders of the Brazilian award-winning film production company Dirty Work to create an animated film to the haunting tune, Inshallah, produced by her company Chasing the Light Studio. Legendary artist Sting gave his refugee-inspired song 'Inshallah" to Maya so that she could create an animation

film as a therapy tool for traumatised refugee children and to raise awareness of the growing refugee crisis around the world. "To me, 'Inshallah' - which means 'if God is willing. then it shall come to pass' sounded like a praver that people in this situation may recite," says Sting. "I imagined myself in that circumstance, wanting to bring my family to safety in a very dangerous situation." Maya, who wrote the screenplay for the film with Pedro Paulo de Andrade, has worked on a variety of films and documentaries including Wajib, Freak Show, House in the Fields, The Idol, The Muslims Are Coming, The Time That Remains and Trouble The Water. @mayasanbar

@chasingthelightstudio Footstepsonthewind.com



Read

THE NEW YEAR COMES WITH A PROMISE OF NEW RESOLUTIONS, REVELATIONS, AND BEGINNINGS – BUT IN ALL OF THAT, WE CONTINUE TO CELEBRATE WHAT GOT US HERE. WITH THAT IN MIND. THIS MONTH'S LIBRARY HAS SHELVED ORIGIN STORIES THAT'LL HAVE YOU DISCOVERING CELEBRATED ICONS, THAT MIGHT INSPIRE A NEW RESOLUTION OR TWO..



#### PICASSO: SEVEN DECADES OF DRAWING by Olivier Berggruen and Christine Poggi Pablo Picasso, of the greatest artists to ever live, had a prodigious career of nearly 70 years. The book explores the evolution of his work with over 40 examples on loan from private collections and works in a wide range of media; think charcoal, crayon, colored pencils, gouache, ink, pastel, watercolor, the works!



#### DIAMONDS: **DIAMOND STORIES** by Assouline

One of the greatest origin stories of all times - and let's be honest, they are a girl's best friend, diamonds have always had a tone of ethereal mysticism about them. From royals to celebrated moments, discover the tall tales, keepsake pieces and stories of the world's most captivating stones.

126 ellearabia.com

Culture



TOM FORD 001 & 002 by Tom Ford

One of the greatest fashion icons, Tom Ford transformed Gucci into one of the sexiest brands and brought forth hard-edged style with 21 st century glamour with his designs. Explore his chronicles in this beautiful double edition series, from his time at Gucci to Yves Saint Laurent to his work today, complete with previously unpublished pictures and stories from Tom Ford himself!



THE GO BETWEEN by Osman Yousefzada The British-born, Pakistani/ Afghan Pashtun-origin and renowned fashion designer gives us a window inside his community based in the west. The coming-ofage story follows Osman's upbringing in a devout, patriarchal family amidst living in a red-light district on the wrong side of the tracks.

# E L L E



#### THE LOW DOWN

What is now the Woodward was in fact the Hôtel Bellevue, which then turned into a private residence, then offices, then a bank and now coming back full circle to its roots, is once again a majestic hotel on the super highend Swiss lakeside. A class act with old-world finesse reflected in its historic façade, the post-Haussmann style is left outside the doors on the Quai Wilson as a wave of contemporary eclecticism confronts those stepping in off the street. Reimagined by world-renowned architect Pierre-Yves Rochon, interiors ooze mid-century modernism bathed in muted golds and highlighted by rich marbles, dramatic murals and fine gilded Victorian lacquer. With 26 suites to boot, offering sweeping views of Mont Blanc and the city's emblematic jet d'eau, every design detail has been carefully curated with signature flourishes including parquet floors, silk wallpapers and marble fireplaces. The hotel is also home to the Guerlain Spa, a relaxing oasis that features 6 wellness suites, including one for couples, and some of the best treatments this side of the Swiss lake.

#### GOOD EATS

Boasting the latest edition of the wellestablished L'Atelier Joël Robuchon, the new iteration features an open kitchen concept, where guests can enjoy a theatrical dining experience of French-and-Asian-inspired dishes, such as the Sologne caviar and crab not to be missed! Oetkercollection.com



Earrings, Lizzie

Fortunato.

Life

The Woodward, Geneva

UNRIVALLED LUXURY AND HERITAGE CHIC WITH A HIGH-END MODERN TWIST OFFERING MAGNIFICENT VIEWS OVER LAKE GENEVA





#### TRAVEL BACK IN TIME AND EXPLORE THE UNMISSABLE HISTORIC SITES OF THE 'ROSE CITY'

oncealed in a high-walled valley and carved deep into red, white, and pink cliff faces, the Lost City of Petra is a significant archeological site and one of the Seven Wonders of the World. Its breathtaking architecture and ancient ruins explain why the 2,400-year-old city has been a UNESCO World Heritage site since 1985.

Spring is the ideal season to make the most of your trip and explore all 60 magical miles. Stay within the vicinity for at least one night to experience "Petra by Night" when the 'Siq' is lit with over 1,800 candles and visitors walk silently to Al Khazneh - possibly the most stunning of Petra's many wonders. Rest your head after at the five-star Movenpick Resort, conveniently located directly at the entrance of the ancient city, because you'll have to head out early if you want to climb the 900 steps to Al-Dayr (The

Monastery): one of the most impressive buildings located at the peak of Petra. On your way to the top, stop off for a cup of tea at one of the countless Bedouin tents.

To explore the land from underwater, you will find beautiful dive sites in Aqaba, just a two-hour drive from Petra. One of the most iconic is called The Tank, lying only 6m below the surface, home to lionfish, scorpionfish, and eels and is ideal for beginners and advanced divers alike.

Consider squeezing Amman into your itinerary to explore the buzzing capital before heading 40-minutes southwest to float in the Dead Sea - a spectacular natural wonder if you really want to get ahead on that bucket list. Jordan is full of must-sees and is a unique destination that mixes history and relaxation.





#### WHAT TO DO

#### Visit

In the middle of untouched nature, situated 58km south of Amman, is Zarqa Ma'in. People have traveled for miles to bathe in its medicinal waters or to simply enjoy a hot soak in the thermal mineral waterfalls and springs.

#### Eat

Uniquely Jordanian, The Petra Kitchen is the perfect place to unwind after a day of sightseeing. Book in for one of their nightly cooking classes and learn a trick or two about local cuisine in a casual family atmosphere.

**Stay** Life on Mars? In the heart of Wadi Rum, Sun City Camp is as close as you'll get to the red planet complete with private bubble tents, all inspired by The Martian and designed for star-gazing.

### Life upfront

Kristina Dam Studio

Brutus Lounge Chair

the Bowery Combany

## *Meet:* CHRISTIANE NASR, FOUNDER OF THE BOWERY COMPANY

Established in 2014, Dubai-based The Bowery Company is an award-winning on-and-offline concept store incorporating the edgy, urban feel of New York with the clean minimal lines of Scandinavian furniture and accessories. We LOVE their new 5,000-saft showroom in Dubai's Al Quoz area which showcases prominent design brands such as HAY, Ferm Living, 101 Copenhagen, Kristina Dam, Bolia & many more. Here, Christiane guides us through the latest in design for the New Year...

#### The top trends for 2022?

I believe the curvy trend will still be big in 2022; think curved lines, arches, uneven squiggly silhouettes and fun geometric shapes - very 70s. I also think sustainability will remain a large focus for majority of both brand and consumer. Another trend which I believe is becoming more and more in focus is interior pieces with an earthy/ grounded feel. This trend is portrayed through certain fabrics, tones as well as shapes.

What's your personal design aesthetic? I have a strong bias for the Japandi aesthetics which is a blend of the Scandinavian and Japanese minimalism that encompasses products that value craftsmanship, simplicity and functionality. We have recently become the regional distributor of 101 Copenhagen, a Danish brand that anchors their true essence to the Japandi style. Their latest AW21 collection is just stunning full of beautiful organic shapes and colors.

Your favorite furniture/home décor designer? | love Kelly Wreastler, she has revolutionized modern design. I also love Mies van der Rohe behind the Seagram building in New York with his approach of adding geometry to minimalism. Frank Gehry also definitely makes my top three - he is undoubtedly one of the most avant-gardists architects in the world with his use of unusual and bold shapes and he is also the man behind the highly awaited Guggenheim Museum in Abu Dhabi

Exciting newcomers at The Bowery Company? We are very proud to have recently launched Danish design brand Bolia to the region. With 68 stores in Denmark, Sweden, Norway, Germany, Belaium, the Netherlands, Switzerland, Austria and France - we are the first to bring the brand to the G.C.C. The Bolia design team also includes over 30 international designers who all share a passion for New Scandinavian Design and sustainable creations. Sustainability is the starting point for the development of every new design at Bolia.

Top three tips to make a house a home? My top tips for making your house a home would be to create comfort and style and improve functionality in all areas. The sense of comfort we can get at home can be easily created with the use of calming tones and colors, neutral accessories or even adding a bold statement piece which gives a feel of nostalgia.

1. Rejina Pyo 2. Kenzo Sport 3. Chloé







Нау

Christiane Nasr

Founder & MD The

Bowery Company

The Bowery Company



# *Pssst...* FEEL THE LOVE

Bloomr Periwinkle Hydrangea

Arrangemen

L'Couture, Dubai's homegrown athleisure brand, has us already hooked on their uber-cool separates for the gym. Now, we're lusting over The Feels Collection for snuggly down-time at home. The beautifully soft Teddy Collection is a set for all ages and includes a selection of unisex LC Mini pieces perfect for snuggling up -'matchy-matchy style' with your little ones!



Ro Collectio

Missoni Hom

Designer Johanna Ortiz has launched her first Home Collection centered around L'Art De La Table. The fun and elegant collection is about sophisticated handcrafts made from natural fibers and refined artisanal accents, borrowing prints from her collection archives.





A young Aziza, founder of Design Emporium, in her heyday



# EMPIRE ON the RIS

WHETHER IT'S CREATING A CHINOISERIE ROOM, A 17TH CENTURY BAROQUE INTERIOR OR AN ART NOUVEAU FRENCH SCENIC, DESIGN EMPORIUM HAS ALWAYS BEEN THE LEAD PURVEYOR OF LUXURY INTERIORS WHEN IT COMES TO FABRICS AND WALLPAPER. TODAY, IN THE HANDS OF KARIM MOLYNEUX-BERRY, THE DESIGN FIRM FOUNDED BY THE LATE AZIZA MOLYNEUX-BERRY NEE AL TANANI, CONTINUES TO GROW FROM CULT NICHE TO INDUSTRY LEADER. HE OPENS UP TO ELLE ARABIA ABOUT HIS MOTHER, HER CONTAGIOUS PASSION AND HOW HE'S KEEPING HER LEGACY ALIVE.



What determined your passion for design? My mother is the definition of living one's life by design. I came to this realization when I was staying art. It dawned on me that the greatest piece I could create would be myself, my actions, my works that last far after me, only later did I realize my mother was already a Grand Master.

30

20

2-2

5-2

Tell us about Aziza? She did everything for me. Sent me to the best school in London, made sure I went to the Opera

"SHE WAS TRULY A FORCE TO BE **RECKONED WITH. SHE PAVED THE** WAY FOR A LOT OF US WOMEN ESPECIALLY IN THE DESIGN WORLD. SOMEONE TO LIVE UP TO." Tamara El Tanani of Living In and Don Tanani

"AZIZA TANANI WAS A FORCE OF NATURE, SHE WAS A FIERCE BUSINESS WOMAN, A KIND TEDDY BEAR AND SHE PUT PROTECTING HER FAMILY AND HER WORK FAMILY AHEAD OF EVERYTHING ELSE. TRULY A VERY UNIQUE WOMAN." Dina Khashab of Eklego Design

and ballet, showed us the world before I was a teen, and even sent my brother and I to Arabic and Koran classes in London to make sure we were connected to her culture and morals. I was the host and table setter for all her dinner parties. She was a super fun and social person who laughed, lived and loved.

Your fondest memory of her? Off road driving in a convoy of Jeeps through the western desert during a sandstorm for five hours just the two of us in my car. The best advice she has ever given



you? Living by example. She was a highly moral person and always did the most she could for others. She had a passion for charities and set up the Zamalek Children Initiative in the Grotto for underprivileged kids to go and play, eat and learn instead of working the streets

DE is renowned for being a family-run business. When did you join the team? I started working for my mother from the age of 12, pricing catalogues of

"AZIZA WAS THE MOST ENTHUSIASTIC AND EXCITING PERSON TO BE WITH: CAIRO CAME ALIVE IN THE MOST EXTRAORDINARY WAY WHEN I WAS WITH HER AND THE FAMILY. I LOVE HAVING MY FABRICS AT DESIGN EMPORIUM AND I'M EXCITED THAT KARIM IS CARRYING ON THE BUSINESS." Nina Campbell, Interior Designer



fabrics and wallpapers in her Dokki showroom. We worked together for many glorious years.

DE has been around for more than 29 years. What's the secret to its success? By definition we work with the biggest brands, from Osborne & Little, Christian Lacroix Maison and Nina Campbell to Matthew Williamson Home, Designers Guild and John Derian. Our level of consistency and elegance is what has kept us the home to the best brands.



WHAT'S THE HOTTEST COLOR OF THE MOMENT? I would say the UK and EU DESIGN TIPS are into Duck Egg (a shade of pastel green) and pastel purple, but the reality in the region it's beige, but slowly more and more people are taking risks, but not enough. MUST-BUY FABRIC? Bouclette or boucle; it was Kim Kardashians favorite two years ago and only now it's just becoming big here. TO WALLPAPER THIS YEAR OR NOT TO? Panel! Of course, wallpapers are indeed timeless, but Panels are an easy and fun way to change your space without committing like wallpaper. THE ONE PIECE OF FURNITURE TO INVEST IN THIS YEAR? Cushions. Get high-end duck feather cushions for winter and spring and switch them out to keep your interior relevant and dynamic. COMFORT THINGS THAT CAN ELEVATE WFH LIFE? Separate zones, color coding for relevant activities, and the use of fabrics to make everything more comfortable. THE MUST-HAVE DESIGN EMPORIUM BUYS FOR 2022? Cole and Sons wallpaper, Christian Lacroix cushions, and Camengo Kids fabrics and wallpapers.





fter two of the most difficult years that any of us can remember, we need to start looking towards the future. We need to rebuild our ambitions, and re-think how we are going to achieve them. The world is different, but there are at least as many new possibilities open to us as we had before; all we need is a push in the right direction. This year that push is going to come from Jupiter. As always, his tendency is to move things onwards and upwards, and to make them bigger and better, which is good. There are three separate contacts between Jupiter and other outer planets in the first few months of the year, and they will give us the impetus, the inspiration, and the new direction that we need.

The first contact is with Uranus. Jupiter and Uranus together are an explosive combination, and they were very active at the start of last year; but their alignment in 2022 is much softer, and they are coming to the end of the cycle that they started in 2010. The demolition of the life we used to live is complete, so what this planetary pair are doing now is helping us decide which parts of our past are worth keeping and



will be useful to us in the future, and which we can leave behind. There will be a lot of re-using and re-purposing here, and maybe a few harsh decisions as we decide that certain things we enjoyed in the 2010s don't seem to fit in the 2020s, so we will let them fade into history.

Jupiter's conjunction with Neptune on April 12th is the most important planetary event of the year, though it may also be the hardest to actually identify, and its importance may not show itself until many months later. Neptune is all about inspiration and ideas, the things that delight us and that we aspire to, and when combined with Jupiter's positive energy they create a new style, a new sound, and a new set of values to define ourselves by. Jupiter and Neptune meet up like this every 13 years, and each one creates a new wave of ideas which spread out through art and music. This time they are together in Pisces, a sign in which both planets are at their most powerful, so the effect should be noticeable. All sorts of new ideas will be floating around; some will fade, but others will coalesce into definite trends, which may seem a little strange and unfamiliar at first, but which will soon become mainstream, and give us all something new to aim for and enjoy.

The final Jupiter contact this year is with Pluto. When taken together, this pair can create a wild and reckless sort of all-ornothing feel, as Pluto's power turns up the volume on Jupiter's already upbeat energy. But we should have no fears. This is only the opening phase of their cycle, and at this point the two planets are doing no more than saying 'good morning' to each other. It's quite low-key. Strong and optimistic, but not uncontrolled. What we should take from this, I think, is the idea that we need to be bold, and to push forwards, making a new life for ourselves after spending the last two years in fear and not daring to move. We can, and should, dare to take risks again in launching new projects for ourselves - but at the same time we should be cautious, and not try to do too much at once. This is the start of the cycle, and it will build momentum over the rest of the decade, so there's no need to rush.

If we put all those together, we get a sense of packing up and moving on from Jupiter and Uranus, and a sense of being bold, in a quiet but determined way, from Jupiter and Pluto. As one cycle ends,



G Ο TEXT BY BERNARD FITZWALTER

SPECIAL SUPPLEMENT













another begins. And in between those two comes a flood of new ideas from Jupiter and Neptune, which in the months which follow will create the mood and the look of the 2020s, enabling us to leave the 2010s behind without looking back.

2022 has something else to offer, too. The big planets may define epochs and eras for us, but it's the smaller ones that shape our everyday lives, and particularly Venus and Mars, whose ever-changing dance is the background music to our love affairs. Usually when these two meet in the skies, they are only within range of each other for a few days, enough to meet and fall in love, but no more; but this year they stay in very close alignment for two whole months, through February and March. Such sustained heat might be enough to forge some very deep and strong relationships and with the inspirational effect of Jupiter and Neptune added, the results would be in every way a new start, with a new outlook for the future. It's just what we need.





## ARIES

his is likely to be a very successful year for you, though you will need to pay attention to the timing and the rhythm of it, because it changes tempo in the later months. For most of the year your ruler Mars sweeps through the sector of the sky concerned with visible success and career achievement, and you can expect to make some real progress. Plus, in the summer, Mars passes through your own sign, which is another good thing. He comes home to Aries only in alternate years; obviously, the years when he boosts you with his presence are going to feel better than those where he doesn't, and this is one of the good ones.

All of this happens in the first part of the year - so if you have a list of things that you want to do, you should make a start on them as soon as you possibly can. You should have no problems with that: diving in head first is the usual Aries way of doing things. There are some battles in March and April, which you will probably win; and one in May which will teach you that sometimes it's best just to walk away.

There is a wonderful momentum to all this which lasts well into the summer, but then as Mars slows down, so do you. Maybe you have gone too far, too fast. You need to take some time to rest, to recuperate, or simply to catch up on all the things that you put to one side as you raced ahead earlier in the year. If you used the early months well and reached the targets you set yourself, then this slower phase of the year will be both useful and



enjoyable; but if you let the start of the year slip by and hoped to catch up in these later months, you will find it hard to do all that you wanted.

It's a fabulous year for your personal life, too, though again the best times are in the earlier months of the year. It seems likely that you will create a very successful relationship with someone you work with. At first you are in competition with each other, but then you become a team and it is clear to everyone that you work better together than either of you could ever do alone. Inevitably, as you spend more time together the relationship becomes personal as well as professional, but while your new partner is happy for your relationship to be out there for all to see, you're not quite ready for that, preferring to keep it more private. So you let the emotional temperature cool a little. When you are in the slower phase of the

year, in the later months, you will have time to think about how you want to go forward from where you are, with an important decision for you both likely in early October.

For your career ambitions, this year is one of your all-time best. As well as all the energy and momentum provided by Mars, there is also a unique opportunity on offer in the spring which could transform your life completely. It is the last of its kind, so if you want it, it must be now or never. This year's finances reflect the rewards of your success: May shows a noticeable improvement, and the autumn is good too, but November may remind you to stay within your limits, and not to overspend.

# TAURUS

ight now, what you need most is self- belief. In the past, you were happy simply to defend your own position and wait forunsettling events to wash over you and subside, like waiting for some bad weather to pass. Recent times, however, have shown you that you need to play a more active role in moving your life forwards, and you have accepted that. But when you think you have found a new direction, you then find yourself wondering whether it's the right one for you, whether you are capable of rising to the challenge. There is too much self-doubt and questioning of your own motives; it's holding you back. For all of the first two months of this year you are engaged in this internal debate - but eventually, you manage to create a plan for yourself that you feel is practical and achievable, and at the same time doesn't go against any of your deeper beliefs, and so you finally start to move forwards. Progress

will be slow at first, but speed will build steadily as the year goes on; by November you will be in places you have never known before, both literally and emotionally, looking ahead to a better future which will feel very new and exciting. You will be helped in all this by the energising effect of the solar and lunar eclipses, which fall in your own sign this year, as they do once a decade. Eclipses create great waves of change, and although these are sometimes disruptive, they are also necessary, and always beneficial in the long term. You will already be moving ELLE HOROSCOPE TEXT by BERNARD FITZWALTER

forward when the eclipses come, around the time of your birthday; if you are ready to go with the opportunities they offer, you will be able to feel your life move up a gear and start to accelerate. It's all good.

Your personal relationships seem to fall into two distinct phases this year. In the early months, there is a very close alignment between Venus and Mars, suggesting a long-standing friendship becoming something deeper. It's intense, but at the same time it's nothing new: there is a feeling that this is something you should have done a long time ago, and maybe in doing it now you are both just ticking boxes, answering questions about what it would be like if you were lovers as well as friends. It's fine, but once you have answered those questions, where does it go? If you were ever going to be more than good friends, then surely it would have happened by now. And with new





directions for the future opening up elsewhere in your life, somehow this all seems too firmly rooted in the past.

Maybe that's why, at the end of the year, you allow yourself to get involved in something different. It's playful rather than deep, but you're happy with that. It looks to the future, too, which is good.

Your career position seems steady, for now. If you want something firm and reliable when everything else is changing, then this is good - but in September you will feel the tension between the support it offers and the restrictions it places you under, and any choice you make will have long-lasting consequences. In your finances, spend on the things you love in April, but watch every penny in November!



# GEMINI

ou are always among the first to pick up on anything new, and you also get bored easily, so you need a constant flow of new ideas to keep you entertained and to exercise your creativity. This year is going to meet and exceed all your expectations. As Jupiter meets up with Neptune, they will create a fountain of new ideas and possibilities, and you will have huge fun looking at every opportunity that comes your way. turning it upside down and inside out to see what it has to offer you. For some signs, there is a danger that they can get too deeply involved in a new scheme which turns out to be going nowhere, overtaken by another a few weeks later; but you are much too smart for that. You can skip from one to the next quite easily, and you can see which ones are worth following and which will lead to dead ends. And somewhere in this

bundle of options for the future is the path that's right for you, the one which will take you through the rest of this decade. You'll know it when you see it, and your instincts are usually reliable

in such things, so reach out and grab it before it disappears.

If only your personal life had such certainty! It seems that for most of this year your relationships are filled with uncertainty, nervousness, an unwillingness to commit, and sometimes just bad timing, which is most untypical of you. At the start of the year, you seem to be having deep conversations about whether you and your present partner are really suited for a lifetime together, or whether there are differences in your basic beliefs and attitudes which can never be resolved. As one of you makes a concession, the other rejects it, and then the other way round; clearly, you are not in step with each other. You would probably just allow yourselves to drift apart, except that there is still a certain sexiness to the affair, some unfulfilled desires that you can't easily walk away from. It's very confusing. There's another episode of this in May, and again in October. Each time you think it's going to work, and then you pull back, full of new doubts. By the end of the year you are becoming impatient with the whole process: there's plenty of passion,

but not much progress. Actually, what has happened is that you have allowed yourself to take the game too seriously, and lost that characteristic lightness of touch which you apply to every other area of your life. If you can make the relationship fun again, the problems will probably resolve themselves.

In your working life, this year will probably see a change of direction, and perhaps even a complete new start. With Jupiter now at the top of your chart your prospects of success are better than ever. and when you are given a chance to put yourself and your work before a wider audience you will find it hard to say no. In your finances, you seem to be paying off past debts and investing for the future, particularly in November. It's expensive, but it's the right thing to do if you want to make some clear space in your life so that you can follow your new career path.

# CANCER

ometimes, the rules of life that we all know seem to change without warning. What was previously considered acceptable is now frowned upon, and what was once considered very daring becomes everyone's usual behaviour. It may be that these changes occur each time Jupiter and Neptune are together, as they are this year; both of them bring new ideas and ways of thinking. And in the Cancerian chart, they are both in the sector to do with what you think, what you believe, and how you grow wiser and more perceptive over time. It's also to do with travel, of the kind which puts you in a completely new location and gives you a different viewpoint from the one you had before. So this year is one where you learn to think differently and allow yourself to absorb new influences, gently dissolving old prejudices and accepting new realities. At the end of the year it may lead to a decisive break with the past, the start of a new chapter in your life - not forced upon you, but by your own choice, which makes a big difference.

In your relationships, the first few weeks of the year are full of deep emotion, but they are also quite formal in tone, almost like a costume drama. You seem to be deliberately waiting for something to happen, and when it does you are disappointed in the outcome. At another time it might have been enough, you think; but not now. Your views on relationships, and what you want from ELLE HOROSCOPE TEXT *b*γ BERNARD FITZWALTER



them, are changing, and with this year's eclipses directly affecting your love

life and also the things you want for yourself, pleasures rather than obligations, then you are being urged by the planets to be honest with yourself about your own emotional needs. The first half of the year may not show you what you want, but will certainly show you what you don't want, and that's a good place to start. The solar eclipse at the end of October, and the full moon which follows it, may mark the start of a new and very significant relationship, which could lead to a very unexpected change of direction for you.

part of a very successful period which extends into 2023 as well. If your first efforts aren't successful, don't worry there is more than enough time for you to go back, do whatever is necessary, and then make a second attempt, better prepared, later on in the year. The flow



For your career, this year is the first

of events is definitely in your favour, with the planets

almost standing in line to grant you their favours, and that means you can afford to be more adventurous in your choices, rather than going for the safe option as you may have done in the past. Think about all the things you have never done, but would love to try. An eclipse at the end of April may show you a way forward you had never even considered, the sort of thing that other people get to do, but not you. Now it seems it's your turn, so if you fancy it, why not? In your finances, all seems well. The best times will probably come in March and August, with perhaps a dip in April, but nothing to worry about.





eptune has been in the sector of the sky to do with your far future for several years now. His influence is always intriguing and enticing, but also vague and indistinct, so since none of the things he offers you are ever clear or definite in their rewards, you have always ignored him. But this year Jupiter passes through that sector too, and you learned long ago that wherever Jupiter is, then progress, profit and pleasure will follow, so therefore you have to pay attention. Together, these two mighty planets will create a sort of bright point of inspiration, shining at you from the future, beckoning you to follow, yet at the same time irritatingly fuzzy and undefined, so that you can't quite see what it is that lies ahead. It's

very annoying. What you have to do, therefore, is take a gamble on the future. You have to believe that making a new start, trying something that you have never done before and leaving behind you all the things that have brought you success and comfort in the past, will bring you similar success in the future. But why abandon something that has worked so well for you? Because that part of your life cannot last forever, and you need to look forward. Jupiter and Neptune will inspire you - and in due time, they will reward you, too. In between those two points comes a lot of hard work, but you also have a lot of talent and self-belief, so you can do it.

Your love life seems to alternate between steady and predictable on one hand, and tempestuous on the other. Either a long-term relationship is going

through some argumentative times, or there is a sort of love triangle forming - not so much with someone new, but with someone you still haven't properly left behind. There is a particularly tense time just after your birthday where you feel compelled to make a choice - but then the circumstances brought you to that point ease, the emotional pressure is released, and the crisis subsides. The final act in the drama takes place in November, as a surprising truth is revealed; at that point everything is transformed, and all those previously agonising decisions become very easy. What belongs to the past can stay there. The future is a clean page, and you're happy with that.

This is a significant year for your work and career. This year's eclipses fall at the top and bottom of your chart, influencing your role at work, the direction you are taking, the solid base of your past achievements, the way you are seen by your colleagues and competitors, and more. There will be big changes, with two factors very prominent. Firstly, the unexpectedness of it: none of it will be what you were planning, and it will take you in a completely new direction. Secondly, you will be disappointed, or perhaps angered, when some reward that was due to you goes to someone else, or turns out to be far less than you were led to expect. In your finances, longterm potential looks excellent this year thank Jupiter again - but you might find yourself with a short-term cash shortage in September. It's not a huge problem, just a little awkward for a week or so.



 $\checkmark$  o get the best out of this year, you need to think differently. When you look out from the sign of Virgo in 2022, what you will see directly opposite you is the wonderful combination of Jupiter and Neptune, pouring out their creative potential throughout the year. It's glorious - but it's not easy for you to make use of. Your skills are in precise thinking and attention to detail, while Jupiter and Neptune are the opposite. In terms of art, Virgo is hyper-realist, with every little thing perfectly depicted; Jupiter and Neptune are like huge abstract

yourself to think on a larger scale. Think of places you would like to go and things you would like to do, but resist the urge to make these ideas into actual plans with neat edges in your head. Let them spread. Let them grow. This should not be a year where your path, and your schedule, are already defined for you and if they are, then do all you can to loosen them. Give yourself room, and time, for these big planets to work their magic, and inspire you for the future. In your personal life, too, this is a time to let yourself be carried along, and see what happens. The planetary emphasis is on your partner's side of the chart, not your own, and that means that any initiatives in your relationships

are going to come from them, not you.

If you start a new romance, it will be

the other person who makes the first

move. In a long-term relationship, it will

be your partner who suggests the next

works, great expanses of colour. To

appreciate them, you have to allow those

colours to soak into you, and see how

your imagination reacts. This is about

inspiration in a very pure sense, to be

interpreted differently by everyone who

experiences it. It's very un-Virgoan - but

that doesn't make it a bad thing. Allow

VIRGO

suggested, of course; you can reject what is being proposed, or disagree with parts of it, or suggest alternatives. But in all of these you are making a response, not taking the initiative, and that seems to be the pattern for this year. That may sound dull, but it need not be so: in the early months of the year your relationship will almost be too hot for you to handle, taking you to heights - and depths - of passion that you may never have known before. The end of the year has some fire in it, too. As with everything else this year, if you define your relationships and your expectation of them too closely, they will deliver no more than you

144 ellearabia.com

LEC





big step towards your joint future. You don't have to agree to everything that is expect; but if you allow yourself to think,

and feel, on a wider scale, then you will be surprised by what they offer, and by vour own response.

In your work, you seem uncertain about a new role offered to you, but after some thought, and negotiation, you decide to go with it. The final part of the year puts a huge amount of extra work and responsibility on your desk, but actually you quite like that, because you can be sure then that everything is done the way you want. Finances should be fine all year - but insist on what you are due in October.





### LIBRA

✓ his is the year of your re-emergence, with your onward path tracing a beautiful curve, taking you higher and higher and growing in confidence all the time, until it reaches its high point just around the time of your birthday. Lightness and movement are what Libra is all about, and the next twelve months are going to put back what has been missing from your life for far too long.

To begin with, though, there is some unfinished business from 2021 to be attended to, in the base and background of your life. After all, without a solid base, how can you climb high? It may mean finding yourself a new home, somewhere that will sustain and nourish your ambitions. It may mean establishing a new support network of people you love and trust, and that

you can rely on to fight your cause with you. Whatever it is, you will know what has to be done. There are some tough decisions to be taken here, the sort that seem drastic at the time but when you have done them, you know that you did the right thing. Once they are done, you are free to move onwards - and, more importantly, upwards.

In your relationships, you could be at the start of something quite significant. The first few months of the year are very sexy, and of course enjoyable simply on that level; but once that episode is over, you seem to be giving serious thought to making your relationship something more permanent. Towards the end of the year other things intervene, so you keep the affair as it is for a while; but then in the final few days of the year you start to move forwards again, so maybe what you weren't able to do in 2022 you can complete in 2023. Time doesn't really matter here; you've decided that this is a relationship for the long term, so there's no hurry. There are also clear signs that your lover, or partner, feels the same way,

making the sort of lifestyle adjustments that are not needed in a quick love affair but are essential in a long-term commitment. For both of you, therefore, this is something special.

In your work, it's time for a re-assessment of what you do, and why. This year's conjunction of Jupiter and Neptune in one of the work-related areas of your chart will show you that you are not making the best use of your talents, and that there are other roles for you, that you would find more engaging and satisfying, and would also be better paid. Jupiter in this sector is saying that you are worth more, in every way, than you are at present. Often a Libran will allow another to have more than their share of the rewards, or will offer to do more because nobody else will - and eventually you reach the stage where you have no space to work in, no room to grow or develop your career, and of course no time. The solution is to step outside the cage that you have made for vourself, however unintentional that may have been, and start again; this year will give you the opportunity, and the inspiration, that you need. In your finances, be ready for some surprising moves, both up and down, in April and May. The second half of the year, thankfully, should be calmer.

# SCORPIO

✓ his is an important year, with four eclipses either in your own sign or the one opposite; somehow, somewhere, the forces of Fate are going to have an impact on you, and there is no way to avoid that. An eclipse in your sign will usually move you forwards, whether you want it or not; and an eclipse opposite you will often push you back, or force you to cancel your plans.

As always, the way to get the most benefit from an eclipse is not to fight it, but to go along with it. In most cases, what eclipses bring is what you wanted anyway, but not at the time you wanted it. Seen from two or three years downstream, the timing will no longer seem so important, and you will be grateful for the eclipse helping your life move forward. Similarly, an eclipse that seems to work against you, or which forces you to change your plans, can often be preventing you from making a big mistake; and again, from a few years in the future, you will see that the eclipse actually released you, or saved you from becoming trapped. In the short term, eclipses work over a period of a few months, but the changes you make in your life in response to them will last for some years, probably until the next time the eclipses pass through your sign

in 2031. Look on this year, therefore, as a sort of reset, aligning your life to the new mood of the moment, and setting your course for the rest of the decade.

Your love life this year is wonderfully rich and romantic - but just as with the eclipses, the planets' message here is to let yourself be carried along by the current of events, and not to attempt to control them. Jupiter and Neptune are an inspirational combination, and in the lovers' sector of your chart they will take your relationships to another level; but what they provide will have a dreamy, fluid quality to it which you may not like. You prefer relationships which are intense and controlled, and something which seems to have no purpose or direction will seem like a waste of time; but Scorpio is, as you know, a water sign, and like splashing around in water there is much that is good in a relationship which has no purpose other than to play, and no direction other than to drift along the current.

In your career, you seem to be thinking about the future, which may well be a consequence of the changes brought by the eclipses. Your ruler Mars is as busy as ever, but his path this year doesn't take him over the top point of your chart, the indicator of success. It

ELLE

HOROSCOPE





may be that you are no longer chasing promotion, but instead looking to take your career in a different direction, and while you investigate that option you are happy to stay where you are for a few months longer. In money matters, March and May look good, but the real advances are made at the end of the year, when you seem to be concentrating all your efforts on creating a secure longterm financial position for yourself. That's probably a sign that you are getting ready to move on when Mars starts to accelerate at the start of next year.





# SAGITTARIUS

t first sight, the combination of Jupiter and Neptune which occurs this year is a dream come true for you. All L that Sagittarian optimism provided by Jupiter, and the limitless flow of new ideas and possibilities provided by Neptune: what could go wrong? Lots of things, but two in particular. Firstly, you could throw yourself into some bold new idea with all the energy and resources at your command, totally confident that this will be the key to your future success and happiness; and then it turns out to be a flop. Neptune is also the planet of illusion, remember, and could easily be sending you mirages instead of true visions. Secondly, you could have so many options to choose from that you cannot commit yourself to any single one, because the others all look so good - and the result of that

is you don't pick any of them, so the opportunities are wasted. The path to success and happiness therefore, is a relatively narrow one somewhere between these two extremes of overenthusiasm and inaction, and it is up to you to set its boundaries. Each time Neptune offers you a chance to make a dream come true, ask yourself how practical a proposition it is. If it seems reasonable, and you still want it, then

try it. If not, look elsewhere, because in a year like this one there will always be plenty of alternatives, all equally attractive. Be adventurous, by all means; but not foolhardy.

You are trying to find the middle path between extremes in your personal life, too. There are several occasions when you are uncertain about whether to move a relationship forward, or keep it at a simpler level. Being just friends

isn't intimate enough, but being lovers creates issues of long-term commitment which takes away the sense of freedom that you love so much. You may find yourself take tentative steps in one direction, then pulling back, and then changing your mind and trying again, all through the year. It may be that you are trying to move the relationship forward in a direction that it isn't yet ready to go in, especially during June and July. In the final months of the year, the relationship has a heat, and maybe an anger, that wasn't there before. Perhaps this is a different relationship; but even if not, there is a lot of energy, some loud discussion, some real passion - and you like that. Both of you are treating it as a sort of game, and you seem to enjoy it that way. If it works for you both, then why not?

With Jupiter being so strong this year it is more than likely that you will be moving on in your career - yet that inability to choose which Neptune provides is present here too, so the process is unlikely to be straightforward. This year's eclipses are placed in your chart so that they act like doors, opening and closing paths to the past and future. If you had hoped to slip quietly through, perhaps leaving them open a little in case you would like to return later, that won't be possible. These doors are loud and heavy, and when they clang shut, everyone will know, including you. In your finances, your luck is best in February - and in December.

# CAPRICORN

trange though it may sound, the best thing about this year is something that doesn't happen. Uranus and your ruler Saturn come towards a close alignment again this year, as they did three times in 2021; but this time they don't quite make contact, and gently drift apart again. Saturn gets a chance to rest and recover, and what that means is that you won't be getting a repeat of all the stresses you went through last year. The planets are moving on, and therefore so can you; you can get your life back on track, and start to move forwards. There may be a few months in the middle of the year when it seems that you are going nowhere at all, but that is just part of the annual rhythm of Saturn, and it will correct itself within a few months, as it always does. There is no need for you to worry, and certainly no going back to the way things were before.

The external appearance of your life may be quieter in comparison to last year, but in your personal and emotional affairs there seems to be quite a lot going on. The first few weeks are unusually soft and romantic, and even though that's not usually your thing, you will find yourself enjoying it. February is especially intense, and if you are not presently in a relationship then it is

very likely that by the end of the month you will be. This year's eclipses are also ready to re-energise your personal life, bringing new people into your social circle, and raising the emotional temperature generally. This year, it seems, the heavens are determined to put some love back into your life, and stop you working so hard. The lunar eclipse that falls in the lovers' sector of your chart in early November will highlight all sorts of emotional issues that you haven't really thought through over the past two years, as well as all your fears for the future - and it will push them into the past instantly, by taking you and your relationship forward in the most unexpected but most wonderful way. You never knew that your life would - or even could - be like this, but it is, and you love it. As so often happens with eclipses, other options that were previously open to you will then disappear, as if by magic; what is left is not only your only option, but also the best one, which makes taking a decision



ELLE

HOROSCOPE



about your future together very easy. Finally, at the end of the year, Venus returns to your own sign - clear proof that happy endings aren't just found in books or movies, but in real life too.

This isn't a year for making big career changes, but you will still be working very hard, particularly in the second half of the year. It's nothing that you haven't met before, it's just the sort of work project where you put your head down and get on with it, and that's fine with you. There's a useful alignment between energetic Mars and your own planet Saturn that lasts for several months, and you will make good use of it. In your finances, this is a phase of steady growth, with Saturn keeping everything under control all year long. There are good times in March and in August, but no real low points at all, which is excellent.







# AQUARIUS

his may turn out to be one of the best years that you can remember. Jupiter's contact to your own planet Uranus in February is probably the nicest of all the alignments that these two planets make: confrontation in replaced by co-operation, and because this is the last of the series before their next cycle starts in 2024, everything that you are dealing with seems very familiar and comfortable. This is where you feel that you are getting some reward for all that you have been through in the past few

you think has lasting value, and what doesn't. You are, in fact, curating your life, refining it so that you only keep the very best. And that may also be true in a literal sense, since Jupiter this year is in the sector of your chart to do with your material lifestyle. So all the things you surround yourself with, your favourite items, your personal luxuries, plus of course what you wear and where you live, are all being made better by Jupiter, and given a new twist by Uranus. You are living your best life - so enjoy it to the full.

Your personal relationships are equally exciting. Venus and Mars meet twice in the early weeks of the year; once is in your own sign, which needs no more explanation, but more significantly they meet a few weeks previous to that, in the chart sector where secrets are kept. Perhaps this is a new phase within your relationship which starts very quietly, without telling anyone else, and then when you are happy with it, you tell a

few close friends. Why the need for secrecy? Probably because at first neither of you are sure about what you are doing or how you feel about it. If you are presently unattached, this may show the very first stages of a new affair; in an existing relationship, it may mean taking a joint decision which neither of you ever thought you would. Telling even your closest and most trusted friends is still a big step. As other planetary positions show, there will be long and deep discussions between you before you finally do it, and you may change your mind several times along the way. Even if you have reached agreement, the road ahead is not entirely smooth: you seem to want different things in June, but happily there is a big reconciliation in September, so all is well. There is also something special at the very end of the year - but this time you are telling nobody at all.

In your work, too, you will be moving onwards, or upwards. A little setback in May shows you that you have gone as far as you can in your present role, but with the energy of Jupiter and Uranus driving your forward, you won't feel like staying where you are. October or November will provide a fabulous new opportunity, but to say yes may require a complete change of lifestyle or even a relocation. Think carefully about whether you want to prioritize your work over everything else in your life before you give a final answer. You may tell yourself that it's really all a question of money, but it isn't - and Jupiter will give you all you need this year anyway.

### PISCES

ou will never see another year like this one. It is a genuine once-in-a-lifetime experience. To have the two rulers of your sign, Jupiter and Neptune, together is rare, and hasn't happened since 2009; but to have them together in your own sign is even rarer. The last time was in 1856.

Does this mean that everything you want will be handed to you this year? No, not exactly. What it does mean is that everything you want will be there for you if you are prepared to reach for it, so it's a year of infinite opportunity rather than guaranteed achievement. But certainly, nothing you do this year will be a failure. There are no planets against you, and no insurmountable obstacles.

What this combination really does is to reset everyone's personal parameters, giving us new ideas to play with and new things to aim for. Some people are quicker to respond to the changing mood of the times than others - but since the source of these new ideas is in your own sign, you will be the first to sense it, move with it, and make use of it. You are at the cutting edge of change; in fact, your own tastes and opinions define it, because whatever is Piscean will now become the model for everyone else to follow. Being the centre of attention like this may be more than you are comfortable with; but on the other hand, if you have always longed for your moment in the spotlight, then this is it. The problem, of course, is that there is no defined path for you to follow, because this is a genuine new start. The solution is your own imagination and creativity, of which you have an inexhaustible supply, and which Jupiter will help you use and project in such a way that everyone can see it.

If you are putting so much for yourself out there for the world to see,

then you will need a private space to come back to, and this year your personal relationships will provide that for you. If you are already in a relationship, then you will be very keen to keep it as it is: reliable, predictable, and most of all comfortable. If you are single, then you will find yourself a new friend, someone you feel at ease with, but you won't want the complication of making the friendship into anything more than that. The sweetest time of the year for anything romantic will probably be in April, just before Jupiter and Neptune actually meet. When you look back on this time from the end of the year it will seem wonderfully simple and nostalgic, so make the most of it while you can. Your career this year is whatever you

want it to be. With Jupiter the indicator of your success in your own sign you can do whatever you want, with success defined by how much you enjoy it, not by any external measure. It is very likely that you will take your life in a different direction; in fact, it would probably be a mistake if you didn't, since the opportunities of this year are so extraordinary. What seem like risky moves now will be the right ones if you trust your intuition. In your finances, May to July are best, but in a year like this you should have no worries.





Bag, Stella McCartney X Ed Curtis

Dress, Balenciaga

Sunglasses, Celine Eyewear



Chair, Nordal



Chanel No.5 Book, Thames and Hudson Ltd



Cushion, More Joy By Christopher Kane



Shoe, Gucci



Scarf, Alexander McQueen



Earrings, Saint Laurent

### A GREAT Start

LET'S BEGIN THE NEW YEAR IN GRAND STYLE WITH "ANYTHING-BUT-BASIC" BLACK & WHITE. AND A TOUCH OF GOLD NEVER HURT!



DRIFTBEACHDUBAI.COM O 🗗 DRIFTBEACHDUBAI

### 152 ellearabia.com

**RESERVATIONS:** 00971 (0)4 315 2200 INFO@DRIFTBEACHDUBAI.COM LOCATED AT ONE&ONLY ROYAL MIRAGE, DUBAI

1 real



# $B \, V \, L \, G \, A \, \underset{\text{roma}}{R \, \text{oma}} \, I$